

Working to improve the quality of life for disabled children, young people and their families in Derby City and Southern Derbyshire

June 2017 Bulletin

Support for Derbyshire Families

Umbrella have received many phone calls from Derbyshire families regarding the changes to Aiming High (flexible 1:1 support) and Aiming High group support. We would like to reassure you that Derbyshire County Council are still funding organisations under a new framework. Some services have slightly different titles. To check whether your child/young person is eligible to receive a short break under the framework please contact

Call Derbyshire on 01629 533190 (Mon-Fri 8am-8pm, Saturday 9.30am-4pm)

to request an assessment. If you are told informed your child/young person no longer fits the criteria it is definitely worth asking if you are able to appeal against this decision.

Although Umbrella continues to provide some services under the Framework we are not responsible for the assessment process, however, we would like to hear from you if you are finding the process difficult. We will share your comments with the Commissioners. Please contact our Information and Family Support Service on 01332 785658 or e-mail familysupport@umbrella.uk.net

Huge thanks to Kev Murphy.....



We hosted a Transition Session on Saturday 20th May. Kev gave up his Saturday and volunteered to share 'John's Story'. The session focused on the process of transitioning from children to adult services, the focus on person centred planning. 25 parents and carers attended and gave really positive feedback after the session. As usual Kev's humour was engaging as he talked openly and honestly about his family. A copy of the powerpoint is available, please contact Family Support if you would like a copy.

We are hoping to facilitate a similar event in the county in the near future.

What's happening at Umbrella



Young Adults TEAM Project

Our Wednesday TEAM group have been to visit some exciting places this month including Warhammer World in Nottingham. The young adults were very excited about this as they had never been before and it was very new to some of the group. There were lots of interesting displays to look at and everyone had a wonderful time.

Children's Services



The children had fun celebrating spring this month. They got their hands dirty and planted some lovely pansies to take home. The group discussed what plants need to grow and how we can look after them.

The afternoon was spent decorating biscuits and playing some team games in our lovely sensory garden.

We are now all looking forward to the summer



Young Adults INDE Project

The Saturday INDE group visited Calke Abbey this month and were very excited to see the new born lambs. It just so happened that there was a 1940s event too so the group took part in some classic children's outdoor games which included hobby horses, skipping ropes and hoopla's. There were opportunities for the young adults to knit on wooden bobbins, make paper hats and woollen pompoms. Some of the young adults also enjoyed dressing up in clothes from that era too. After all of that excitement, the group took a ride on the buggy to the gardens and the lambing area where they sat and had lunch. The afternoon consisted of exploring the secret tunnel, drinking tea, singing old war songs and waltzing. We ended the day with a conga around the barn! A fantastic time had by all!



Don't forget to book for Bowling at AMF Bowling, Ilkeston with the Family Support Team on Friday 2nd June Call 01332 785658 for more details and to book



Check out Umbrellas New Website www.umbrella.uk.net

What's happening at Umbrella

"Service Provision Time - Invoicing clarification"

Some parents, et al, may have been confused about the invoicing amounts appearing in the unit column of the invoice. The figures appearing are calculated by:-
Converting service hours and minutes provided into units on invoices by charging them as a proportions of a whole hour. For example, 20 minutes provision will appear as 0.33 units (20/60 minutes, i.e. third of an hour), 1 hour 30 minutes will appear as 1.50 units

Information Advice and Family Support:

We understand that parents and carers have busy lives, and sometimes that burning question pops into your head when our office is shut. We have now expanded our service to be able to support you by Email, so when that question pops into your head, send it to us and we will reply to you on the next working day.



Email: Familysupport@umbrella.uk.net

Staunton Harold Family Sailing Day

The Sun was not shining this year at the Staunton Harold Family Sailing day but this didn't stop the families having a fantastic time!



Connor and Reece were all smiles on the day



Umbrella Received funding from Youthinc Derbyshire to create a mural for the Umbrella Garden.
Children/young people from Derbyshire County were invited along to design and make the mural at Artcore in Derby City. The group was lead by Theresa Kate Hemsall, a local Derby Artist.
I am sure you will agree, what a fantastic piece of Art they have created!

**DERBYSHIRE
YOUTHINC**



Donate your unwanted X-Box 360 Games to Umbrella!

Finn Brassington Edwards kindly donated his Xbox 360 for the groups to use at Umbrella House.
If you have unwanted games that are suitable for the young people attending Umbrella groups, we would appreciate these very much.
Thank you.

Information for Carers

COMMUNITY LED SUPPORT - TALKING POINTS IN DERBY

Talking Points offers you the opportunity to have a face-to-face chat with a social care worker at a convenient location in your community. The idea behind Talking Points is to bring social care workers out into the community, to be more accessible and to support you to find activities or organisations in the community that can help with your social care related issues. We do this without going through a lengthy assessment but by simply talking through what your strengths are and what support, if any, you have in place at the moment. Then we look at what is missing and work with you to find locally available support.

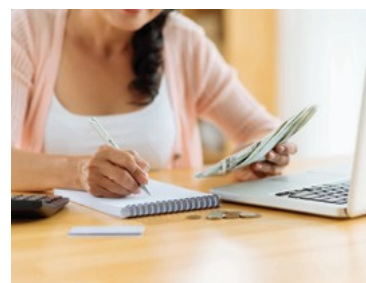
DCA are hosting information stands in four locations across Derby as part of the Community Led Support Programme (CLSP). This new way of working ensures carers are aware of the support available to them and offers a chance to meet DCA staff in an informal setting. Talking Points are held at the following locations and days: Please check with us prior to attending so we can inform you of any changes.

- St Edmund's Church, Sinfin Ave 10am - 12 noon Wednesday Weekly
- Filbert Walk, Chellaston 1pm - 3pm Wednesday Weekly
- Alvaston Library 11am - 1pm Thursday Weekly
- Sinfin Library 10am - 12 noon Thursday Weekly

CHANGES TO CARERS' PERSONAL BUDGETS - WHAT YOU NEED TO KNOW

A Carer Personal Budget (formally known as a Carer's Break Award or Grant) is an amount of money arising from a carer assessment, which is to support you in your caring role. It is not means tested and if you are eligible for this, you have a wide choice about how the money is spent.

If you have received a carer personal budget issued through Derbyshire Carers Association, it is important to note changes in the eligibility criteria for carers introduced by the Care Act in April 2015 and how these changes have affected decisions relating to Carer Personal Budgets. More information about the national eligibility criteria for carers can be found at www.derbyshire.gov.uk/carers



From April 2017, there will be a banded approach in Derbyshire to calculate the value of a Carer Personal Budget, which will make the amounts issued fairer, more transparent and benefit those carers with the greatest need. The bands will be linked to the extent that the caring role is impacting on the carer and the worker conducting the assessment will determine the band from the carer assessment. The banded amounts will start at £100.00, £175.00 and £300.00 and if the top band does not meet a carer's needs, then a higher amount may be made based on a detailed assessment. You will need to contact Derbyshire Carers Association to arrange for a re-assessment or review to be considered for a Carer Personal Budget. If you have experienced a significant change in your caring role since your last Carer Personal Budget, you may still be eligible under the new eligibility criteria.

Derbyshire County Council's new carer information website is now live:
www.carersinderbyshire.org.uk

Information, Advice and Family Support

Male Carer Group

The first Male Carers support group meeting took place in May. It was great to see male carers getting together to share ideas, and offer support to each other. How to take the group forward was discussed, the male carers decided they would like a mixture of parent/carers only meetings, and activities they could bring their children/young people along to. The next meeting is on Monday 5th June, at The Farmhouse pub, Mackworth from 6pm - 7:30pm for parent/carers only.



Carers Week 12th - 16th June 2017

As carers week is just round the corner, we are holding some extra carers events to give you a little time for yourselves, you are welcome at any events even if its not in your usually support group area. Please let us know which sessions you want to attend as places are limited to 18 at each:

Wednesday 14th, Hilton Village Hall, 11am - 1pm, Relaxation and Mindfulness with Abbie, followed by cake, tea and coffee. (free event)

Wednesday 14th, The White Swan Pub, Littleover, 12noon - 2pm, a lovely pub lunch and a great chance to catch up. (Umbrella will be Subsidising £5 of the cost of each meal)

Thursday 15th, Denby Pottery, Denby, a light lunch and chance to look around some lovely shops. (Umbrella will be Subsidising £5 of the cost of each meal)

Call 01332 785658 or email familysupport@umbrella.uk.net for more details and to book.

UMBRELLA PARENT/CARERS SUPPORT GROUPS SPRING PROGRAMME 2017

DERBY CITY Trinity Baptist Church, Green Lane, Derby DE1 1RZ. Time: 10am to 12 noon **7th June** Sensory Elite Healthcare 5th July Birmingham shopping trip

Derby CITY at "Haven House Carer's Retreat", 31 Charnwood Street, Derby DE1 2GU. Time 1pm to 3pm. **7th June** Sensory Elite Healthcare 5th July Birmingham shopping trip

EREWASH GROUP The Adult Education Centre, 173 Derby Road, Long Eaton NG10 4LL **28th June** Umbrella Independent Support 19th July Open meeting

SOUTH DERBYSHIRE GROUP Hilton Village Hall, Peacroft Lane, Hilton DE65 5GH Time 11 am to 1pm. **14th June** Relaxation and Mindfulness with Abbi, 12th July Open meeting

AMBER VALLEY GROUP Strutts Building, Derby Road, Belper DE56 1UU. Time 10am to 12 noon. **8th June** Derbyshire Information and Advice Service, 13th July Contact a Family

UMBRELLA SUPPORT GROUPS MEET TERM TIME ONLY.
We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment.
Telephone **01332 785658** for more information



LOTTERY FUNDED

Fundraising

We have once again had some wonderful support from the community and though we wish we could share them all, we only have room for a few. Thank you to everyone who supports Umbrella.

Quiz Night Thank you

Huge thank you to those who attended the Quiz Night on the 19th May. An amazing £329.91 was raised.



Also a big thank you

To the recent police fashion show held in Ripley which raised a whopping £2,140

Upcoming Fundraising Events.....



Save the date

The White Swan Pub, Littleover are holding a Family Fun day 28th August 2017 money raised will be donated to Umbrella



Harry Potter Family Quiz night on 14th October!
More information will follow by owl.

YOUR FAVOURITE BRANDS AT UP TO 75% OFF

MARKS & SPENCER WHITE STUFF WALLIS
EVANS PLANET TOPSHOP NEXT MONSOON
HOBBS BODEN WAREHOUSE & MANY MORE
PLUS FRENCH & ITALIAN DESIGNER WEAR

**SIZES
6 TO 30**



Fundraising
FASHION SHOW
& Shopping Event

Tuesday 20th June 2017 at 7:30pm

Our Lady of Lourdes Parish Centre
36 Uttoxeter Road,
Mickleover, Derby
DE3 9GE

Tickets £5 sold in support of Umbrella
Book in advanced or buy on the door



Please contact organisations directly for more information.

5th June Learning Disability Basketball Session- First session Free 5pm-6pm. The Arena, Royal Way, Derby. Contact Derby Arena for Information.

8th June Sight Support Youth Club, Activities to be confirmed, Markeaton School 6pm - 8pm for more details contact 01332 292 262

11th June Autism Friendly Screening at Showcase Cinema, 10am start, Film TBA

15th June Komplex Kidz (KITE team lead) Parent/Carer support group. 10am to 12 noon. Nottingham Road Fire Station, Community Room, Chaddesden. No need to book just turn up

15th June BSL Interpreted performance of Romeo and Juliet , Oddsocks are delighted to be breathing new life into Shakespeare's Romeo and Juliet by giving it a musical Mods & Rockets twist! At Markeaton Park; outdoor theatre Book through www.Derbylive.co.uk

19th-25th June Learning Disability Week. <http://www.derbyshirehealthcareft.nhs.uk/services/learning-disabilities/annual-health-check/>

21th June Soundbath Relaxation Session 6:30pm - 9pm, £3.00, with East Midlands Special Needs Circle, at Emmanuel Church Hall, Swadlincote. Contact 01283 224795 for more details

22nd June Sight Support Youth Club, Canal boat trip, Mercia Marina, Derby 6pm - 7pm for more details contact 01332 292 262 Email: enquiries@sightsupportderbyshire.org.uk

24 June Mini Well Dressings, All age drop-in workshops, 1pm - 3pm , Spiral Arts. Grove Lodge, Derby Arboretum, Grove Street, Derby, DE23 8EL.

29th June Connect, East Midlands Special Needs Circle, Adult Education Centre, Ringway, Swadlincote, Speaker Family Fund. Contact 01283 224795 for more details

3rd July Soundbath Relaxation Session 6:30pm - 9pm, £3.00, with East Midlands Special Needs Circle, at Stanton Vale School, Long Eaton. Contact 01283 224795 for more details

5th July Umbrella Shopping Trip to Birmingham. Call 01332 785658 for more details

9th July Autism Friendly Screening at Showcase Cinema, 10am start, Film TBA

7th July Connect, Basic Makaton Workshop, East Midlands Special Needs Circle, at Emmanuel Church Hall, Swadlincote Contact 01283 224795 for more details

16th July Family Funfest, at Lea Green, Derbyshire, Enjoy a day of activities, including high ropes, big swing and skyline. Lots of accessible activities, see website for more details. <http://leagreen.derbyshire-outdoors.org/>

26th July Sight Support Information Day, Swadlincote Town Hall, 10:30am - 1pm. Find useful information about how sight support can support you and other local agencies that can help.. Drop in No need to book.

29th July Tegan's Butterflies Messy Play and Craft Session 10:30 - 12:30 Fleet Arts, Belper. Contact Mel for more details 07947333232

5th August Umbrella Family Fun Picnic, At Shipley Park 10-4, Come along, explore the park, take part in some games and activities. Fingers cross for Sun! Contact Family Support team for more information 01332 785658

30th August Umbrella Family Fun Picnic, At Markeaton Park 10-4, Come along, explore the park, take part in some games and activities. Fingers cross for Sun! Contact Family Support team for more information 01332 785658

Other information

Birth to Five: Free information workshop in Derby

Welcoming and informative sessions for parents and carers of children aged 0–5 who have additional needs

contact a family
for families with disabled children

10am-12.00pm – Refreshments provided

- 5 June: Encouraging good behaviour
- 12 June: How to get what you need for your child
- 19 June: Money Matters
- 26 June: Support and Information Local support

Venue: Austin Sunnyhill Children's Centre, Homelands, Browning Street Austin Estate, Derby DE23 8DN

Free crèche available

You are welcome to come to individual workshops or all of them To find out more or book a free place on any workshop please ring Contact a Family Midlands office on 0121 4154624 or email westmidsoffice@cafamilly.org.uk

Sensory Swimming at Victoria Park Leisure Centre.

Disabled Sensory Swim

State of the art lighting and sound that enables people with disabilities to gain control of their environment whilst enhancing independence, creativity and motivation.

Free activity

Disabled Swim

A swimming therapy session for people with disabilities. These sessions have shown tremendous benefits for recuperation therapy.

Free activity

For more information contact:

Victoria Park Leisure Centre,
Manners Road, Ilkeston, DE7 8AT
vpplc@erewash.gov.uk 0115 944 0400

Please note that all the views expressed in the Umbrella Bulletin are not necessarily Umbrella

Umbrella Information Office

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Derby DE22 3NE



Charity Number 1150203

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Registered Charity No 1150203

Single Point of Access Number: 01332 785658

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