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**UMBRELLA PARENT/CARERS SUPPORT GROUPS**

**Winter – Spring programme 2019**

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| **Derby City (Morning Group)**  1st Wednesday in the Month | | |  | **Derby City (Afternoon Group)**  1st Wednesday in the Month  **At:** **4 Charnwood St, Derby DE1 2GT**  **Time:** 12.30 pm to 3pm | |
| **At:** Broadway Baptist Church  166 Broadway, Derby DE21 1BP  **Time:** 10am to 12 noon | | |  |
| **9th Jan** | Michelle Brown Volunteer Co-ordinator and Simon Edwards Careers@Derby | |  | **9th Jan** | Michelle Brown Volunteer Co-ordinator  and Simon Edwards Careers@Derby |
| **6th Feb** | Severn Trent Trust Fund | |  | **6th Feb** | Open meeting |
| **6th Mar** | Open meeting | |  | **6th Mar** | - |
| **3rd Apr** | Freeths Clinical Negligence & Court of Protection session | |  | **3rd Apr** | Severn Trent Trust Fund |
|  | |  | | | |
| **South Derbyshire**  2nd Friday in the Month | | |  | **Amber Valley**  2nd Thursday in the Month | |
| **At:** Hilton Village Hall, Peacroft Lane,  Hilton, DE65 5GH  **Time:** 10am to 12noon | | |  | **At:** Strutts Building, Derby Road,  Belper, DE56 1UU  **Time:** 10am to 12 noon | |
| **11th Jan** | Open meeting | |  | **10th Jan** | Michelle Brown Volunteer Co-ordinator |
| **8th Feb** | Michelle Brown Volunteer Co-ordinator | |  | **14th Feb** | **C:\Users\alishamc\AppData\Local\Microsoft\Windows\INetCache\IE\7BG05OS0\valentine_coffee_cups_by_shuallyo[1].jpg**Moving on from Caring Project |
| **8th Mar** |  | |  | **14th Mar** | Open meeting |
| **12th Apr** | Severn Trent Trust Fund | |  | **11th Apr** | Severn Trent Trust Fund |
|  | |  | | | |
| **Erewash**  Last Wednesday in the Month | | |  | **Male Carers**  1st Monday in the Month | |
| **At:** The Adult Education Centre, 173 Derby Road, Long Eaton, NG10 4LL  **Time:** 10am to 12 noon | | |  | **At** Farmhouse Pub. Mackworth, DE22 4LY  **Time:** 6pm to 7:30pm | |
| **30th Jan** | Michelle Brown Volunteer Co-ordinator | |  | **7th Jan** | Simon Edwards Careers@Derby |
| **27th Feb** | Moving on from Caring Project | |  | **4th Feb** | Michelle Brown Volunteer Co-ordinator |
| **27th Mar** | Severn Trent Trust Fund | |  | **4th Mar** | Open meeting |
|  |  | |  | **1st Apr** | Severn Trent Trust Fund |

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| **Evening Support Group**  3rd Monday in the month | |  | **Girls Group**  1st Friday in the Month | |
| **At:** Hilton Village Hall, Peacroft Lane, Hilton De65 5GH  **Time:** 7pm - 8.30pm | |  | **At** Umbrella House, 84 Birdcage Walk, Derby, DE22 4LD  **Time:** 6pm to 8pm | |
| **21st Jan** | Severn Trent Trust Fund |  | **11th Jan** | Unicorns and Rainbows |
| **25th Feb** | Michelle Brown volunteer Co-ordinator |  | **8th Feb** | Chinese New Year |
| **18th Mar** | Freeths – Clinical Negligence and Court Protection session |  | **8th Mar** | Superheroes |
| **29th Apr** | Open Meeting |  | **5th Apr** | Pets |

UMBRELLA SUPPORT GROUPS MEET TERM TIME ONLY We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment.

Telephone 01332 785658 for more information.

**Funded by**