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**UMBRELLA PARENT/CARERS SUPPORT GROUPS**

**Winter – Spring programme 2019**

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| **Derby City (Morning Group)** 1st Wednesday in the Month  |  | **Derby City (Afternoon Group)** 1st Wednesday in the Month**At:** **4 Charnwood St, Derby DE1 2GT****Time:** 12.30 pm to 3pm |
| **At:** Broadway Baptist Church166 Broadway, Derby DE21 1BP**Time:** 10am to 12 noon |  |
| **9th Jan** | Michelle Brown Volunteer Co-ordinator and Simon Edwards Careers@Derby |  | **9th Jan** | Michelle Brown Volunteer Co-ordinatorand Simon Edwards Careers@Derby |
| **6th Feb**  | Severn Trent Trust Fund |  | **6th Feb** | Open meeting |
| **6th Mar** | Open meeting |  | **6th Mar**  | - |
| **3rd Apr** | Freeths Clinical Negligence & Court of Protection session |  | **3rd Apr** | Severn Trent Trust Fund |
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| **South Derbyshire** 2nd Friday in the Month  |  | **Amber Valley** 2nd Thursday in the Month  |
| **At:** Hilton Village Hall, Peacroft Lane, Hilton, DE65 5GH **Time:** 10am to 12noon |  | **At:** Strutts Building, Derby Road, Belper, DE56 1UU**Time:** 10am to 12 noon |
| **11th Jan** | Open meeting |  | **10th Jan** | Michelle Brown Volunteer Co-ordinator |
| **8th Feb** | Michelle Brown Volunteer Co-ordinator |  | **14th Feb** | **C:\Users\alishamc\AppData\Local\Microsoft\Windows\INetCache\IE\7BG05OS0\valentine_coffee_cups_by_shuallyo[1].jpg**Moving on from Caring Project |
| **8th Mar** |  |  | **14th Mar** | Open meeting |
| **12th Apr** | Severn Trent Trust Fund |  | **11th Apr** | Severn Trent Trust Fund |
|  |  |
| **Erewash** Last Wednesday in the Month  |  | **Male Carers** 1st Monday in the Month  |
| **At:** The Adult Education Centre, 173 Derby Road, Long Eaton, NG10 4LL **Time:** 10am to 12 noon  |  | **At** Farmhouse Pub. Mackworth, DE22 4LY**Time:** 6pm to 7:30pm  |
| **30th Jan** | Michelle Brown Volunteer Co-ordinator  |  | **7th Jan** | Simon Edwards Careers@Derby |
| **27th Feb** | Moving on from Caring Project |  | **4th Feb** | Michelle Brown Volunteer Co-ordinator |
| **27th Mar** | Severn Trent Trust Fund |  | **4th Mar** | Open meeting |
|  |  |  | **1st Apr** | Severn Trent Trust Fund |

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| **Evening Support Group**3rd Monday in the month  |  | **Girls Group** 1st Friday in the Month  |
| **At:** Hilton Village Hall, Peacroft Lane, Hilton De65 5GH **Time:** 7pm - 8.30pm |  | **At** Umbrella House, 84 Birdcage Walk, Derby, DE22 4LD**Time:** 6pm to 8pm  |
| **21st Jan** | Severn Trent Trust Fund  |  | **11th Jan** | Unicorns and Rainbows |
| **25th Feb** | Michelle Brown volunteer Co-ordinator  |  | **8th Feb** | Chinese New Year  |
| **18th Mar** | Freeths – Clinical Negligence and Court Protection session  |  | **8th Mar** | Superheroes |
| **29th Apr** | Open Meeting  |  | **5th Apr** | Pets |

UMBRELLA SUPPORT GROUPS MEET TERM TIME ONLY We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment.

Telephone 01332 785658 for more information.

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