



Working to improve the quality of life for disabled children, young people and their families in Derby City and Southern Derbyshire

March 2019

Our day out to Capital and Smooth

Last year Umbrella was delighted to be chosen by Global Make Some Noise as their local charity for the East Midlands.

In May, we will be setting up new and exciting play and leisure opportunities for children and young people with mild/moderate levels of need where children aged 5 to 18 can have fun and make friends. Look out for more news about this exciting project in our April bulletin when we find out how much money was raised and how our families will benefit.

Not only have Global raised money for Umbrella they have given us fantastic opportunities too. During February half term our youth clubs were privileged to join the presenters and staff at Capital and Smooth radio stations where the young people had a wonderful time as trainee DJs. Huge thanks to our friends at Capital and Smooth who are simply amazing.



BBC are working on a new adaptation of **A Christmas Carol**. Lucy Bevan Casting (Ready Player One, Beauty & the Beast) are looking for Tiny Tim to feature in the new adaptation written by Steven Knight (Peaky Blinders).

CASTING FOR: TINY TIM—SUPPORTING ROLE, PLAYING MALE AGE 9-14 YEARS OLD WITH

PHYSICAL DISABILITY

They are looking for a young actor with a physical disability. No previous experience required but applications must be submitted by a parent/guardian or agent. If you would like to be considered, please send a recent photo and your age, location and



[@UmbrellaDerby](https://twitter.com/UmbrellaDerby)



[Umbrella Derby and Derbyshire](https://www.facebook.com/UmbrellaDerbyandDerbyshire)

What's happening in Childrens Services

Getting Out and About on Children's Trips

The children have been having lots of fun out in the community, from bouncing on the trampolines at Oxygen Free jumping to a relaxing swim in the Sensory Pool in Ilkeston.



We take every opportunity to help the children develop friendships, build confidence and independence. A great example of this was on our recent trip around Derby. The children looked out for each other as they walked around the city, offering to hold each others hands and checking they were happy if a little quiet.



The children helped use the bus timetables to find the correct bus to catch at Derby bus station, then ensured we had a bus ticket and the had driver checked it. They were all very polite as they got on and off the buses.

At lunch time each child chose their lunch, waited patiently in the queue before ordering and paying for their own meal.

At the end of the day the children said they had made friends and one stated:

“From my heart I like best going anywhere on trips”.

Check out our website www.umbrella.uk.net

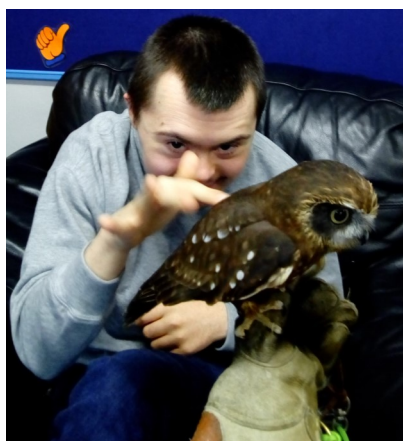
What's happening in Adult Services

INDE

The INDE group have been very busy this month. First we visited Hollywood Bowl for an exciting game of bowling or two. We then stopped off at the Quad to visit the interactive VR exhibition. After some delicious pub grub, there was still time for a quick ice cream from Just Ice in the Guildhall Market. What a lovely day we had!



We also had a very special visit from some beautiful owls this month at Umbrella House. One of the owls had been hit by a car and lost an eye following this accident so he could no longer live in the wild. The other two owls were bought as pets but then no longer wanted by the owners. How lovely that they are now well cared for! The group were able to stroke the owls and learn all about them as well as having a chat to the rescuers too. All of the young adults really enjoyed the experience.



TEAM one to one supports

Adam has recently transitioned to Umbrella's Young Adult Services after being supported by our Children's Services for many years. Adam even got to keep his same support worker, which was so important to him. Adam enjoys accessing a variety of activities in the community with his activity support worker, Karis. They recently visited the National Space Centre in Leicestershire where Adam explored the different equipment found on a space shuttle and learnt about space travel.



What's happening in Play and Leisure

New Siblings Group

Umbrella will be starting a new fun packed siblings group for children aged 8 to 11 years old. The group will be held monthly on a Thursday evening from 6.00pm-8.00pm
This new group will start in April 2019

Umbrella Raindrops Choir

Do you love to sing? Would you like to join a choir?
We have places at the Raindrops Choir.
The Group meet on a Saturday morning at 11am - 12.00pm
At the Mackworth Community centre

Taekwondo Club

Want to try a new Sport?
We have places at the Long Eaton Taekwondo Club
Held fortnightly on Thursday from 7pm-8.00pm
Gibbs St , Long Eaton, NG10 1EE

Umbrella Youth Clubs

Tuesday Youth club is for young people aged 11 to 18 year olds with mild to moderate disabilities

Thursdays Club is for young people aged 11 to 18 year olds with High Functioning Autism only and no learning disability

A fortnightly Friday Club is for young people aged 16 to 30 years with a mild to moderate disability who receive no other services

A monthly Siblings Group for young people aged 11 to 17 years who have a sibling with a disability.

If you would like more information about the groups
please contact Nicola.green@umbrella.uk.net



Staunton Harold Sailability sessions

The dates for this years Sailability sessions are now available on the website
Booking are taken via the website
shst.org.uk
Sessions cost £5.00 per person
The first session is on Sunday 7th April 2019

What's happening in Information, Advice and Family Support

Parent/Carer Support Groups:

Groups open to parents/carers of children with special educational needs/disability. Please book for parent/girls group, drop in welcome at all other groups.

Derby City (Morning Group) First Wednesday of the Month

Broadway Baptist Church, 166 Broadway, Derby DE21 1BP. 10am to 12 noon.

6th March—Open meeting

Future dates: 3rd April, 1st May, 5th June, 3rd July

Derby City (Afternoon Group) First Wednesday of the Month

Community Action Derby, 4 Charnwood St, Derby DE1 2GT. 12.30pm to 2.30pm

6th March—Open meeting

Future dates: 3rd April, 1st May, 5th June, 3rd July

South Derbyshire Second Friday of the Month

Hilton Village Hall, Peacroft Lane, Hilton DE65 5GH. 10am until 12pm

8th March –Open meeting

Future dates: 12th April, 10th May, 14th June, 12th July

Amber Valley Second Thursday of the Month

Strutts Building, Derby Road, Belper DE56 1UU. 10am to 12pm.

14th March—Open meeting

Future dates: April, 9th May, 13th June, 11th July

Erewash Last Wednesday of the Month

The Adult Education Centre, 173 Derby Road, Long Eaton, NG10 4LL. 10am to 12pm

27th March Severn Trent Trust Fund

Future dates: 22nd May, 26th June

Male Carers Group First Monday of the Month

The Farm House Pub, Mackworth, DE22 4LY 6pm to 7pm

4th March Open meeting

Future dates: 1st April, 6th May, 3rd June, 1st July

Evening Support Group Third Monday of the Month

Hilton Village Hall, Peacroft Lane, Hilton DE65 5GH. 7pm to 8.30pm

18th March: Freeths – Clinical Negligence and Court Protection session

Future dates: 18th March, 29th April, 20th May, 17th June, 15th July

Parent and Girls Group Once a month on a Friday

Umbrella House, 64 Birdcage Walk, Mackworth Derby DE22 4LD 6pm to 8pm

8th March: Super Hero

Future dates: 5th April pets

UMBRELLA SUPPORT GROUPS MEET TERM TIME ONLY.

We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment. Telephone **01332 785658** for more information.

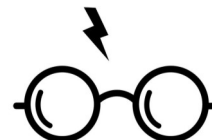
Information, Advice and Family Support Continued

From Child to Adult: A guide to disability, transition and family finance.

This is an excellent resource for families.

https://www.workingfamilies.org.uk/publications/from-child-to-adult/?utm_source=Waving+not+drowning&utm_campaign=932e4546b6-EMAIL_CAMPAIGN_2019_01_30_09_30&utm_medium=email&utm_term=0_fd77e1921d-932e4546b6-124786777

Here is a useful guide for Harry Potter World for Autistic Service users: <https://www.wbstudiotour.co.uk/sites/default/files/Autism-Guide.pdf>



UPCOMING EVENTS

In Family Support

7th March – Dealing with Bullying.

Workshop: How to manage it and what to look out for.

From: 10.30am – 12:30pm **At:** TBC **Cost:** Free for members.

17th April – Family Fun Mount Cook Adventure Centre.

Adventure morning at Mount Cook Wirksworth. High ropes and panning for gems and then lunch for everyone!

From: 10am – 1pm

At: Mount Cook Education Centre, Porter Lane, Middleton-by-Wirksworth, Matlock, Derbyshire, DE4 4LS

Cost: £10.00 including lunch for those doing activities (children, young people and adults can take part), £5.00 for adults only wanting lunch.

25th April – Family Fun Drama and Crafts.

Join us for a morning of drama and crafts. Led by Sarah we will be building confidence and self esteem through drama exercises. We will also have some crafts for you to make and take away from mask making to puppets get those creative juices flowing and join in the fun.

From: 9:30am – 11:30am **At:** TBC

Cost: £5.00 per child/young person. Adults are Free.

14th June—Carers Celebration Day

To celebrate carers week we are holding a special carers day at The Folly, Mackworth. There will be crafts, therapists and a lovely lunch, so take the day to relax and unwind, enjoy some good company and plenty of tea and coffee.

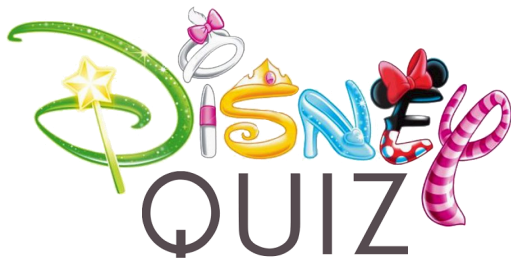
At: The Folly, Farmhouse Pub, Mackworth, Derby, DE22 4LY.

More details will be available soon.

Booking Information. To book any of the above events please either call 01332 785658 or email Familysupport@umbrella.uk.net with the following information: Your name, Your contact number, Event/s you would like to attend, Total number of adults and children attending, Names and ages of children/ young people attending, Any dietary or access requirements.

What's happening in Fundraising

Thank you to everyone who has supported Umbrella over with fundraising and donations



Don't forget to buy your tickets to the Disney Quiz this month!

On: 23 March 2019, carriages arrive at 6pm for a 6.30pm start. Finish approx. 9pm

At: Palace of St Peter in Chellastonia (St Peter's Church Hall, Chellaston)

- ◆ Family friendly
- ◆ Quiz rounds for everyone including music round and children only round!
- ◆ Special Disney guests
- ◆ Fancy Dress competition
- ◆ Raffle
- ◆ Refreshments, sweet treats and Hotdogs available
- ◆ Themed prize hamper for the winning team!

Tickets are £5 per person and teams can have a maximum of 6 members. Children and adults and mixed teams welcome.

To book, please call or email Diane 01332 521229 dianem@umbrella.uk.net with details of how many tickets you would like to buy. Don't delay, call today!



Thank you to **Flo's Angels** for supporting Umbrella once again. They have held various events throughout the year to raise **£300**. We are very grateful to all involved



Many thanks to our friends at Werner in Burton on Trent for the ladder they have donated. DIY is much easier and safer now!

amazon
smile

We've just heard that in the last quarter, shoppers at Amazon Smile have raised £69.13 for Umbrella! Thank you!

Amazon Smile is exactly the same as Amazon except they donate a percentage of certain purchases to your chosen charity at no cost to you! If you shop on Amazon, sign in with your usual log in through the link below and start helping a charity without even realising!

<https://smile.amazon.co.uk/>



Upcoming events, in and around Derbyshire

Please contact organisations directly for more information.

March 14th - Sight Support Information Day. See how you can benefit from support 10.30-1pm. Bolsover Assembly Rooms S44 6NG

March 7th -Dealing with Bullying. Umbrella event. See page 7 for more information.

March 16th -Play and Recycling Centre Free drop in craft session suitable for all ages and abilities. 10am—1pm , PARC, 6-10 Werburgh Street, Derby DE22 3QG

18th March- Securing your child's future-Medical Negligence and the Court of Protection Join us for a workshop on Medical Negligence and the court of protection. From: 7-8.30pm At: Hilton Village Hall, Peacroft Lane, Hilton, DE65. If you would like to attend this workshop please book using this link to Eventbrite <https://www.eventbrite.com/e/securing-your-childs-future-medical-negligence-and-the-court-of-protection-tickets-57106575304>

March 23rd—Disney Quiz—Umbrella Event. See page 8 for more information

3rd April- Securing your child's future- Medical Negligence and the court of protection. Join us for a workshop on Medical negligence and the court of protection. This will run during our usual City am support group, but the support group will continue in another room for those who are not interested in the presentation. From 10-12,At: Broadway Baptist church, Broadway, Derby, DE22 1BP
If you would like to attend this workshop please book using this link to Eventbrite <https://www.eventbrite.com/e/securing-your-childs-future-medical-negligence-and-the-court-of-protection-tickets-57108255329>

April 4th—Sight Support Information Day. See how you can benefit from support 10.30-1pm. Ashbourne Town Hall DE6 1ES

April 13th— Open Door inclusive church. 1st Sunday of each month from May 5th. Initial meet and greet and get to know session will run from 10am—12noon today. St Helen's Church, Church Town, Darley Dale DE4 2GG.

April 17th—Mount Cook Adventure. Umbrella event. See page 7 for more information

April 25th Family Fun Drama and Crafts. Umbrella event. See page 7 for more information

May 16th Sight Support Information Day. See how you can benefit from support 10.30-1pm. Ilkeston Arena Church DE7 8DG

June 6th—Sight Support Information Day. See how you can benefit from support 10.30-1pm. Eckington Civic Centre S21 4JG

June 1st and 2nd—Spectrum Autism Friendly Festival at Lea Green <https://www.eventbrite.co.uk/e/spectrum-autism-friendly-festival-2019-tickets-51324649408?aff=erelexpmlt>

July 6th—Open Door fun day St Helen's Field, opposite St Helen's Church, Church Town, Darley Dale DE4 2GG.

September Spectrum Autism Friendly Festival at Lea [Greenhttps://www.eventbrite.co.uk/e/spectrum-autism-friendly-festival-2019-tickets-51324649408?aff=erelexpmlt](https://www.eventbrite.co.uk/e/spectrum-autism-friendly-festival-2019-tickets-51324649408?aff=erelexpmlt)

Other information

The Journey Through Autism "3 Ways You Can Help Your Child Overcome Sensory Issues Before a Dental Appointment"

https://www.thejourneythroughautism.com/single-post/2019/02/10/3-Ways-You-Can-Help-Your-Child-Overcome-Sensory-Issues-Before-a-Dental-Appointment?utm_campaign=337174b7-3ef7-43d8-b8ed-c2700984ea95&utm_source=so

Would you like to share your experiences of the inclusion of children with ASD in the mainstream classroom? Teachers and parents are invited by Nottingham University to help with their research:

https://scontent.fbhx3-1.fna.fbcdn.net/v/t1.0-9/fr/cp0/e15/q65/51993462_1276789675792274_4688332080646455296_n.jpg?nc_cat=110&efg=eyJpljoidCJ9&nc_ht=scontent.fbhx3-1.fna&oh=7b214d758656d1f19ea99560436c4dfb&oe=5CEEC7C7

Roll Up! Roll Up!

Belper have announced that with the support of the Midland Co-operative Group, they have been able to provide ramps for the shops in Belper.

Customers can now ring in advance of their visit to book the ramps. They simply have to look up the phone number of where they want to visit on the business website or

www.accessiblebelper.org.



Kidz to Adulz Middle, Thursday 21st March 2019 9.30am-4.30pm Ricoh Arena Coventry. A free event for children and young adults up to 25 years with disabilities and additional needs, their families, carers and all the professionals who support them. Find out more here: <https://www.kidzexhibitions.co.uk/kidz-middle/>

Umbrella Information Office

The Ronnie MacKeith Child Development Centre
Royal Derby Hospital
Uttoxeter Road
Derby DE22 3NE



Umbrella
Umbrella House
64 Birdcage Walk
Mackworth
Derby
DE22 4LD

Website: www.umbrella.uk.net
Email: admin@umbrella.uk.net
Telephone: 01332 785658



Please note that all the views expressed in the Umbrella Bulletin are not necessarily Umbrella's views