Working to improve the quality of life for disabled children, young people and their families in Derby City and Southern Derbyshire

March 2019

Our day out to Capital and Smooth

Last year Umbrella was delighted to be chosen by Global Make Some Noise as their local charity for the East Midlands.

In May, we will be setting up new and exciting play and leisure opportunities for children and young people with mild/moderate levels of need where children aged 5 to 18 can have fun and make friends. Look out for more news about this exciting project in our April bulletin when we find out how much money was raised and how our families will benefit.

Not only have Global raised money for Umbrella they have given us fantastic opportunities too. During February half term our youth clubs were privileged to join the presenters and staff at Capital and Smooth radio stations where the young people had a wonderful time as trainee DJs. Huge thanks to our friends at Capital and Smooth who are simply amazing.

BBC are working on a new adaptation of A Christmas Carol. Lucy Bevan Casting (Ready Player One, Beauty & the Beast) are looking for Tiny Tim to feature in the new adaption written by Steven Knight (Peaky Blinders).

CASTING CALL

CASTING FOR: TINY TIM—Supporting Role, Playing Male Age 9-14 Years Old With Physical Disability

They are looking for a young actor with a physical disability. No previous experience required but applications must be submitted by a parent/guardian or agent. If you would like to be considered, please send a recent photo and your age, location and

@UmbrellaDerby Umbrella Derby and Derbyshire
What’s happening in Childrens Services

Getting Out and About on Children’s Trips

The children have been having lots of fun out in the community, from bouncing on the trampolines at Oxygen Free jumping to a relaxing swim in the Sensory Pool in Ilkeston.

We take every opportunity to help the children develop friendships, build confidence and independence. A great example of this was on our recent trip around Derby. The children looked out for each other as they walked around the city, offering to hold each others hands and checking they were happy if a little quiet.

The children helped use the bus timetables to find the correct bus to catch at Derby bus station, then ensured we had a bus ticket and the had driver checked it. They were all very polite as they got on and off the buses.

At lunch time each child chose their lunch, waited patiently in the queue before ordering and paying for their own meal.

At the end of the day the children said they had made friends and one stated:

“From my heart I like best going anywhere on trips”.

Check out our website www.umbrella.uk.net
What’s happening in Adult Services

**INDE**

The INDE group have been very busy this month. First we visited Hollywood Bowl for an exciting game of bowling or two. We then stopped off at the Quad to visit the interactive VR exhibition. After some delicious pub grub, there was still time for a quick ice cream from Just Ice in the Guildhall Market. What a lovely day we had!

We also had a very special visit from some beautiful owls this month at Umbrella House. One of the owls had been hit by a car and lost an eye following this accident so he could no longer live in the wild. The other two owls were bought as pets but then no longer wanted by the owners. How lovely that they are now well cared for! The group were able to stroke the owls and learn all about them as well as having a chat to the rescuers too. All of the young adults really enjoyed the experience.

**TEAM one to one supports**

Adam has recently transitioned to Umbrella’s Young Adult Services after being supported by our Children’s Services for many years. Adam even got to keep his same support worker, which was so important to him. Adam enjoys accessing a variety of activities in the community with his activity support worker, Karis. They recently visited the National Space Centre in Leicestershire where Adam explored the different equipment found on a space shuttle and learnt about space travel.
New Siblings Group
Umbrella will be starting a new fun packed siblings group for children aged 8 to 11 years old. The group will be held monthly on a Thursday evening from 6.00pm-8.00pm
This new group will start in April 2019

Umbrella Raindrops Choir
Do you love to sing? Would you like to join a choir?
We have places at the Raindrops Choir.
The Group meet on a Saturday morning at 11am - 12.00pm
At the Mackworth Community centre

Taekwondo Club
Want to try a new Sport?
We have places at the Long Eaton Taekwondo Club
Held fortnightly on Thursday from 7pm-8.00pm
Gibbs St, Long Eaton, NG10 1EE

Umbrella Youth Clubs
Tuesday Youth club is for young people aged 11 to 18 year olds with mild to moderate disabilities

Thursdays Club is for young people aged 11 to 18 year olds with High Functioning Autism only and no learning disability

A fortnightly Friday Club is for young people aged 16 to 30 years with a mild to moderate disability who receive no other services

A monthly Siblings Group for young people aged 11 to 17 years who have a sibling with a disability.

If you would like more information about the groups please contact Nicola.green@umbrella.uk.net

Staunton Harold Sailability sessions
The dates for this years Sailability sessions are now available on the website
Booking are taken via the website shst.org.uk
Sessions cost £5.00 per person
The first session is on Sunday 7th April 2019
**What's happening in Information, Advice and Family Support**

**Parent/Carer Support Groups:**
Groups open to parents/carers of children with special educational needs/disability. Please book for parent/girls group, drop in welcome at all other groups.

<table>
<thead>
<tr>
<th>Location</th>
<th>Meeting Type</th>
<th>Date</th>
<th>Venue Details</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Derby City (Morning Group)</strong></td>
<td>First Wednesday of the Month</td>
<td>6th March—Open meeting</td>
<td>Derby City, 166 Broadway, Derby DE21 1BP.</td>
<td>10am to 12 noon.</td>
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<tr>
<td><strong>Derby City (Afternoon Group)</strong></td>
<td>First Wednesday of the Month</td>
<td>6th March—Open meeting</td>
<td>Community Action Derby, 4 Charnwood St, Derby DE1 2GT.</td>
<td>12.30pm to 2.30pm</td>
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<tr>
<td><strong>South Derbyshire</strong></td>
<td>Second Friday of the Month</td>
<td>8th March—Open meeting</td>
<td>Hilton Village Hall, Peacroft Lane, Hilton DE65 5GH.</td>
<td>10am until 12pm</td>
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<tr>
<td><strong>Amber Valley</strong></td>
<td>Second Thursday of the Month</td>
<td>14th March—Open meeting</td>
<td>Strutts Building, Derby Road, Belper DE56 1UU.</td>
<td>10am to 12pm.</td>
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<tr>
<td><strong>Erewash</strong></td>
<td>Last Wednesday of the Month</td>
<td>27th March Severn Trent Trust Fund</td>
<td>The Adult Education Centre, 173 Derby Road, Long Eaton, NG10 4LL.</td>
<td>10am to12pm</td>
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<tr>
<td><strong>Male Carers Group</strong></td>
<td>First Monday of the Month</td>
<td>4th March Open meeting</td>
<td>Hilton Village Hall, Peacroft Lane, Hilton DE65 5GH.</td>
<td>6pm to 7pm</td>
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<td><strong>Evening Support Group</strong></td>
<td>Third Monday of the Month</td>
<td>18th March: Freeths – Clinical Negligence and Court Protection session</td>
<td>Hilton Village Hall, Peacroft Lane, Hilton DE65 5GH.</td>
<td>7pm to 8.30pm</td>
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<tr>
<td><strong>Parent and Girls Group</strong></td>
<td>Once a month on a Friday</td>
<td>8th March: Super Hero</td>
<td>Umbrella House, 64 Birdcage Walk, Mackworth Derby DE22 4LD</td>
<td>6pm to 8pm</td>
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**UMBRELLA SUPPORT GROUPS MEET TERM TIME ONLY.**

We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment. Telephone **01332 785658** for more information.
From Child to Adult: A guide to disability, transition and family finance. This is an excellent resource for families.

https://www.workingfamilies.org.uk/publications/from-child-to-adult/?utm_source=Waving+not+drowning&utm_campaign=932e4546b6-EMAIL_CAMPAIGN_2019_01_30_09_30&utm_medium=email&utm_term=0_fd77e1921d-932e4546b6-124786777

Here is a useful guide for Harry Potter World for Autistic Service users:

https://www.wbstudiotour.co.uk/sites/default/files/Autism-Guide.pdf

To celebrate carers week we are holding a special carers day at The Folly, Mackworth. There will be crafts, therapists and a lovely lunch, so take the day to relax and unwind, enjoy some good company and plenty of tea and coffee.

At: The Folly, Farmhouse Pub, Mackworth, Derby, DE22 4LY.

More details will be available soon.

Booking Information. To book any of the above events please either call 01332 785658 or email Familiesupport@umbrella.uk.net with the following information: Your name, Your contact number, Event/s you would like to attend, Total number of adults and children attending, Names and ages of children/young people attending, Any dietary or access requirements.
Thank you to everyone who has supported Umbrella over with fundraising and donations

Don't forget to buy your tickets to the Disney Quiz this month!

On: 23 March 2019, carriages arrive at 6pm for a 6.30pm start. Finish approx. 9pm

At: Palace of St Peter in Chellastonia (St Peter’s Church Hall, Chellaston)

- Family friendly
- Quiz rounds for everyone including music round and children only round!
- Special Disney guests
- Fancy Dress competition
- Raffle
- Refreshments, sweet treats and Hotdogs available
- Themed prize hamper for the winning team!

Tickets are £5 per person and teams can have a maximum of 6 members. Children and adults and mixed teams welcome.

To book, please call or email Diane 01332 521229 dianem@umbrella.uk.net with details of how many tickets you would like to buy. Don’t delay, call today!

Thank you to Flo’s Angels for supporting Umbrella once again. They have held various events throughout the year to raise £300. We are very grateful to all involved.

Many thanks to our friends at Werner in Burton on Trent for the ladder they have donated. DIY is much easier and safer now!

We’ve just heard that in the last quarter, shoppers at Amazon Smile have raised £69.13 for Umbrella! Thank you!

Amazon Smile is exactly the same as Amazon except they donate a percentage of certain purchases to your chosen charity at no cost to you! If you shop on Amazon, sign in with your usual log in through the link below and start helping a charity without even realising!

https://smile.amazon.co.uk/
Upcoming events, in and around Derbyshire

Please contact organisations directly for more information.

March 14th  - Sight Support Information Day. See how you can benefit from support 10.30-1pm. Bolsover Assembly Rooms S44 6NG

March 7th  -Dealing with Bullying. Umbrella event. See page 7 for more information.

March 16th  -Play and Recycling Centre Free drop in craft session suitable for all ages and abilities. 10am—1pm , PARC, 6-10 Werburgh Street, Derby DE22 3QG

18th March- Securing your child’s future-Medical Negligence and the Court of Protection Join us for a workshop on Medical Negligence and the court of protection. From: 7-8.30pm At: Hilton Village Hall, Peacroft Lane, Hilton, DE65. If you would like to attend this workshop please book using this link to Eventbrite https://www.eventbrite.com/e/securing-your-childs-future-medical-negligence-and-the-court-of-protection-tickets-57106575304

March 23rd—Disney Quiz—Umbrella Event. See page 8 for more information

3rd April- Securing your child’s future- Medical Negligence and the court of protection. Join us for a workshop on Medical negligence and the court of protection. This will run during our usual City am support group, but the support group will continue in another room for those who are not interested in the presentation. From 10-12,At: Broadway Baptist church, Broadway, Derby, DE22 1BP

If you would like to attend this workshop please book using this link to Eventbrite https://www.eventbrite.com/e/securing-your-childs-future-medical-negligence-and-the-court-of-protection-tickets-57108255329

April 4th—Sight Support Information Day. See how you can benefit from support 10.30-1pm. Ashbourne Town Hall DE6 1ES

April 13th— Open Door inclusive church. 1st Sunday of each month from May 5th. Initial meet and greet and get to know session will run from 10am—12noon today. St Helen’s Church, Church Town, Darley Dale DE4 2GG.

April 17th—Mount Cook Adventure. Umbrella event. See page 7 for more information

April 25th Family Fun Drama and Crafts. Umbrella event. See page 7 for more information

May 16th Sight Support Information Day. See how you can benefit from support 10.30-1pm. Ilkeston Arena Church DE7 8DG

June 6th—Sight Support Information Day. See how you can benefit from support 10.30-1pm. Eckington Civic Centre S21 4JG


July 6th—Open Door fun day St Helen’s Field, opposite St Helen’s Church, Church Town, Darley Dale DE4 2GG.

The Journey Through Autism "3 Ways You Can Help Your Child Overcome Sensory Issues Before a Dental Appointment"


Roll Up! Roll Up!
Belper have announced that with the support of the Midland Co-operative Group, they have been able to provide ramps for the shops in Belper. Customers can now ring in advance of their visit to book the ramps. They simply have to look up the phone number of where they want to visit on the business website or www.accessiblebelper.org.

Kidz to Adultz Middle, Thursday 21st March 2019 9.30am-4.30pm Ricoh Arena Coventry. A free event for children and young adults up to 25 years with disabilities and additional needs, their families, caters and all the professionals who support them. Find out more here: https://www.kidzexhibitions.co.uk/kidz-middle/