



**Working to improve the quality of life for disabled children, young people and their families in Derby City and Southern Derbyshire**

# May 2019

Supported by



You may have heard the news but we can't stop shouting about it!

We received a fantastic donation from Global's Make Some Noise including the support of Capital and Smooth radio stations and it's enough for us to launch a new and exciting play project for children and young people with SEND. The project is for children and young people aged 6—18 years who do not reach the high threshold to access local authority funded opportunities.

We were blown away when Smooth and Capital's presenters surprised us with the huge cheque for £99,000. It is going to make such a difference to so many families and we can't wait to get the ball rolling.

We have already employed Becky as the Coordinator and she is busy looking for venues and planning suitable activities as we want to get the project flying off the ground as soon as possible! For further details and to check whether your child/young person is eligible for our new service please call our Single Point of Access on (01332) 785658 and ask for a referral to Becky.

A huge THANK YOU to Make Some Noise and everyone who fundraised and donated.

We have enjoyed working with everyone over the last year and the young people have had some wonderful experiences and amazing opportunities.



[@UmbrellaDerby](https://twitter.com/UmbrellaDerby)

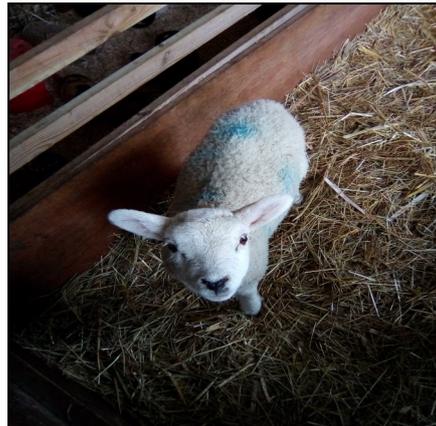


[Umbrella Derby and Derbyshire](https://www.facebook.com/UmbrellaDerbyandDerbyshire)

# What's happening in Children's Services

## Children's Trips

Throughout April we have spent a lot of time outside. We had a great time looking for signs of spring and Easter eggs! We have been to Kedleston Hall and Markeaton Park and also spent a lot of time in the garden at Umbrella House.



## Children's Play scheme

What a fantastic Easter holiday we have had! We've celebrated with Easter egg hunts, a chocolate day and a day focused on Easter at Umbrella House. The children have also enjoyed the lovely weather out in the community at Markeaton Park and Elvaston castle where we had a Forest School session, making stars out of natural materials, building dens and even climbing trees! At Umbrella House we have had a magician come to visit us, celebrated a 'rainbow day' and taken part in a spot of gardening.



Check out our website [www.umbrella.uk.net](http://www.umbrella.uk.net)

# What's happening in Adult Services

## TEAM one to one supports



Ignacio enjoyed a lovely day out to the cinema to watch Captain Marvel and went for dinner at McDonalds with his support workers Jacob and Tracy. As you can see, he decided to go into a party shop in the Intu and put on a range of policeman hats before posing for the camera. He really enjoys his time with his support workers and particularly likes to watch movies and go swimming, where his support workers struggle to keep up!

David and Lydia had a fun time together as they spent time in the sensory room, as well as helping Lena cook some Mac 'n' Cheese. Afterwards, they sat outside and enjoyed eating their food with their support workers, a welcome treat once the weather gets nicer! This is a really big achievement for them both, especially David, as they usually prefer to eat their meals indoors.

## INDE

The INDE group enjoyed an amazing trip out to the beautiful Calke Abbey on a nice, sunny day. In the stables, there were a lot of activities to do and some of them particularly enjoyed dressing up. Dan had a laugh and joked around whilst dressed in a nice, flowery dress and George found the perfect apron to re-enact characters from one of his favourite TV shows, Dinnerladies. The INDE group always have a laugh and a good time and their day at Calke Abbey was no different.



## REVIEW

Our adult services were reviewed in 2018 involving consultations with stakeholders including Umbrella staff & volunteers, service users and their parents/carers as well as professionals in Education, Health and Social Care. Since the report was completed at the end of the year,

Umbrella have been developing a strategic plan to implement recommendations from over the coming years.

All Umbrella parents/carers were invited to give feedback through a survey, as well as attending groups ran by external consultant, Vanessa. Thank you all for your participation, suggestions and ideas.

You can see a summary of the report on our website <https://umbrella.uk.net/2019/04/httpumbrella-uk-netwp-contentuploads201707august-pdf-2-3-2-3-4-3-2-3-3-2-2-2-3-2-2-2-2/>

# What's happening in Play and Leisure

## Umbrella Raindrops Choir

The power of music is wonderful, when I Ann recently popped to meet George Moritt who has raised funds for Umbrella she had the pleasure of hearing the Umbrella Raindrops choir sing again. Once again she needed my tissues, they were amazing, such a talented group of people who thoroughly enjoy singing. George Moritt has raised an incredible £120 for The Umbrella Raindrops and has made a CD full of local artists which also features the Umbrella Raindrops! George is pictured with Theo and Genevive. Thank you George and all the local talented musicians who were involved with the production of the CD and to everyone who made a purchase.

The CD is available to purchase. If you would like to buy a copy please contact [Nicola.Green@umbrella.uk.net](mailto:Nicola.Green@umbrella.uk.net)



## Thursdays Youth Club

The Thursdays had a lovely time making Easter Trees. The group wanted to make something different and wow how amazing they look!

**We have places available at some of our fantastic groups:**

### Tuesday Youth Club

For young people aged 11 to 18 years old with mild to moderate disabilities.  
The group meet every Tuesday 6.30pm-8.30pm

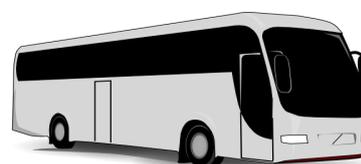
### New! Children in Need 8-11 years old Siblings Group

We have places for children aged 8 –11 years who are a sibling to a child with a disability.

The group meet monthly on a Thursday evening from 6pm-8pm  
The group do a mixture of on and offsite activities.

If you would like more information or wish to book a place,  
please contact [Nicola.green@umbrella.uk.net](mailto:Nicola.green@umbrella.uk.net)

**Watch this space!**  
**Full details of this years family trip**  
**coming soon!**  
**Save the date—Saturday 7 September**



# What's happening in Information, Advice and Family Support

## Parent/Carer Support Groups:

Groups open to parents/carers of children with special educational needs/disability. Please book for parent/girls group, drop in welcome at all other groups.

### Derby City (Morning Group) First Wednesday of the Month

Broadway Baptist Church, 166 Broadway, Derby DE21 1BP. 10am to 12 noon.

**1st May—Derbyshire Carers/Tina**

*Future dates: 5th June, 3rd July*

### Derby City (Afternoon Group) First Wednesday of the Month

Community Action Derby, 4 Charnwood St, Derby DE1 2GT. 12.30pm to 2.30pm

**1st May—Derbyshire Carers/ Emma**

*Future dates: 5th June, 3rd July*

### South Derbyshire Second Friday of the Month

Hilton Village Hall, Peacroft Lane, Hilton DE65 5GH. 10am until 12pm

**10th May –Open meeting**

*Future dates: 14th June, 12th July*

### Amber Valley Second Thursday of the Month

Strutts Building, Derby Road, Belper DE56 1UU. 10am to 12pm.

**9th May—Open meeting**

*Future dates: 13th June, 11th July*

### Erewash Last Wednesday of the Month

The Adult Education Centre, 173 Derby Road, Long Eaton, NG10 4LL. 10am to 12pm

**22nd May—Open meeting**

*Future dates: 26th June, 17 July*

### Male Carers Group First Monday of the Month

The Farm House Pub, Mackworth, DE22 4LY 6pm to 7pm

**6 May—Quiz night**

*Future dates: 3rd June, 1st July*

### New Parent and Boys Group Once a month on a Friday

Chester Green Community Centre, Darley Playing Fields, Chester Green DE1 3SA

6pm to 8pm. **20th May—Superheroes evening**

*Future dates: 19 July*

### Parent and Girls Group Once a month on a Friday

Umbrella House, 64 Birdcage Walk, Mackworth Derby DE22 4LD 6pm to 8pm

**3 May-Film night/crafts and Popcorn**

*Future dates: 14 June, 12 July*

**UMBRELLA SUPPORT GROUPS MEET TERM TIME ONLY.**

We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment. Telephone 01332 785658 for more information.

# Information, Advice and Family Support Continued

It was a pleasure to see the bonds that the groups built and the art work that was created at the LifewithArtsgroup last month.

We will be setting this up as a regular activity themed around art, crafting and a time to be you. If you would like to join us please contact the office and we will provide you with further details.



A fabulous time was had at Mount Cook last month. During this family fun event, families had opportunities to pan for precious stones, have a go at high ropes and after lunch, the day finished with team challenges. This was yet again a great event for Umbrella members to enjoy spending time with other families in a safe, secure, non judgemental environment. We are definitely looking forward to next years event already!

## UPCOMING EVENTS

### *In Family Support*

#### **3rd May—Boys with Autism parent/carer workshop 10am—12.30pm**

**We still have spaces** for this event being held at Broadway Baptist Church, 166 Broadway, Derby, DE21 1BP with Tracey Green Challenge Consultancy.

We hope to have a bespoke workshop; therefore we encourage parent/carers to send in subject areas wanting to be covered and questions as soon as possible.

To book please call the office on 01332 785658

Subject areas or questions to: [family.support@umbrella.uk.net](mailto:family.support@umbrella.uk.net)

#### **10th June—Carers Celebration Day**

The Family Support Team invite you to come and celebrate Carers Week at an event on Monday 10th June 2019. Venue: Mickleover Golf Club, Uttoxeter Road, Derby DE3 9AD. Time 9.30am to 3.00pm. This is an opportunity for you to enjoy a recreational, relaxing day in the company of other Umbrella Parents and Carers, you can enjoy a mini reflexology session, facials, mini manicure, brow shape, brow tint. Abundance of tea, coffee and cakes along with a hot lunch all included .

The day will cost £15 and will be subsidised by the Co-op Community Fund and Umbrella Parents/Carers fundraisers

To reserve your place please call the office on 01332 785658. At the time of booking this event, Umbrella is required to pay a non refundable deposit. Once we receive your payment of £15 this will confirm your booking. It will help keep our costs down if you are able to pay by bank transfer.

**Booking Information.** To book any of the above events please call 01332 785658

# What's happening in Fundraising / Volunteering

Thank you to **everyone** who has supported Umbrella with fundraising and donations

Hello from volunteer services!

I had the pleasure of meeting our wonderful families earlier in the year at our amazing support groups when I attended to talk about volunteering at Umbrella. I am aware that not everyone is able to attend these groups so please do take a look at the video on the link below for more information.

If you're looking for a rewarding role volunteering, we currently have a few some vacancies that could be for you:

- ◆ Volunteer Administrator at our Umbrella House office; 1 day a week or job share 2 people 1 day fortnightly.
- ◆ Bilingual volunteer with our family support team.

If you would like more information please do get in touch:  
michelleb@umbrella.uk.net or 01332 521229

<https://www.youtube.com/watch?v=3P02CB0swJo>

*Michelle*



Thank you to everyone who volunteered at the Tesco bag pack in April and thanks to the generous shoppers who donated £338.18!



Jason Hallsworth ran the London Marathon on Sunday 28th April and in the process, decided to raise money for Umbrella. He

estimates to raise in the region of £1,600! We look forward to hearing how he got on and You can read more about his story here <https://uk.virginmoneygiving.com/fundraiser-display/showROFundraiserPage?userUri=hallsworth-1391967-hhe&pageUri=1>



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**WIN A  
HomeAway®  
STAY WORTH  
£1,200**

Give as you Live have teamed up with Home Away UK to give you the chance to win holiday accommodation worth £1,200!

Simply enter and shop by 31st May to be in with a chance of winning this incredible prize. Even better, for every additional shop you complete by the closing date, Give as you Live will give you another entry, and you'll be raising FREE cash for us!

[https://www.giveasyoulive.com/pages/win-homeaway-stay?utm\\_source=social&utm\\_medium=tweet&utm\\_campaign=CompetitionHomeAway&utm\\_content=CharityTW](https://www.giveasyoulive.com/pages/win-homeaway-stay?utm_source=social&utm_medium=tweet&utm_campaign=CompetitionHomeAway&utm_content=CharityTW)



## Upcoming events, in and around Derbyshire

*Please contact organisations directly for more information.*

**May 3rd** Boys with Autism parent/carer workshop—see page 6 for more information

**May 2019 Connect and Create with Crafts** Free 4 week course (2,9,16,23 May) 1pm—4pm at Amber Trust, 7-11 Wellington Street, Ripley. Contact Tracy Litchfield to book a space [tracy.litchfield@ambertrust.co.uk](mailto:tracy.litchfield@ambertrust.co.uk) Supporting Mental Health through learning something new. Develop confidence in a friendly environment.

**May 12th Free Wheelchair Skills Workshop.** Family can join in too at the Rykneld Sports Centre, Richmond Park Road Mackworth from 10am—3pm. Email [training@gokidsgo.org](mailto:training@gokidsgo.org) .uk or call 01482 887163 to book.

**May 15th** MacIntyre's I4T Group 'Great Interactions'. Free workshop for people with a learning disability and for staff teams, run by people with a learning disability. Improve facilitation skills. Chesterfield. 10.15am-1pm. For more information or bookings: Alison 07824 416407 [Alison.wright@macintyrecharity.org](mailto:Alison.wright@macintyrecharity.org)

**May 20th** Parenting Autistic Children—a talk by Purple Ella. 1pm—3pm and Autism and mental health talk from 6.30pm-8.30pm. St James Centre, Malcolm Street, Derby DE23 8LU. To book please email [Derby and District@nas.org.uk](mailto:Derby and District@nas.org.uk)

**June 1st and 2nd**—Spectrum Autism Friendly Festival at Lea Green <https://www.eventbrite.co.uk/e/spectrum-autism-friendly-festival-2019-tickets-51324649408?aff=erelexpmlt>

**June 1-7—National Volunteers Week!**

**June 10th—Carers celebration day—see page 6 for more information**

**July 3rd** MacIntyre's I4T Group 'Great Interactions'. Free workshop for people with a learning disability and for staff teams, run by people with a learning disability. Improve facilitation skills. Chesterfield. For more information or bookings: Alison 07824 416407 [Alison.wright@macintyrecharity.org](mailto:Alison.wright@macintyrecharity.org)

**July 6th**—Open Door fun day St Helen's Field, opposite St Helen's Church, Church Town, Darley Dale DE4 2GG.

**September** Spectrum Autism Friendly Festival at Lea [Greenhttps://www.eventbrite.co.uk/e/spectrum-autism-friendly-festival-2019-tickets-51324649408?aff=erelexpmlt](https://www.eventbrite.co.uk/e/spectrum-autism-friendly-festival-2019-tickets-51324649408?aff=erelexpmlt)

**Hemi Hearts** parent-led support group for children & families living with hemiplegia in the Derbyshire area. Meet 4th Friday of each month. visit [www.hemihearts.org.uk](http://www.hemihearts.org.uk) call: 07561 291684 email: [info@hemihearts.org.uk](mailto:info@hemihearts.org.uk)

**Parent Carers Together Forum for Derby City**, Coffee & Chat drop in 2nd Friday of each month Bramblebrook Community Centre, Stockbrook Street DE22 3WH 10am-12pm. , April 12th, May 10th, June 14th, July 12th

## Other information



We wanted to tell you about Millen, an inspiring young boy who has been working hard to get his peers and school to acknowledge Autism.



Millen was diagnosed at the age of 10 but received little support from school so he decided he was going to do something about it. To help make them aware, he started off getting as many of his peers as he could to walk 10,000 steps every day for autism! He had a cake sale, not to raise funds, but to help raise awareness within the school and even made a leaflets 'The Traits of Autism' to hand out to his peers.

Then, for the first time in the three years since his diagnosis, they talked about autism in assembly and in particular about Millen and what he had been up to. Hopefully the school will now be better equipped to help other children in the future which is what he wanted to achieve.

Along the way, Millen has raised over £500 for Autism Awareness!

We think Millen is inspiring. To have the confidence to get out there and make a difference is not something that is easy to find from within. If everyone around you makes just the smallest of change, the impact can ripple out much wider and hopefully, Millen has started that ripple.

### Umbrella Information Office

The Ronnie MacKeith Child Development Centre  
Royal Derby Hospital  
Uttoxeter Road  
Derby DE22 3NE



**Umbrella**  
Umbrella House  
64 Birdcage Walk  
Mackworth  
Derby  
DE22 4LD



Derby City Council

**Website: [www.umbrella.uk.net](http://www.umbrella.uk.net)**  
**Email: [admin@umbrella.uk.net](mailto:admin@umbrella.uk.net)**  
**Telephone: 01332 785658**



Please note that all the views expressed in the Umbrella Bulletin are not necessarily Umbrella's views