



**Working to improve the quality of life for disabled children, young people and their families in Derby City and Southern Derbyshire**

## June 2020

### Annie's Place

During lockdown we haven't had chance to visit "Annie's Place" but our wonderful builder Neil sent some photographs to show exactly what they have been doing. We are absolutely overwhelmed with the amount of work that has been carried out. We are so grateful to Paul who owns Industrial Contracting Services (ICS) for his incredible generosity and to everyone who is currently working on the project including Arnold Electrical. It is essential the building is completed as soon as possible because space at Umbrella House is very limited for the new normal way of delivering face to face services.

Annie's Place has a huge amount of indoor and outdoor space, which is ideal for social distancing. Understandably many of the funders have prioritised Covid 19 rather than capital grants but we are waiting the outcome of two further funding applications and are hopeful we will be able to make more progress very soon.

We won't be able to start work on the garden for a while but we are very lucky to be on the edge of a beautiful park with lots of outdoor space where we can have lots of fun. The photographs show the new chill out space and kitchen area before it was plastered. We have been very fortunate to receive some beautiful preloved items which will help to make "Annie's Place" very homely.



[@UmbrellaDerby](https://twitter.com/UmbrellaDerby)



[Umbrella Derby and Derbyshire](https://www.facebook.com/UmbrellaDerbyandDerbyshire)

# What's happening in Children's Services

## One to One Supports



While Amy can't go out with her support worker, she and her Mum are appreciating a regular video call from Umbrella's support worker Rachel.

Amy loved showing Rachel her amazing cooking skills while making Amy's dinner of Naan bread pizza and Coleslaw

Rachel even managed to leave Amy wondering if cheese could pass through her phone as Rachel 'shared' a taste!



## Group Support Sessions

Umbrella have been pleased to have welcomed some more children to our virtual groups. Staff are getting more adventurous and some of the groups met in their kitchens to take part their first baking activity via Zoom!

Umbrella staff and children did a great job of carefully following the instructions to make some shortbread. Thanks must also go to the parents for their helping hand.

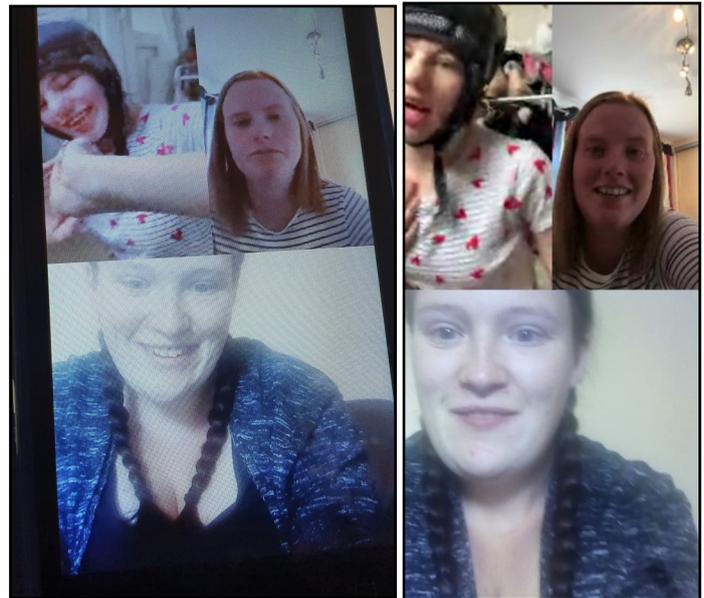
Everyone had a wonderful time and the children confirmed the results were as yummy to eat as they look in the pictures.



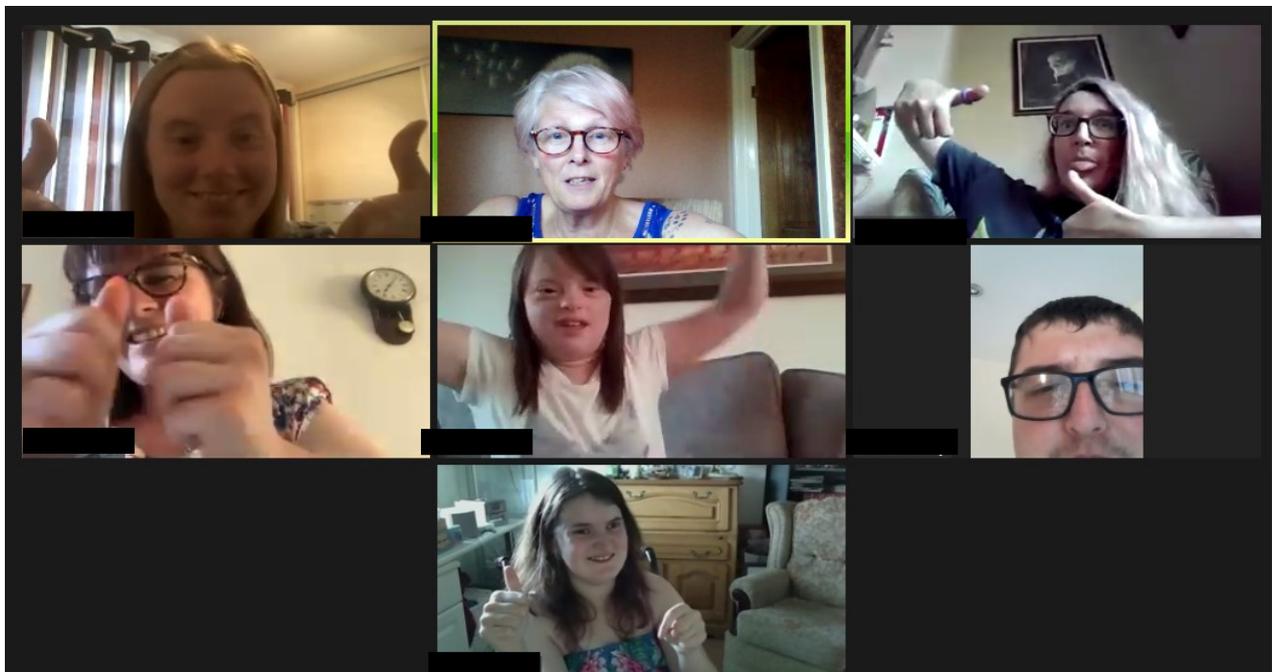
Check out our website [www.umbrella.uk.net](http://www.umbrella.uk.net)

# What's happening in Adult Services

Our virtual supports are continuing to work well for our young adult's. Bethany enjoyed a video call with her support workers this month. This was the first time Bethany had engaged in a virtual support and it went very well. She seemed very happy to see her familiar staff and was giving them lots of smiles and happy faces.



We also celebrated the start of our virtual groups this month. The INDE group was the first to get going and it was a very positive experience for all. It was a little strange for some of our young adults to begin with but as the evening went on, the group became more confident and the conversation really started to flow. They enjoyed planning some activities together for future sessions and are looking forward to getting crafty next week!



If you would like more information about our virtual group supports for your young adult, please contact Sarah Jones at [sarah.jones@umbrella.uk.net](mailto:sarah.jones@umbrella.uk.net) or Danielle Vincent at [danielle.vincent@umbrella.uk.net](mailto:danielle.vincent@umbrella.uk.net)

# What's happened in Play and Leisure

## [Umbrella Raindrops](#)

Wow !

It has been such a busy time for the Umbrella Raindrops.

The Raindrops have worked so hard practising and sending the completed videos  
To be edited into one amazing film.

The Raindrops have featured on Radio Derby and have been on BBC East Midlands  
news

The song 3 Little Birds is a favourite of the Raindrops and if you have seen video  
You will agree they sound great - if you haven't managed to watch it here is the link!

<https://youtu.be/URiwlCLMrxY>



Coming soon the Raindrops next video.

## [Play & Leisure Youth Clubs](#)

Our virtual groups are growing and more young people are now joining us.  
The groups are on the following evenings

**Umbrella Raindrops Monday & Wednesday evening**  
6.00pm - 7.00pm

**Tuesday youth club**  
Tuesdays from 6.30 pm -8.30 pm

**Thursdays Club**  
Thursday evening from 6.30 pm –8.30pm

**Friday youth club**  
Friday evenings from 6.30 pm - 8.30 pm

**Please get in touch if you would like more information on the groups**  
[Nicola.green@umbrella.uk.net](mailto:Nicola.green@umbrella.uk.net)



Youth clubs are still being uwith the use of technology so please do  
get in touch if you would like to attend. We will do our best to  
accommodate families. Please use the contact details on the family  
support pages or Nicola Green Directly on 07540 823895.

# Activity for the Garden



## What you need:

Egg Box

String

Bird Food

Paint or felt tips



## What to do:

1. Cut off the lid of your egg carton & the little flap that helps keep it closed
2. Punch one hole on each corner.
3. Have your young ones decorate the bottom of the egg carton with paint or markers.
4. Cut four pieces of twine about 18 inches long.
5. Tie one piece of twine on each corner of your egg carton through the holes you punched earlier.
6. Tie the loose ends all together in one big knot.
7. Fill your birdfeeder with birdseed & hang in a tree! Enjoy!

## Hello from Umbrella Staff



Some of our staff have been put together a video for our families. We want to let you know that we miss you and cant wait to be able to see you again. We hope you are safe and well. We would love it if you would show your young people as they may see some familiar faces.

Please use the link below to view the video.

[https://youtu.be/hq23N\\_RelAQ](https://youtu.be/hq23N_RelAQ)

Check out our website [www.umbrella.uk.net](http://www.umbrella.uk.net)

# What's happening in Information, Advice and Family Support

## Where can I find support for myself?

Umbrella are now operating different phone lines due to the RMC office being closed for the time being. Please call the following numbers:

Monday —07889214954

Tuesday, Wednesday and Thursday—07708898998

Friday—07701289703

Parents/ Carers can call us between 9.30am-3.30pm, a member of the Family support team will be happy to listen or answer any questions you may have. You can also email [familysupport@umbrella.uk.net](mailto:familysupport@umbrella.uk.net) and someone will get back to you as soon as they can.

We have set up internet based support as well, please follow the link below [www.facebook.com/groups/519504285415381/](https://www.facebook.com/groups/519504285415381/)

Please see our support group page in the bulletin for a link to individual support groups.

We also have the instant messenger on Facebook that you can message. This will be monitored throughout the SPA hours 9:30am—3:30pm.

## Online Family Support!

The Family Support team have been enjoying the Facebook groups over the last month with numbers of members continuing to grow! We would like to say a huge thank you to everyone who is participating. We are so delighted that you can be part of a fantastic community.

Here are a couple of photos that our members have sent in!



Get involved with  
Carers Week 2020  
8 - 14 June

[carersweek.org](https://carersweek.org)

## Carers Week will be a little different this year!

Alisha has been working really hard in preparation for carers week this year. Unfortunately we won't be together to share this as normal, however we will be virtually making the most of this wonderful celebration. Watch out for emails and Facebook posts throughout the coming week.

## Fun Memory Making Activity

### Making your own dough plaque—a keep sake to remember this time in history.....

To make the dough:

- Add 1 cup of plain flour and half cup of salt
- to a mixing bowl
- Slowly add half a cup of water
- Combine into a dough.
- Roll out the dough to a 1cm thickness and cut to the shape you want.
- Push down on the dough to make your prints.
- Don't forget to add holes if you want to hang the plaque.
- Cook on 120°C for 3 hours or until hardened
- Then paint your plaque don't forget to date it!



# Information, Advice and Family Support Continued

## Parent/Carer Support Groups:

Due to postponing all our groups we have created Facebook Pages which will have a Family Support Worker allocated during the time of the normal Support Group Hours. Please see below information about the different groups.

**Derby City (Morning Group)** First Wednesday of the Month

<https://www.facebook.com/groups/2962720243811638/>

10am to 12 noon.

**Derby City (Afternoon Group)** First Wednesday of the Month

<https://www.facebook.com/groups/198330544802522/>

12:30pm –2:30pm

**Support Through Arts** 3rd Thursday of the Month

<https://www.facebook.com/groups/2405836889708275/>

11.30am to 1.30pm

**Amber Valley** Second Thursday of the Month

<https://www.facebook.com/groups/193718375386874/>

10am to 12noon

**Erewash** Last Wednesday of the Month

<https://www.facebook.com/groups/2472927736290870/>

10am to 12pm

**Male Carers Group** First Monday of the Month

<https://www.facebook.com/groups/142417743832326/>

6pm to 7.30pm

**Parent and Boys Group** Once a month on a Friday

<https://www.facebook.com/groups/2634215780140995/>

6pm to 8pm

**Parent and Girls Group** Once a month on a Friday

<https://www.facebook.com/groups/262578301425967/>

6pm to 8pm

## UMBRELLA SUPPORT GROUPS

We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment.

Please ensure that you adhere to the ethos of the groups at all times.

# Important Information about Grants for Families.

Children with special educational needs and disabilities in England will benefit from £37.3 million of direct support in 2020-21, which is expected to help more than 75,000 families in England.

Families with children that have complex needs and disabilities will receive grants for vital equipment to make their lives easier while implementing social distancing measures, including computers, specialist equipment and educational toys.

£10 million of the total has been committed specifically in response to the unique difficulties presented by the coronavirus pandemic, helping parents educate and look after disabled or critically ill children who are staying at home more than usual.

The multi-million-pound settlement for [Family Fund](#), detailed today by Children and Families Minister Vicky Ford, will help low-income families with seriously ill or disabled children with the cost of equipment, goods or services - from washing machines and refrigerators to sensory and educational equipment that they might not otherwise be able to afford. The grants are typically worth £400 to £500 per family, but vary depending on need.

<https://www.familyfund.org.uk/>

## What's happening in Fundraising / Volunteering

A massive **Thank You** to one of our volunteers Claire who has been creating videos of activities that our families can do at home. We hope you enjoy them and create some wonderful pieces that Claire can see.

**Thank You  
So Much!**

**We have received two very special donations this month.**

**One donation was in memory of our beautiful friend Ellie Morgan who sadly passed away in February. Ellie's Mum, Marion and her family kindly gave donations in lieu of flowers to Umbrella.**

**We also received a donation from our special friend Chloe Goodall's family, Chloe moved into full time residential support.**

**Both young ladies had enjoyed many happy times at Umbrella and we were very privileged and proud to work with both Ellie and Chloe. The donations will be used to buy something special for "Annie's Place".**

## In it to win it!

A brilliant way to help raise money for Umbrella and also be in with a chance of winning something for yourself is to join the Umbrella Lottery!

For just £1 a week per line, you can win up to £25,000 each week and entering is really quick & easy (it takes less than two minutes!) If you haven't already signed up, you can find out how on the link below

<https://www.unitylottery.co.uk/causes/umbrella/>



**amazon**smile  
You shop. Amazon gives.



**Give as you Live**

**PayPal**  
Giving Fund

**RIVIERA**  
T R A V E L

# what's on

## Activities Accessible at Home.

Please contact organisations directly for more information.

### P.E at home with Joe Wicks

Every morning at 9am he will be going LIVE on his YouTube channel with a 30 minute workout class for kids of all ages... teenagers and adults you can get involved too. Have fun and inspire each other. Interact, connect and laugh along.

<https://www.youtube.com/user/thebodycoach1>

### Music with Nick Cope

Performing music for children and families as seen on cbeebies.

<https://www.youtube.com/channel/UChswfhkdahDSsJBHew8sOUg>

### Stories with Julia Donaldson

The writer of The Gruffalo is launching a new Facebook series, featuring a live book reading (or song), followed by an art tutorial by illustrators Axel Scheffler, Rebecca Cobb, Lydia Monks, David Roberts and Nick Sharratt. New episodes will be broadcast live from her home at 4pm each Thursday.

<https://www.facebook.com/watch/OfficialGruffalo/>

### Story Massage Therapy

Online story and massage techniques you can do with your children.

<https://www.facebook.com/StoryMassageProgramme/>

### Soundabout

Join Soundabout's Facebook page every Tuesday and Saturday at 2pm for Soundabout Live! Fun, interactive music sessions for people of all ages with PMLD and SLD.

<https://www.soundabout.org.uk/> <https://www.facebook.com/SoundaboutUK/>

### Kids Should See This

Here is a link to a website with a lot of different videos on all different subjects there is something for everyone!

<https://thekidshouldseethis.com>

## Monthly Festivals and Awareness Days



Pride Month

Growing for mental health week 1<sup>st</sup> June

Tourettes awareness day 7<sup>th</sup> June

Carers week 8<sup>th</sup> June

Rare Chromosome disorder day 16<sup>th</sup> June

15<sup>th</sup> June Learning disabilities week

21<sup>st</sup> June Fathers day



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[carersweek.org](https://carersweek.org)

# Other information

## Education, health and care needs assessments and plans: guidance on temporary legislative changes relating to coronavirus (COVID-19) - Derby City Council

In response to the challenges presented by the Covid-19 crisis, on 30th April the Government announced **temporary** changes to **some** of the legal duties and timescales applied to local authorities, health commissioning bodies and others involved in the processes for delivering Education, Health and Care Plans and for securing provision.

These changes will only be in force from **1st May to 25th September 2020** and they will be kept under review. As a local area we recognise how challenging home isolation is for many of our young people and children with SEND, and the families supporting them. We are committed to maintaining education, health and care provision for these children, but also to extending support, where possible, to families in most need.

These **temporary** changes are allowing **certain** rules and duties regarding EHC Needs assessments and plans to be **modified** whilst the services involved are impacted by the Covid-19 outbreak. All other requirements of the EHC process remain unchanged. But please be assured that this does not signal a “pause” or suspension of any legal duties of the Local Authority and health commissioning board (CCG).

We still must consider **each** child and young person individually and what can be **reasonably** provided in the circumstances, **during the notice period**.

Detailed government guidance on changes can be found here:

<https://www.gov.uk/government/publications/changes-to-the-law-on-education-health->



**Family Fund**  
Helping disabled children

### Update on Service

- We are adapting and working the best way we possibly can to help you, our families.
- You can now apply earlier – nine months after your last application. You will also hear from us within 10 weeks of submitting your application.
- While continuing our essential grant support there will be delays in some areas given the impact of Coronavirus on our team and suppliers, specifically around family breaks.
- Please take a look at our latest updates to find out how we have made changes to help you.

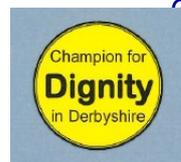
<https://www.familyfund.org.uk/news/coronavirus-and-family-fund>

### **Umbrella Information Office**

The Ronnie MacKeith Child Development Centre  
Royal Derby Hospital  
Uttoxeter Road  
Derby DE22 3NE



Charity Number 1150203



**Umbrella**  
Umbrella House  
64 Birdcage Walk  
Mackworth  
Derby  
DE22 4LD



Derby City Council



England & Wales



Please note that all the views expressed in the Umbrella Bulletin are not necessarily Umbrella's views