

Working to improve the quality of life for disabled children, young people and their families in Derby City and Southern Derbyshire

September 2020

Photography Competition Results!

Thank you to everyone who participated in our photography competition. We loved seeing all the entries and wanted to share with you the pictures of our winners from each category along with our overall winners whose work will be displayed at Annie's Place and Umbrella House



Willow - By Jack Age 8



By Phoebe Age 10



Enzo and Rico -
By Olivera Family



@UmbrellaDerby



Umbrella Derby and Derbyshire

What's happening in Children's Services

It has been lovely to welcome lots of the children back to Umbrella over the Summer period.



The children were very excited to see our wonderful new mud kitchen for the garden, which was very kindly made for us. Josie got stuck straight in and made a very yummy looking cake for her support worker.



The children also made the most of the good weather whenever possible and there have been plenty of visits to the local parks.



We have an exciting opportunity at Umbrella for someone to join our children's services team working as an assistant to the coordinator within the project. We are looking for someone who is outgoing and enjoys making a difference to the lives of others.

Role: Coordinator Assistant in Children's Services

Hours: 26 hours per week to include some evenings and weekend working.

Salary: Starting Scale 18: £9.40 (within band 18-21 rising to £10.41)

For more information and application forms, visit www.umbrella.uk.net/vacancies
Closing date is 13th September at 11.59 pm

Check out our website www.umbrella.uk.net

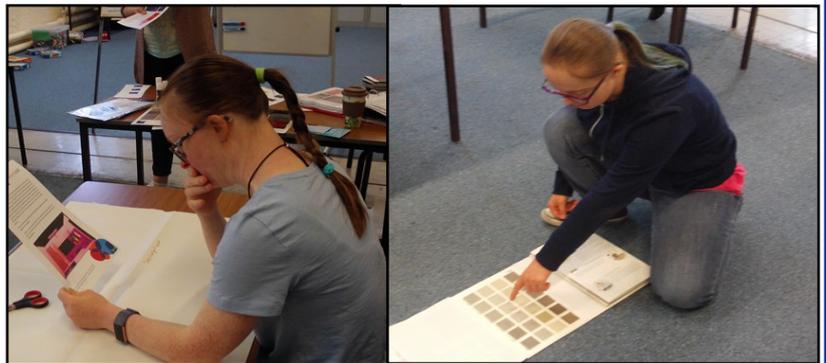
What's happening in Adult Services

Well what can we say...the young adults have been having a fantastic time at the INDE group and are enjoying seeing their friends and support staff. Although services have been a little different this summer, we are still having maximum fun and learning whilst getting used to our new routines. This month the young adults have taken part in a very important consultation for 'Annie's Place'. They have been involved in choosing the equipment for our new sensory room as well as choosing flooring and wall colours. We all got excited about this and cant wait to see the finished results!

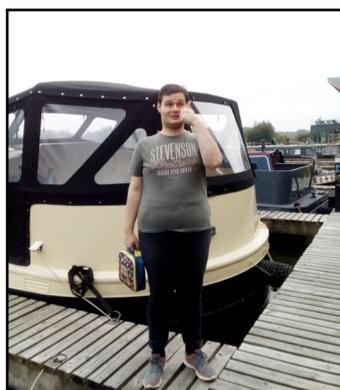


Here is Lauren taking a look at the pictures of the rooms that need decorating. We had to use our imaginations as there is a lot of building work being undertaken so the walls and floors are bare. We had to pick flooring for the kitchen, the bathrooms, the dining room and the hallway, as well as the quiet room and the office! The young adults chose some fabulous colours to go onto the walls in each of the rooms too; We are going to need a lot of paint!

Here, Anna and GJ are busy deciding what our new sensory room should look like. They are looking at the specialist equipment and colours for the room. They also had to choose flooring that would be suitable for the projector image to go on to. What a busy few sessions!



Over on TEAM, we have been providing lots of one to one support sessions for the young adults and they have really enjoyed having that quality time with their support workers. We have been supporting on site, in the community and in the home for some. The young adults have been enjoying our resource boxes, exploring the marina and planting seeds to grow our own veg!

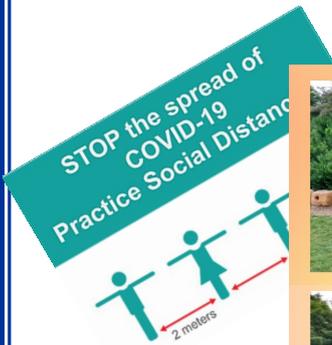


Check out our website www.umbrella.uk.net

What's happening in Play and Leisure

Tuesday Youth Club

The group have been meeting on zoom but had a great time at Markeaton Park on their first outing. They had fun on the park, chatting to their friends and having a picnic. At the present time, all youth clubs are meeting in small groups and following social distancing guidelines.



Thursdays Goodbye Picnic for ZaK

The Thursdays enjoyed a picnic on the park as they said goodbye to Zak. We wish Zak well as he moves on to other services



We want you thoughts on a new teen group?

Do you live in Derbyshire County?
Umbrella are looking at the need for small teen social groups.
This groups would be for young people with a mild to moderate disability that do not need 1-1 or personal care.
If you would more information please contact Nicola.green@umbrella.uk.net



Youth clubs are still being run with the use of technology so please do get in touch if you would like to attend. We will do our best to accommodate families. Please use the contact details on the family support pages or call Nicola Green Directly on 07540 823895.

Global Make Some Noise

From under the sea adventures to stick whittling and mini golf in between, it certainly has been a busy summer on the Global Make Some Noise project.

Things have looked a little different and we have had to reduce our group sizes in order to adhere to the current regulations however this has not stopped us being able to offer a full and varied programme.

The children have been creative making sock puppets and under the sea creatures at the Hub as well as stone decorating at Allestree Park to start a Derby Rocks trail! We also enjoyed a trip to Markeaton Park where we sampled the yummy pizzas at the new pizza Kiosk.



Our older group enjoyed a game of disc golf, put their bush craft skills to the test with stick whittling as well as competing against each other in a stick race at Elvaston Castle and were undeterred on a very rainy day at Allestree park, completing a scavenger hunt and orienteering trail.

It has been lovely to meet some of the children and young people who access this project and I look forward to meeting more over the coming months.



If you are interested in accessing this project, please call our Single Point of Access on the mobile numbers provided on the Family Support page or Email: familysupport@umbrella.uk.net and ask for a referral to Becky Morrison.

We are unable to provide transport. The service will be tailored towards children with mild/moderate disabilities.

An, All About Me Form is required to be completed, to identify if the support is suitable for the child or young person and if we can meet the individuals identified needs.

Check out our website www.umbrella.uk.net

What's happening in Information, Advice and Family Support

Where can I find support for myself?

Umbrella continue operating different phone lines due to the RMC office being closed :

Monday —07889214954

Tuesday, Wednesday and Thursday—07708898998

Friday—07701289703

Parents/ Carers can call between 9.30am-3.30pm. A member of the Family support team will be happy to listen or answer any questions you may have. You can also email familysupport@umbrella.uk.net and someone will get back to you as soon as they can. We have set up internet based support on Facebook which can be accessed on this link www.facebook.com/groups/519504285415381/ and includes instant messenger which will be monitored between 9:30am—3:30pm Mon-Fri.



Summer Fun What our Families have been up to!

We hope all our families have had a great summer a few of our families sent pictures or comments to share with you.



“We've spent more time outdoors than ever before, exploring our lovely area by foot (with the dog) and by bike. We've enjoyed takeaways, playing Mario World on the WiiU, making washing machines out of cardboard boxes, playing football and we visited Bluebell's Farm and Kedleston Hall when we had a friend come to stay who has a car!”



Family Fund

Helping disabled children

Family Fund are the UK's largest charity providing grants for families raising disabled or seriously ill children and young people. They can help with essential items such as washing machines, fridges and clothing but can also consider grants for sensory toys, computers, tablets and much needed family breaks together. See whether your family could apply for a grant from Family Fund by visiting their website www.familyfund.org.uk. If you applied for a grant before April 20 you can now apply for another grant. They have changed the period between applications from 12 months to 8 months. You can also find videos on their YouTube Channel about eligibility, how to apply and stories of families who have received their grant. <https://www.youtube.com/channel/UCs4C58DELZ7fCaAmQByqWPg>

If you would like more information or further support with Family Fund please get in touch with the family support team at familysupport@umbrella.uk.net.

Information, Advice and Family Support Continued

Parent/Carer Support Groups:

Due to postponing all our groups we have created Facebook Pages which will have a Family Support Worker allocated.

. Please see below information about the different groups.

Derby City (Morning Group)

<https://www.facebook.com/groups/2962720243811638/>

Derby City (Afternoon Group)

<https://www.facebook.com/groups/198330544802522/>

Support Through Arts

<https://www.facebook.com/groups/2405836889708275/>

Amber Valley

<https://www.facebook.com/groups/193718375386874/>

Erewash

<https://www.facebook.com/groups/2472927736290870/>

Parent and Boys Group

<https://www.facebook.com/groups/2634215780140995/>

Parent and Girls Group

<https://www.facebook.com/groups/262578301425967/>

Male Carers Group

Zoom call meetings arranged. Please contact the Family Support Team for further information or look at the main Family Support Facebook Group.

Zoom Meetings

We are scheduling Zoom meetings for many of our Support Groups. If you are unable to access Facebook but would like to join these meetings please send us an email at familysupport@umbrella.uk.net and we will send you all the details about how to join. Here are the next scheduled meetings:

Wed, Sept 2nd

07:30 PM

City Afternoon

ID: 78163771003

Passcode:SYqc8T

Wed, Sept 9th

07:30 PM

Erewash group

ID: 79618056177

Passcode: 0rUJCz

Thu, Sept 10th

11:00 AM

City Morning

ID: 74837644471

Passcode:07Be39

Tue, Sept 15th

07:30 PM

Belper

ID: 78467100282

Passcode:8gQM5

UMBRELLA SUPPORT GROUPS

We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment.

Please ensure that you adhere to the ethos of the groups at all times.

Fundraising and Volunteering



All the lovely entries we had for our photograph competition will be made into a 2021 calendar! More information coming soon!

In August we had an extremely thoughtful donation of £215.39 dropped off by the husband of Shirley W.

Shirley was a children's worker for Derby City Council for many years and also owned a facility in Derby for young men that needed help getting back on their feet after being released from young offender's institutes. Sadly, Shirley passed away in March, her husband and daughter collected money at Shirley's funeral which they have kindly donated to Umbrella in Shirley's memory.

We are extremely grateful for this donation. Shirley did wonderful work and we are certain her memory will live on for many years through many people whose lives she has touched.

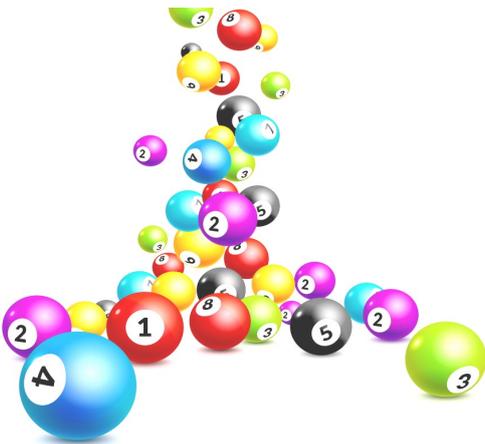
Thank You



Thank you to everyone who has made a donation through the PayPal Giving Fund.

We have no way to know who has donated because Paypal collect donations and forward them to us in the form of a cheque. This month we had the biggest one yet receiving a whopping £1,400!

This is going to make such a difference to Umbrella during these times and we appreciate everyone who has supported us through the fund.



In it to win it!

A brilliant way to help raise money for Umbrella and also be in with a chance of winning something for yourself is to join the Umbrella Lottery!

For just £1 a week per line, you can win up to £25,000 each week and entering is really quick & easy (it takes less than two minutes!) If you haven't already signed up, you can find out how on the link below

<https://www.unitylottery.co.uk/causes/umbrella/>

Looking for a way to help Umbrella without spending extra money?

If you shop online or have taken to shopping online in recent times, you can raise money for Umbrella by shopping with our partners. Signing up is easy, you can either Google the names or click on the images below if you are reading this electronically.



Give as you Live®



Apple Volcanoes!

Grab your apples! You can use all types of different colour apples. In fact, if you don't want to waste food, grab some bad apples and give it ago.

YOU WILL NEED:

- Apples
- Baking Soda
- Vinegar
- Container to catch the fizz
- Knife to carve out a hole (for adults to do!)



HOW TO SET UP AN APPLE VOLCANO

1. Put your apple on a dish, pie plate, or tray to catch the run off.
2. An adult should use a knife to cut a hole or vessel in the top of the apple about halfway down.
3. You can then put a couple of spoonful's of baking soda into the hole.
Hint: Add a drop of dish soap if you want a foamier eruption! The chemical eruption will produce more bubbles with the added dish soap and create more run off too!
4. Add a few drops of food colouring if you want. Mix it up and pair different colours with different apples.
5. You will want to pour your vinegar into an easy to use cup. You could use eye droppers or turkey basters for extra fun! Pouring straight from a cup into the apple will produce a more dramatic volcano effect. While using a baster or eyedropper will have a smaller eruption. However, the kids will also have a blast exploring with these science tools.

Check out fizzing red and green apples with all sorts of colours and why not give it a try!

Send us your pictures of you trying this activity we would love to see how you got on! Email us at familysupport@umbrella.uk.net



what's on



International Day
of Charity



Monthly Festivals and Awareness Days

- 1st—30th September - Festival of Learning
- 5th September - United Nations International day of Charity
- 6th September - National Read a Book Day
- 7th September - Youth Mental Health Day
- 10th September - Suicide Prevention Day
- 14th September - Jeans for genes day
- 19th September - International Talk Like a Pirate Day
- 20th September - Recycle Week
- 21st September - International Happiness Week
- 26th September- European Day of Languages
- 28th September - Healthy Eating Week

Festival of
Learning
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healthy
eating
Week

TALK LIKE
A PIRATE DAY



Other Information



Staunton Harold Sailability Trust

Sailability are a registered charity offering sailing and waterborne activities and experiences for children and adults with any form of disability throughout the Midlands. They are based at Staunton Harold reservoir, near Melbourne, Derbyshire, alongside Staunton Harold Sailing Club.

They provide a safe environment where participants can experience sailing in special dinghies, either sailing alone or with an instructor or other participants. They also offer sensory experiences for those who wish to experience being on the water with rides in the powerboats. Each session will build upon skills at a rate dictated by each participant.

They ask for a small donation of £5 for each session. If you need assistance with funding, then the Trust may be able to help.

They meet approximately one Sunday morning per month between the end of March and early October and also have occasional Friday evening or Saturday morning meetings and an end of year awards presentation evening.

The 2020 programme has been disrupted due to the Covid-19 situation and is restricted but they hope that to offer a full programme of activities and support in 2021.

They have a website and are on Facebook, Twitter and Instagram where you can find further details about activities. The details are as follows.

 <http://www.shst.org.uk>  shsailability
 SH Sailability Trust  Staunton Harold Sailability Trust

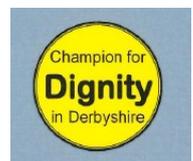
Umbrella Information Office

The Ronnie MacKeith Child Development Centre
Royal Derby Hospital
Uttoxeter Road
Derby DE22 3NE

Telephone 01332 785658



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