



Working to improve the quality of life for disabled children, young people and their families in Derby City and Southern Derbyshire

December 2020

We're
OPEN

Annie's Place is now OPEN!

On November the 16th our new building, Annie's Place, opened its doors to our young adults for the very first time. The final stages of getting the building ready to open were an extremely busy time for us here at Umbrella. We are so very grateful to everyone who has made it possible to get Annie's place ready to such a high standard, it wouldn't have been possible without the generous support of some amazing friends of Umbrella.

Our chief executive Ann Rowlands did a big reveal live on Facebook just before we opened our doors for the first time. If you missed it, you can still view it using the following link: <https://fb.watch/1O0VtZAa-7/>.

We are just at the end of our second week of being open and the reactions of our young adults to their new building have been amazing. Everyone has settled into the new space brilliantly and are looking forward to the new and exciting opportunities Annie's place has to offer.

Although we would have loved to have a grand opening party we have had to put this on hold for the time being. We hope that when Covid-19 restrictions are lifted we will be able to open our doors and share with you our amazing new building.

Umbrella would also like to THANK everyone who donated so generously and fulfilled the donation requests on our Amazon wish list. This has been a huge help in getting Annie's Place off the ground, so that we can offer even more tailored support for our users.



[@UmbrellaDerby](https://twitter.com/UmbrellaDerby)



[Umbrella Derby and Derbyshire](https://www.facebook.com/UmbrellaDerbyandDerbyshire)

What's happening in Children's Services



The children have been on some great adventures out and about over the last month despite some wet weather at times.



While we were still able to, a small group of children went on a trip to the National Adventure Farm. They enjoyed tractor rides and seeing all the animals. Violet and James bravely fed the goats with their support workers. James and Jovan loved the chase to be racing car drivers.

We had our very first children's trip at our wonderful new building, Annie's Place as well. Amber had fun playing on the park which it leads right out to. We can't wait for many more trips here.

Louie went to pick pumpkins with his support worker. He confidently chose the ones he wanted and carefully weighed them before paying.



Check out our website www.umbrella.uk.net

What's happening in Adult Services

TEAM 1:1 supports

This month, Umbrella celebrated the opening of our brand new venue, The Annie Hall Centre and the young adults took no time to get settled in. Having the use of an additional venue has allowed some of our Umbrella young adults to meet up with their friends again after many months of only 1:1 supports. The groups are much smaller than usual but it has been amazing to see the smiles on everyone's faces as they greet each other when entering the building.



1:1 supports have been continuing out in the community and our young adults have been making the most of the mild, dry weather. Adam has visited many parks with his support worker and has enjoyed scaring passers-by by going as high as he possibly can on the swings!

INDE group supports

The INDE groups have also been making use of Annie's place already. This month, they enjoyed making bird feeders that they then hung up around the local park so that the birds could be well fed during the winter. I think it's safe to say that everyone is enjoying our wonderful new building.



Check out our website www.umbrella.uk.net

What's happening in Play and Leisure



Santa visits at Annie's Place



This year we are unable to offer our traditional family Christmas Party for Umbrella families. However we are booking visits to see Santa!

You will be able to see Santa, your child/children will receive a gift, you will be able to take a photograph and after the visit enjoy a mince pie/cake and a drink

The dates for the visits are:

Sunday 13th December – Annie's Place, 8 Bedford Close, Derby DE22 3HQ – Morning and afternoon visits available

The cost of the visit is £5.00 per child/adult who are receiving a gift from Santa

Umbrella will be following social distancing guidelines at all times and Santa will be wearing a visor during your visit. We do need to be mindful of the numbers attending each session, can you please book for immediate family members only

Please contact Nicola Green if this is something you would like to attend: nicola.green@umbrella.uk.net

**Umbrella have been successful in their bid for funding from Derbyshire Youth action to support the New Teen Groups!
The groups will be held in Derbyshire and will support young people 12+ with a mild to moderate disability.**

Siblings Group 11-17 years

Have you got a brother or sister with a disability?
We are looking for new members to join the siblings group.

Tuesday Youth Club

We have places at the Tuesday youth club

This group is for young people aged 12 to 18 years with a mild to moderate disability

Thursdays youth club

We have places available at the Thursdays club

This group is for young people aged 12 to 18 years with High Functioning Autism

Raindrops Choir

We are looking for children and young people that would like to join the Umbrella Raindrops Choir. The Choir is for young people aged 8 years and over.
Come along and enjoy the fun!

If you would like more information on any of the groups listed above or are interested in your child attending

Please get in touch with Nicola Green @ Nicola.green@umbrella.uk.net



Youth clubs are still being run with the use of technology so please do get in touch if you would like to attend. We will do our best to accommodate families. Please use the contact details on the family support pages or call Nicola Green Directly on 07540 823895.

What's happening in Information, Advice and Family Support

Where can I find support for myself?

Umbrella continue operating different phone lines due to the RMC office being closed:

Monday - 07701289703 - Kelly
Tuesday, Wednesday and Thursday - 07708898998 - Alisha
Friday - 07701289703 - Kelly

Parents/ Carers can call between 9.30am-3.30pm. A member of the Family support team will be happy to listen or answer any questions you may have. You can also email familysupport@umbrella.uk.net and someone will get back to you as soon as they can. We have set up internet based support on Facebook which can be accessed on this link www.facebook.com/groups/519504285415381/ and includes instant messenger which will be monitored between 9:30am—3:30pm Monday-Friday.

Christmas with a difference....



Hi Everyone,

I am sure you are not surprised to hear our Carers Christmas lunches will not take place this year. As soon as it is safe for us to meet face to face again, we will definitely get together for lunch and a good catch up with each other.

Our December support groups will continue by Zoom and we will be joined by Marie for a light hearted and fun festive arts session. Marie used to work at Umbrella and is aware of how important our Parent and Carers are to the organisation. Of course you do not have to take part, you can watch and you might decide to have a go later with your children. Everything you need to take part is listed on the poster attached. (If you would like to take part and need help to get the items needed then do let us know asap and we will try to help).



I'll let you into a secret, I am absolutely useless at any art and crafts. My daughter used to go to her friend's house for any messy play sessions and in turn my house was for baking sessions and mid-night feasts. I am determined to make a gift tag during this session So why not treat yourself to a little time out in the company of others who know and understand that caring for a child or young person with any special need can be difficult.



Male Carers, Dads, Grandads, Foster Carers.....

on **Monday 14th December** its male carers support group at 7pm. We have decided to have a festive quiz. Our quiz master is Graeme, a front line worker at Umbrella, but that's not all he does. Why not join us and hear more about Graeme's work at Umbrella and his other jobs as well. The group will meet on Zoom. So make your favourite drink, whether that's tea/coffee or a beer and join us for a little bit of fun.

All the Family Support team will look forward to seeing you at the upcoming Christmas Online events - Alisha



Information, Advice and Family Support Continued



Parent and Carers Support through Art.



Thank you to everyone who took part in the first Zoom Art group. We have had a lot of fun decorating a jar with snowy effect for winter.

We wanted to share some of our creations with you.

Next month we are making poinsettias out of napkins. Please get in touch with the Family Support Team if you would like to take part.



Merry Christmas!



The Family Support Team would like to wish you all a very Merry Christmas and a Happy New Year.

This year we will be closed from:

2pm on Thursday 24th December until Monday the 4th of January 2021.

Global Make Some Noise



If you are interested in accessing this project aimed at children with mild to moderate disabilities, please call our Single Point of Access on the mobile numbers provided on the Family Support page or Email: familysupport@umbrella.uk.net and ask for a referral to Becky Morrison.

An All About Me Form is required to be completed to identify if the support is suitable for the child or young person and if we can meet the individuals identified needs. Please note, transport cannot be provided by Umbrella.

Check out our website www.umbrella.uk.net

Information, Advice and Family Support Continued

Parent/Carer Support Groups

Due to postponing all our face to face groups we have created Facebook and Zoom Groups. Facebook Groups are continuous throughout the week and instant messenger is available from 9:30am-3:30pm during the working week. We are holding online Support groups on Zoom on the dates below we will have guest speakers who will be joining us too. Please see chart for log in details. If you require further information please get in touch with our family support team.

We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment.

Please ensure that you adhere to the ethos of the groups at all times.

Derby City (Morning Group) https://www.facebook.com/groups/2962720243811638/ ZOOM: 1st Wednesday in the Month Time: 12.30 pm to 14.30 pm		Derby City (Afternoon Group) https://www.facebook.com/groups/198330544802522/ ZOOM: 1st Wednesday in the Month Time: 12.30 pm to 14.30 pm	
2nd Dec	Festive crafts with Marie Hegarty 1.5hrs	2nd Dec	Festive crafts with Marie Hegarty 1.5hrs
ID	940 0346 9121	ID	959 6376 4175
Password	803006	Password	671272
Support through Arts (Booking is required) https://www.facebook.com/groups/2405836889708275/ ZOOM: 3rd Thursday in the Month Time: 11.30am to 12.30pm		Amber Valley https://www.facebook.com/groups/193718375386874/ ZOOM: 2nd Thursday in the Month Time: 10am to 12 noon	
17th Dec	Make your own Poinsettias	10th Dec	Festive crafts with Marie Hegarty 1.5hrs
ID	914 3660 4418	ID	940 7104 5932
Password	892516	Password	179232
Erewash https://www.facebook.com/groups/2472927736290870/ ZOOM: Last Wednesday in the Month Time: 10am to 12 noon		Male Carers ZOOM: 1st Monday in the Month Time: From 7:00pm	
16th Dec	Festive crafts with Marie Hegarty 1.5hrs	14th Dec	Festive quiz with Graeme and Karis
ID	917 6285 0138	ID	941 6148 7474
Password	554542	Password	702951

Parent and Boys Group

<https://www.facebook.com/groups/2634215780140995/>

Parent and Girls Group

<https://www.facebook.com/groups/262578301425967/>

Monthly Festivals and Awareness Days

Tree Dressing day - 1st December
 Grief Awareness week - 2nd- 5th December
 International day for persons with disabilities Day - 3rd December
 International Volunteer day - 5th December
 Bodhi Day – 8th December
 World Human Rights Day - 10th December
 Hanukkah—10th – 18th December
 Christmas Jumper Day - 11th December
 Arabic language Day -18th December
 Festival of Winter Walks - 20th December – 5th January 2021
 Christmas Day - 25th December
 Boxing Day - 26th December
 New Years Eve - 31st December



Friday 11th
December 2020



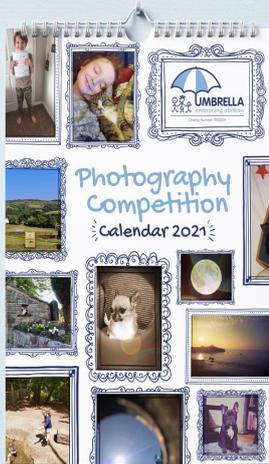
The New Umbrella 2021 Calendar is out now!

We had such an amazing response to the Umbrella Photography competition from families, volunteers and staff, that we decided to include all the entries in wonderful calendar. These will make fantastic gifts for festive season.

The Calendar cost £10.00 each and payable by Bacs and payment is required when you place your order please.

To order your calendar please contact Nicola Green - Nicola.green@umbrella.uk.net

Orders need to be placed by Monday 7th December 2020



The Elf Trail returns to Markeaton Park! Enter the competition to be in with chance of winning some great prizes.

For more information please follow the link:

www.derbylive.co.uk/whats-on/elf-trail/

Sensory Box Survey

A new company is setting up a sensory box subscription service and they need your help. They would like to know what types of things that may be wanted/ needed in them and what would be an affordable cost for parents/carers.

Please take this short survey to help them:

<https://www.surveymonkey.co.uk/r/XWN7CT5>





Fundraising and Volunteering

Christmas Raffle

It's that time of year when we look forward to our winter raffle!
This year we are holding our event Virtually and we need your help to spread the word.
Please tell your friends, family and co-workers!

**£25 cash * Luxury hampers * Treatment vouchers * Perfume sets
Bungee Jump experience voucher * Family days out * and more!**

Tickets £1 each



Payment via BACS 20-25-85; A/c 23201473 Or via PayPal to
Admin@umbrella.uk.net, Please use the friend/family option.

Please use the Reference "Winter Draw"

Once payment has been confirmed, Michelle our
Volunteer coordinator will send you a virtual ticket.



Winners will be announced via Live stream on Umbrella's Facebook page on
Monday 14th December at 2pm. Full list of prizes will be published on Facebook soon.

Looking for a New Years Resolution?

Why not chose to give back and support Umbrella for the year? An easy way to do this
is the lottery!

A brilliant way to help raise money for Umbrella and also be in with a
chance of winning something for yourself is to join the Umbrella Lottery!

For just £1 a week per line, you can win up to £25,000 each week and
entering is really quick & easy (it takes less than two minutes!) If you
haven't already signed up, you can find out how via this link.

<https://www.unitylottery.co.uk/causes/umbrella/>



We started the lottery just over a year ago and were excited to hear
that someone we know has won £1,000..... just in time for Christmas
too, what a lovely surprise! Here is Glynis (mum to Michelle—our
Volunteer Services Coordinator) with her cheque



Looking for a way to help Umbrella without spending extra money?

If you shop online or have taken to shopping online in recent times, you can raise
money for Umbrella by shopping with our partners. Signing up is easy, you can either
Google the names or click on the images below if you are reading this electronically.



Give as you Live®



Other Information



Join them for a series of free, fun and festive events to celebrate the Christmas season!

Tuesday 1st December - Head to their YouTube channel and Facebook page for a free video from artist Natalie Sweeney, founder of Patchwork Creative, where she'll take you through a series of **Christmas Crafts** that you can use to decorate your home or give as gifts.

Tuesday 8th December - Head to their YouTube channel and Facebook page for a free video from chef Matt Cunningham, where he'll show you how to **bake some tasty festive treats!**

Tuesday 15th December - Head to their YouTube channel and Facebook page for a Free video from music teacher and accompanist Gill Jackson for a sing-along of Christmas songs - a great opportunity for some festive fun!

The Main Event—A virtual Christmas Party! Monday 21st December - 16:00-17:00

They are hosting a virtual Autism Alliance Christmas Party (via Zoom) where **Magician** and entertainer **Paul Brown from Magical Mayhem** will deliver a live interactive **Magic Show** straight to your living room. Bring along friends and family to enjoy this fun, free event.

This show is for all ages and abilities and Paul will use Makaton alongside performing his magic to ensure that guests of all abilities feel and experience the magic!

To book your place at the Christmas Party and to enjoy the magical fun, email: autismservice@citizensadvicemidmercia.org.uk or call 01332 228790. We will then share with you the Zoom log-in details.



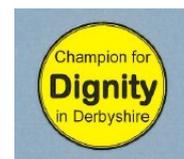
Umbrella Information Office

The Ronnie MacKeith Child Development Centre
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Uttoxeter Road
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Telephone 01332 785658



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Umbrella House
64 Birdcage Walk
Mackworth
Derby
DE22 4LD



Derby City Council

**Website: www.umbrella.uk.net
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Please note that all the views expressed in the Umbrella Bulletin are not necessarily Umbrella's views