



Working to improve the quality of life for disabled children, young people and their families in Derby City and Southern Derbyshire

November 2020

Umbrella is proud to announce that our long-standing Chief Executive Ann Rowlands has been awarded an MBE in the Queen's Birthday Honours list in recognition for her services to disabled children and young people in Derbyshire.

Ann says 'I am absolutely delighted and honoured to be awarded an MBE. Credit for the award must go to the whole Umbrella family – the wonderful Trustees, staff, volunteers and fundraisers who have all supported and worked tirelessly to improve services and opportunities for disabled children and young adults. I am amazingly proud and privileged to have had the opportunity to be part of the lives of so many fabulous children and young adults. I have fondly watched them grow and develop, but I will never forget the beautiful children and young adults who sadly lost their incredible fights for life. I truly have the best job in the world'.

Nigel Farrow, Umbrella Trustee says 'Ann richly deserves this award for her dedication and hard work over many years. All that she does is underpinned by a passion and commitment to families of disabled children and their families. She is well known and highly respected by users of the service, trustees, staff, partner organisations and supporters alike.

Ann has worked at Umbrella since 1996, becoming the Chief Executive in 1999. The 61 year old spent her early career in her childhood town of Nuneaton before moving to Derbyshire with her husband in 1986. Ann is the mother of 3 young adults one of whom has a learning difficulty which has helped her to understand some of the challenges families face.

Ann joined Umbrella as a Play Worker where she helped to set up a play scheme for children with very complex disabilities to ensure they had fun times during the holidays and the opportunity to meet up with their school friends

Ann's latest achievement has been to oversee the complete renovation of a Derby City Council owned building which will allow Umbrella to deliver more services particularly to ensure young adults have the opportunity to develop their independence skills. The renovation will be completed by the end of November. The centre will be named "The Annie Hall Centre" in memory of Umbrella's much-loved friend and Trustee Annie Hall who sadly lost her life in the floods of 2019



[@UmbrellaDerby](https://twitter.com/UmbrellaDerby)



[Umbrella Derby and Derbyshire](https://www.facebook.com/UmbrellaDerbyandDerbyshire)

What's happening in Children's Services



Great News!

Derby City Council have awarded Umbrella an extension on our Short Breaks Contract until April 2022. Children's Services support about 100 children through this project; providing amazing opportunities and experiences for them to take part in with Umbrella Support Workers.

Children's Trips

With carefully planning around current restrictions, our children have managed to get out and about in small groups this month.

Paint-A-Pot at Markeaton Park kindly set up a session outside in the courtyard for us. The children had to take care, focus and used their creativity to decorate some clay models.

The group also bought some bird feed and had fun feeding the birds together.



One to One Supports

Lots of our children have been getting active during their one to one support sessions over the last month.



Josh loves Umbrella on group trips and has recently started going out one to one with his support worker Karis.



Charlie certainly has lots of strength to hang on the monkey bars and enjoy all the other adventure playground equipment.

George has a great bike which he has had the chance to go out and about on.

Check out our website www.umbrella.uk.net

What's happening in Adult Services

TEAM 1:1 supports

Some of our young adults have continued to enjoy getting out and about to as many places as possible this month.

Hamish has visited a lovely coffee shop in Mickleover where he had a delicious chocolate milkshake and has also enjoyed a trip to town where he explored the Museum and art gallery along with a walk along the river.

Matthew visited Derby Airfield in Hilton who were very accommodating and allowed Matthew to watch the planes taking off and landing! Matthew thoroughly enjoyed this and couldn't wait to tell everyone about his experience when he got back to Umbrella House.

David enjoyed a game of bowling with his support worker Karis before his afternoon at college.



INDE group supports

The INDE groups have also enjoyed their various community based activities this month. They visited Derby City centre where they followed the star trail and learnt some interesting facts about Derby and it's history. Carlos knew lots of facts about Derby and some of it's famous historic residents and he enjoyed sharing his knowledge with the other young adults. They then had a chance to do some spray paint graffiti which they all loved!

The group also visited Markeaton Park and even though it was a wet and windy day, it didn't stop them from having fun! Amy thoroughly enjoyed a go on the swings and some of the young adults even braved the wet slide!



Check out our website www.umbrella.uk.net

What's happening in Play and Leisure



Tuesday Youth Club

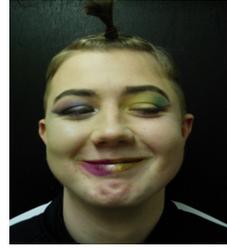


Tuesday Youth club had a fantastic time in Derby's Cathedral Quarter taking part in the Murder Mystery Treasure Trail.



Thursday Youth Group

This month The Group said Goodbye to Jacob. Jacob had been coming along to the Thursday club for the last 4 years and was a very popular member of the group and will be missed. Good Luck Jacob!



Siblings Group 11-17 years

Have you got a brother or sister with a disability?
We are looking for new members to join the siblings group.

If you would like more information
Please get in touch with Nicola Green: Nicola.green@umbrella.uk.net

**Umbrella have been successful in their bid for funding from Derbyshire Youth action to support the New Teen Groups!
Look out for more information coming soon.....**



Youth clubs are still being run with the use of technology so please do get in touch if you would like to attend. We will do our best to accommodate families. Please use the contact details on the family support pages or call Nicola Green Directly on 07540 823895.

Global Make Some Noise– Childrens Activities



We have been busy over the last month organising our October Half Term holiday programme. The children and young people will have the opportunity to participate in lots of fun activities including a trip to Bluebells Farm and lots of Halloween crafts and games at The Hub.

Belper Club is Back!!!

We are really excited to be able to restart our monthly Belper Saturday Club on 24th October. Of course it will be a little different than before. We will now be offering a morning session 9:30am – 12:30pm and an afternoon session 1:15pm – 4:15pm. We are really looking forward to welcoming children and young people back to the club.



If you are interested in accessing this project, please call our Single Point of Access on the mobile numbers provided on the Family Support page or Email: familysupport@umbrella.uk.net and ask for a referral to Becky Morrison.

We are unable to provide transport. The service will be tailored towards children with mild/moderate disabilities.

An, All About Me Form is required to be completed, to identify if the support is suitable for the child or young person and if we can meet the individuals identified needs.

Check out our website www.umbrella.uk.net

What's happening in Information, Advice and Family Support

Where can I find support for myself?

Umbrella continue operating different phone lines due to the RMC office being closed:

Monday - 07701289703 - Kelly
Tuesday, Wednesday and Thursday - 07708898998 - Alisha
Friday - 07701289703 - Kelly

Parents/ Carers can call between 9.30am-3.30pm. A member of the Family support team will be happy to listen or answer any questions you may have. You can also email familysupport@umbrella.uk.net and someone will get back to you as soon as they can. We have set up internet based support on Facebook which can be accessed on this link www.facebook.com/groups/519504285415381/ and includes instant messenger which will be monitored between 9:30am—3:30pm Monday-Friday.

Service Update:

We hope that you are all keeping safe and well. It has been such a strange and difficult few months for everyone and we know that you have been missing your face to face support groups, we have been missing you too. We have been pleased to see so many of you engaging in our zoom groups and we thank you for your patience and support as we have worked to find the safest ways to offer support groups at this time. We have come up with a plan for how we can safely deliver some face to face support to those who would like it. We will however have limited capacity to start with and will be building on this over the coming weeks and months if demand allows.

From the beginning of November 2020:

All of our zoom groups will be running on the days and at the times that you would usually have attended a face to face support group, please see our support group page for an update if you can't remember when this would usually be. We thank Alisha for all of her hard work over the last few months in running the zoom groups, but also from November all of the groups apart from the male carers group will go back to their usual family support worker, this information is in the table below also. The Family support team will send out invites with log in details for these groups as usual and with details of whether these are open meetings or whether we have a specific workshop or speaker scheduled for the meeting. Alisha is working hard to find speakers who can attend some of our zoom meetings so that they will feel a little more like our usual face to face groups.

In addition to our Zoom groups we will be introducing two walking groups. With current venues and restrictions on numbers it is difficult for us to adequately socially distance inside, so in the interest of keeping everyone safe we have decided that for now we will have one group in Derby city and one in Derbyshire county who meet face to face for a walk, either starting or ending at a place to get a take away drink or ending at a café with outdoor seating where you can sit and have a drink if the weather allows. These groups will be limited in size to 5 parent/carers and one family support worker. You will need to book a spot for these. We realise that this may not be for everyone and also that to begin with the capacity will be very small, but we hope to expand this if the trial in November goes well. Further details on how to book and venues, dates and times will be sent to you as soon as we have them.

We thank you all for your continued support and patience as we navigate this situation and we can't wait to see you all soon, whether that be virtually or in person.



Information, Advice and Family Support Continued

Parent/Carer Support Groups

Due to postponing all our face to face groups we have created Facebook and Zoom Groups. Facebook Groups are continuous throughout the week and instant messenger is available from 9:30am-3:30pm during the working week.

We are holding online Support groups on Zoom on the dates below we will have guest speakers who will be joining us too. Please see chart for log in details. If you require further information please get in touch with our family support team.

We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment.

Please ensure that you adhere to the ethos of the groups at all times.

Derby City (Morning Group) https://www.facebook.com/groups/2962720243811638/ ZOOM: 1st Wednesday in the Month Time: 12.30 pm to 14.30 pm		Derby City (Afternoon Group) https://www.facebook.com/groups/198330544802522/ ZOOM: 1st Wednesday in the Month Time: 12.30 pm to 14.30 pm	
4 Nov	Citizens advice Mid Merica – Emergency Cards	4 Nov	Lucie Radova Safe & Sound
ID	986 7412 3554	ID	97612887214
Password	054855	Password	675855 675855
Support through Arts (Booking is required) https://www.facebook.com/groups/2405836889708275/ ZOOM: 3rd Thursday in the Month Time: 11.30am to 12.30pm		Amber Valley https://www.facebook.com/groups/193718375386874/ ZOOM: 2nd Thursday in the Month Time: 10am to 12 noon	
19 Nov	Christmas Jars	12 Nov	
ID	986 9970 5524	ID	98776601339
Password	494852	Password	715494
Erewash https://www.facebook.com/groups/2472927736290870/ ZOOM: Last Wednesday in the Month Time: 10am to 12 noon		Male Carers ZOOM: 1st Monday in the Month Time: 6pm to 7:30pm	
25 Nov		11th Nov	Attending Umbrella AGM
ID	99316673426	ID	95038311377
Password	521462	Password	910300

Parent and Boys Group

<https://www.facebook.com/groups/2634215780140995/>

Parent and Girls Group

<https://www.facebook.com/groups/262578301425967/>

Monthly Festivals and Awareness Days

NO NEED TO SPEED

ROAD SAFETY WEEK
16-22 November 2020



Veg Pledge 1st - 30th November
November – Men`s Health
World Vegan Day - 1st November
National Authors day - 1st November
2nd – 6th November - International Stress Week
Stress Awareness Day - 6th November
National Sandwich Day - 3rd November
Guy Fawkes Night - 5th November
11th-16th November - Alcohol awareness Week
11th-16th November - Sugar Awareness Week
11th -15th November - Anti Bullying Week
Remembrance Day - 11th November
World Kindness Day 13th November
Diwali - 14th November
16th -22th November - Road Safety Week
16th -20th November - Nursery Rhyme Week
Men`s Day -19th November
Universal Childrens Day - 20th November
White Ribbon Day - 25th November
Carers Rights Day - 26th November
St Andrews Day - 30th November



Umbrella Santa Visits at Annie's Place

This year we are unable to offer our traditional family Christmas Party for Umbrella families

Umbrella would still like to offer the children and young adults, mums and dads the opportunity to see Santa and receive a gift.

We are looking at offering bookable slots, during this time you can see Santa receive a gift , be able to take a photograph and then enjoy a drink with a mince pie or a cake Umbrella will ask a small donation for the visit

Umbrella will be following social distancing guidelines at all times and Santa will be wearing a visor during your visit

Please contact Nicola if this is something you would like to attend.

nicola.green@umbrella.uk.net



Fundraising and Volunteering

Christmas Raffle

It's that time of year when we look forward to our winter raffle! This year we are holding our event Virtually and we need your help to spread the word. Please tell your friends, family and co-workers.

We have some wonderful prizes up for grabs this year including:

£25 cash * Luxury hampers * Treatment vouchers * Perfume sets

Bungee Jump experience voucher * Family days out * and more!

Tickets are £1 each

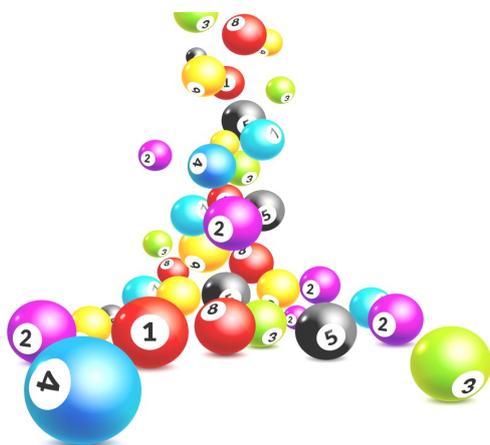
Payment via BACS 20-25-85; A/c 23201473 Or via PayPal to Admin@umbrella.uk.net, Please use the friend/family option. Please use the Reference "Winter Draw"



Once payment has been confirmed, Michelle our Volunteer coordinator will send you a virtual ticket.

Winners will be announced via Live stream on Umbrellas Facebook page on Monday 14th December at 2pm.

Full list of prizes will be published on the website soon.



In it to win it!

A brilliant way to help raise money for Umbrella and also be in with a chance of winning something for yourself is to join the Umbrella Lottery!

For just £1 a week per line, you can win up to £25,000 each week and entering is really quick & easy (it takes less than two minutes!) If you haven't already signed up, you can find out how on the link below

<https://www.unitylottery.co.uk/causes/umbrella/>

Looking for a way to help Umbrella without spending extra money?

If you shop online or have taken to shopping online in recent times, you can raise money for Umbrella by shopping with our partners. Signing up is easy, you can either Google the names or click on the images below if you are reading this electronically.

amazonsmile
You shop. Amazon gives.



Give as you Live®

PayPal
Giving Fund

RIVIERA
T R A V E L

Other Information



Umbrella Calendars

Watch out in the next few weeks for our **NEW** Calendars!

We are using photos from our fantastic Photography Competition!

Thank you again to all our participants.



Happy Diwali to everyone who is celebrating the festival of light on the 14th November.

May the Divine Light of Diwali spread into your life peace, prosperity, happiness and good health.

Umbrella would like to invite you to our Annual General Meeting.

On: Wednesday 11th November 2020
At: 7pm

This year our AGM will be online. We would love to see you - please let us know you can join us by calling the office on: **01332 521229** or email: **dianem@umbrella.uk.net** or registering directly with the Zoom meeting. Please see meeting information and access passcode below.

Join Zoom Meeting

<https://zoom.us/j/95038311377>

Meeting ID: 950 3831 1377

Passcode: 910300

Agenda, minutes, accounts and our annual report will be forwarded prior to the meeting.

Umbrella Information Office

The Ronnie MacKeith Child Development Centre
Royal Derby Hospital
Uttoxeter Road
Derby DE22 3NE

Telephone 01332 785658



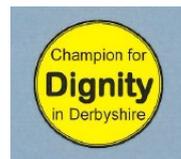
Charity Number 1150203

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Derby City Council

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Please note that all the views expressed in the Umbrella Bulletin are not necessarily Umbrella's views