



We hope this year you will be able to enjoy the festive break with family and friends. Our offices will close at 2pm on Christmas Eve and will re open at 9am on Tuesday 4 January 2022.

Our fabulous frontline staff will also take a much needed break from 2pm on 24 December but will be back earlier to support our wonderful children and young adults. Frontline services will resume on Wednesday 28 December, but we will be closed for the bank holiday to celebrate the new year.

We really missed seeing everyone last year and we are so excited with our plans for some wonderful activities for the whole family this December.

If you are looking for ways to help a charity this year we would be delighted if you could choose Umbrella. Here are some ways you can help in December:

We are absolutely delighted the Rotary Club of Derby have chosen Umbrella as one of their chosen charities to benefit from the much loved Santa Sleigh run this year, please look out for us in Chellaston, Mickleover and Littleover. You may even recognise Santa's elves!

Tesco, Mickleover are kindly allowing us to collect at the store on Sunday 19 December, if you are in the area please pop by and say hello.

You can donate with your mobile by texting UMBRELLA followed by your amount to 70085. I e UMBRELLA5 (Texts cost standard message rate plus donation amount)

And finally, Instead of our usual winter raffle this year, we have 2 tickets to see Strictly live on 9th February (suite seating!) kindly donated from Motorpoint. You enter via text between now and 19th December. To enter, text STRICTLY to 70215.More information on page 7 inside!

WIN



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UMBRELLA ADULT SERVICES



INDE

Recently, the INDE group had a fantastic day at Normanton Park with Community Sports. The young adults all worked on their team building skills and had so much fun. One of the tasks they completed was to make an egg carrier that would prevent the egg from breaking if it was dropped, both teams eggcelled at this! The group then took part in some team games including an egg and spoon race, blindfolded obstacle course where the young adults worked in pairs to guide one another to the end, Zorb football, rounders, and Nerf gun shooting which the young adults were amazing at.

At the end of the afternoon, Dan gave a thank you to the Community Sports staff on behalf of Umbrella and each young adult received a certificate and medal for their achievements. Here are a few comments about the day from the young adults themselves:

Dan - I have had great fun and enjoyed all the sports, staff at Community Sports are great and it's a lovely place. I would happily do it again.

Carlos - I have really enjoyed today. I loved the Nerf guns and zorbing. I would like to do a fun day again. The Community Sports staff are really helpful.

Nicola - I would like to take part in Community Sports again. I really enjoyed the rounders, football and Nerf gun game.

Rachel - I have had a lot of fun, I enjoyed everything today and really would like to do it again. The best bit was the tug of war.

TEAM



With winter drawing in and to celebrate 'Kindness Day', the Friday group decided to make some bug houses for the wildlife and Annie's Place. They used old plastic tubing, wooden canes and moss to create lovely little shelters for the insects. This is also a great way of recycling old materials and helping the planet. Well done everyone.

The Friday group also worked really hard on this beautiful painting in honour of Remembrance Day and Bonfire Night. The painting will be displayed at Annie's for all to see.



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Children's Trips

As Autumn draws in, it's a great time to have lots of conversation about things happening in our local community. We kick started the season off with a Diwali themed trip and made our own clay lamps. Here's James and Daniyal mixing the ingredients for the clay, ready for shaping. We also paid respect to our heroes by making our own poppy wreaths. Here's Theo, developing his fine motor skills with his scissors, patiently taking the time to put his wreath together.



One to One's

Halloween wouldn't be complete without a pumpkin! Meet Amy, she went to the shops with her mum, choose her own pumpkin and then expressed she's like to do this activity with her support worker. They came to Umbrella house for this very messy but fun activity. Amy independently cut the top off and scooped out the middle!

This month Morgan and Jack met up for the first time with their support workers for some lunch and a game of adventure golf. It is very important to provide our young people with the opportunities to make friends and develop their social skills. They did a great job chatting and encouraging each other whilst playing golf and had lots of fun. They are looking forward to meeting up again in the future.



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UMBRELLA PLAY AND LEISURE

Friday Youth Club

The youth club had a Spooky Halloween Party
Lots of fun dressing up and playing games!



Table Tennis Sessions

Are you looking for a new hobby, thinking about trying a new sport?
Have you played Table Tennis before?
Umbrella are working with Derby Community Table Tennis Club to look at developing new table tennis sessions for Umbrella.

www.DerbyCommunityTTC.co.uk

St Michael's Table Tennis Centre is a fantastic venue just outside Derby City Centre.
If you are interested in joining these new sessions
Please get in touch with Nicola Green.

Nicola.green@umbrella.uk.net

Shipley youth club Is moving!

The Shipley youth club is moving to a new venue from January 2022. The group will join together with the Global Make Some Noise Youth club. The group will be held fortnightly from 10:00am-13:00 at the Sawley Community Centre, Draycott Rd Long Eaton Nottinghamshire NG10 3FR. This group is for young people who live in Derbyshire County.

Hilton youth club: We have places available at the Shipley youth club. A weekly youth club on Saturday afternoon from 2:00pm – 4:30pm for young people who live in Erewah, South Derbyshire, South Derbyshire Dales and Amber Valley

Raindrops Choir : We are looking for children and young people to join the Umbrella Raindrops Choir. The Choir is for young people aged 8 years and over. Come along and enjoy the fun!

The Round the World Challenge Walking Group: open to Young people aged 16 + the group is held on Sunday mornings from 11:00am until 1:00pm

Siblings Group 11-17 years: Have you got a brother or sister with a disability? We are looking for new members to join the siblings group. Our monthly group meets on a Thursday evening.



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We would like to thank everyone who has accessed our Family Support Service over the last year. We have been so lucky to have facilitated some wonderful online and Face to Face Support Groups, Carers events and Family Fun Events throughout the summer and October half term.

There are a couple of new changes in the New Year:

From January we are making a few changes to our Support groups. We have made the decision to stop our Derby City Morning group (Broadway Baptist Church), This group is currently not very well attended. Anyone who would like to continue to come to a city support group is welcome to attend our city afternoon group which runs from 12.30-2.30 at Annie's place on the first Wednesday of each month during term time.

In the spring we will be replacing this group with a city walking group which will meet at local parks to have a walk and then to stop for a coffee and cake, watch this space for more details coming soon! We will also be stopping running our try something new group which currently meets once a month at Chester Green. We will be replacing this group with lots of new and exciting carers activities so keep your eyes peeled for more on that soon!

We wish you all a very Merry Christmas!



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FAREWELL FROM GLOBAL MAKE SOME NOISE

The October half term holiday saw our final Global Make Some Noise sessions as sadly we have been unable to secure further funding to be able to continue this project. However this did not stop us enjoying our final sessions.

The children and young people enjoyed lots of fun activities including a trip to Bluebells Farm for their Halloween Festival and a climbing sessions at Clip n Climb followed by a yummy pub lunch. We ended the week with a spooktacular Halloween disco and a trip to Mount Cook to participate in den building, archery and a ride on the zip wire!



In just over two years the Global project has supported over 80 families offering lots of fun and exciting activities to the children and young people whilst also supporting the development of friendships and life skills.

Some words from our children and young people on their experiences of the project are; **'I loved doing things without my mum and feeling like a "normal" teenager.'**

'I liked doing fun things and feeling like I could do things like other kids at school do that I normally can't.'

'I get to be around people who make me feel happy and I worry less'

It has been a privilege to support so many wonderful children and young people.

Huge thanks to our funders at Global Make Some Noise their funding made such a huge difference and we are so incredibly grateful.



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UMBRELLA FUNDRAISING AND VOLUNTEERS

Strictly tickets up for grabs!!

Motorpoint have donated 2 tickets (suited seating) for Strictly Come Dancing Tour at Nottingham arena on 9th February!!

For your chance of winning these tickets, text STRICTLY to 70215.

You will then receive a reply asking for how many entries you would like—you need to make at least one to be in the draw. Entries cost one standard text rate plus £1 per entry.

Winner will be contacted on Monday 20th December and announced in the next bulletin

WIN



We are seeking volunteers during December to help the Rotary Club's Santa Sleigh collection who are raising money for Umbrella. The Sleigh will be happening throughout December in the Mickleover and Littleover area of Derby from 6pm—8.30pm.

If you are able to offer an evening or two to help support this we would love to hear from you!

For more information please contact Becky
rebecca.morrisonvols@umbrella.uk.net



Shop with our partners this Christmas!

You can raise money for Umbrella by shopping with our partners! Signing up is easy, you can either Google the names or click on the images to take you directly to the sites where you can find our more and sign up easily!



Give as you Live®



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Derbyshire Short Breaks Survey

Short Break public consultation, autumn term 2021

Last year Derbyshire Council conducted an initial Short Break public engagement, which enabled us to understand your views of Short Break services in Derbyshire.

They are currently conducting a full public consultation to understand Derbyshire's views and engage in the future development of various aspects of Short Break services and support.

They would greatly appreciate your involvement in completing the online consultation, enabling everyone's voice to be heard. Please follow the links below to take part..

Adult's:

[Short Breaks for disabled children, young people, and their families - survey for adults 2021 - Derbyshire County Council](#)

Children's:

[Short Breaks for disabled children, young people, and their families - survey for children 2021 - Derbyshire County Council](#)

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Thank you Everyone
for our small grants.

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