



Hello everyone my name is Paul Tideswell and I am the new volunteer recruitment coordinator for Umbrella. I have been here just over a month and have enjoyed meeting everybody whilst getting to know how the charity ticks and works. I would like to say a big thank you to all the staff and volunteers for their support and help in making my first month very enjoyable and making me feel most welcome.

As I am responsible for the recruitment and training of volunteers, I am looking at recruiting from the usual routes such as Charity Jobs which allow you to place adverts on their site for free if it is for recruiting volunteers, the DO-IT website, local volunteer services, community groups and charity recruitment events around the County

I also wish to target educational establishments and to forge links with local businesses to build on our volunteer base. Volunteers are one of our most important assets and for the future I would like to hold regular volunteer meetings and social events for them to include a quiz night, awards for volunteers, I see this as an opportunity to get the volunteers together to share their experiences and knowledge and share good practice and updates about Umbrella and of the charity sector in general. I feel this will make them feel a greater connection with the charity and its service users.

My aim over the coming months is to be able to increase the active volunteer base to support all of Umbrella's activities, trips and projects. We have a good solid volunteer base in place and now that Covid rules are lifted more of our activities are becoming available to our service users. Therefore, this is the time for me to make a solid start in supporting all our frontline staff by giving them the extra support of well-trained volunteers.

Thank You for this opportunity to introduce myself to you.



Charity Number 1150203



Umbrella Derby  
and Derbyshire

@UmbrellaDerby

PLEASE  
CONSIDER  
MAKING A SINGLE  
OR MONTHLY  
DONATION AT  
[UMBRELLA.UK.NET](http://UMBRELLA.UK.NET)



# UMBRELLA ADULT SERVICES



Umbrella always provides dignity and care to everyone who accesses our services but our work was formally acknowledged by Derbyshire County Council when they awarded Umbrella a Dignity in Care Award.

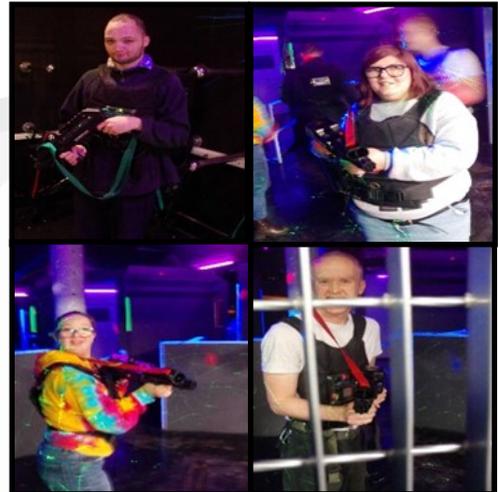
## TEAM

Friday Team's theme this week was road safety. They checked the bikes to see if the tyres were ok and sorted all the helmets into the right boxes. They also made their own crossing lollipops and then practiced looking both ways before crossing the pretend indoor road. Because everyone worked so hard, they were treated to a reflecting star to go on their bags.

## INDE

Saturday INDE had a great day out at Laser Tag, their competitive spirits came out and enjoyed tagging each other!

Wednesday evening INDE had a lovely time on the run up to Christmas making a Christmas characters and Christmas cards using lots of recycled items. They used their fine motor skills by drawing lovely faces on the wooden spoons and by using scissors to cut material. Their imagination in designing different characters was amazing, as you can



Charity Number 1150203



Umbrella Derby  
and Derbyshire

@UmbrellaDerby

## CHILDRENS TRIPS

We have another fun packed couple of weeks over on Children's Trips.

We been to Ilkeston on the bus and tried out the sensory swimming pool. As well as having fun we learnt skills about public transport and how it works. The children had a very calming but fun time in the pool.

We've celebrated the Chinese New Year, as it's the year of the tiger the children made some fantastic tiger face masks. For our snack time we put our cookery skills to good use by making our own spring rolls. They were really yummy!

And some might say it's a little late for panto but oh no! not us! We have had so much fun cheering for Aladdin and booing off that mean Jaffar!



## ONE TO ONES

Supporting our young people to build their independent life skills is so important, especially when it comes to making a nice cup of tea. During his 1:1 supports Louie has been practicing making drinks using the kettle! Last week he made himself a yummy hot chocolate and this week at Annie's place he took orders from the staff there and made 2 cups of tea, a coffee and of course a hot chocolate for himself. Well done Louie they tasted excellent.



## Umbrella Family Butlin's Trip



Great News!

Umbrella are going to Butlin's on Saturday 25<sup>th</sup> June 2022

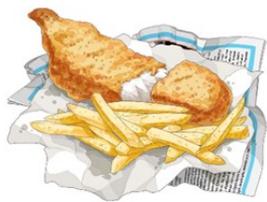
The coach will be leaving Derby 7:30am and returning to Derby at 7:30pm

We are very lucky that the cost has been subsidised and can offer tickets to families at only £20.00 per person.

This price will include admission in to Butlin's and a contribution towards the coaches.

If you have any questions or would like to reserve tickets for the trip

Please contact [Nicola.green@umbrella.uk.net](mailto:Nicola.green@umbrella.uk.net) or call 01332 521229 or 07540 823895



We only have a number of seats available on the coaches and tickets are for Umbrella members



**We Want You!**

### Siblings Group

We currently have places on at the Thursday monthly siblings group.

This group is for young people aged 11 to 18 years who do not have a disability. The group meet from 6:30pm-8:30pm at Umbrella House and out in the community

If you would like more information or would like your child to attend the group

Please contact [Nicola.green@umbrella.uk.net](mailto:Nicola.green@umbrella.uk.net)



**UMBRELLA**  
embracing abilities

Charity Number 1150203



Umbrella Derby  
and Derbyshire

@UmbrellaDerby



## Family Support Roundup

### Support Groups

This month we had our Derby City Group at its new venue Annie's Place we have also combined our AM and PM groups together. We are absolutely delighted by the amount of parents/carers that came to the group. We hope that you enjoyed the session and look forward to seeing you again next month.

Male Carers enjoyed bowling at Tenpin in Derby in February. We all had a wonderful time and hope for more activity evenings in the coming months.

As always with our Belper Group we had a wonderful session. Thank you to all that attended this group.

Girls and Boys Group - Unfortunately due to unforeseen circumstances Girls Group was cancelled this month and Boys group falls in half term. We are looking forward to March's group which will be all things Spring.

### Upcoming Events and Information

Due to the demand for our girls group we are now introducing an earlier group. This will run 5-6pm at Annie's place. You will need to book this session as well but would welcome any new families to this group.

We are excited to be working alongside Inspirative Arts Derby and be in a position to offer you a Free course of 6 x 2hr wellbeing sessions. The sessions will be run by qualified Arts for Health and Wellbeing Specialists who use art, music, dance, drama, relaxation and mindfulness techniques. If you are interested in these sessions then please contact Alisha for further information of dates and times.

Carers Day - Friday the 10th of June.

Although this isn't until June we would just like to share the date with you to keep in your diary. Further information will be coming out over the next few weeks.



## Umbrella Parent/Carer Support Groups

Our support groups meet face to face throughout the month, term time only. We have one Zoom meeting at the end of the month as well as Facebook groups. Our Single Point of Access phone number is - 01332 785658 and Facebook messenger service which is currently available from 10:00am– 2:00pm Monday – Friday.

***We offer a warm friendly welcome at all our support groups, a time to be yourself in a***

<p><b><u>2nd March - Derby City Group</u></b></p> <p><b><u>At:10am– 12pm</u></b> - Annie's Place, 8 Bedford Close, Derby, DE22 3HQ - SEN Awareness &amp; how it presents with Fleur Roseblade - Identifying behaviour signs, meltdowns, etc.</p>	<p><b><u>7th March - Male Carers Group</u></b></p> <p><b><u>On this occasion the group is open to all parents and carers. <u>Booking is essential</u></u></b></p> <p><b><u>At: 7pm</u></b> - meet at Umbrella House, 64 Birdcage Walk, Mackworth DE22 4LD Kev Murphy shares his son's transition to Independent Living and Self Assessment</p>
<p><b><u>10th March - Amber Valley Support Group</u></b></p> <p><b><u>At:10am</u></b> - The Strutts Building, Derby Road, Belper, DE56 1UU. - Presentation by Safe &amp; Sound charity on healthy relationships/body positivity/its ok to say "no" - how we support our young people with these challenges.</p>	<p><b><u>11th March - Parent and Girls Group</u></b></p> <p><b><u>At:6- 8pm</u></b> Annie's Place, 8 Bedford Close, Derby DE22 3HQ. This evenings session will be Spring crafts and activities.</p> <p><b><u>Pre booking essential for this group</u></b></p>
<p><b><u>25th March - Parent and Boys Group</u></b></p> <p><b><u>At:6- 8pm</u></b> Annie's Place, 8 Bedford Close, Derby DE22 3HQ. This evenings session will be Spring crafts and activities.</p> <p><b><u>Pre booking essential for this group</u></b></p>	<p><b><u>30th March—Erewash Support Group</u></b></p> <p><b><u>At: 10am</u></b> - - New Sawley Methodist Church, 214 Tamworth Road, Long Eaton NG10 3GU.</p> <p>Art session with Julie. You do not have to take part—you can watch and chat.</p>
<p><b><u>28th March- Parent Carer Support Group on Zoom</u></b></p> <p><b><u>At:7pm</u></b> - SEN Awareness and how it presents - with Fleur Roseblade - identifying signs of behaviour, meltdowns and some EHCP advice.</p> <p><b><u>Please contact Alisha for Log in details</u></b></p>	



Charity Number 1150203



Umbrella Derby  
and Derbyshire

@UmbrellaDerby

PLEASE  
CONSIDER  
MAKING A SINGLE  
OR MONTHLY  
DONATION AT  
[UMBRELLA.UK.NET](http://UMBRELLA.UK.NET)



# UMBRELLA FUNDRAISING AND VOLUNTEERS

Umbrella is extremely grateful for every donation we receive as they make a huge difference to the children and young adults we support. However when families think of Umbrella in their saddest times, following a bereavement, these donations are even more special. We have received donations in loving memory of

Holley Brewin, our much loved colleague and friend.

Elaine Vasey, a recently retired teacher at St Clare's School, who touched the lives of so many students.

Chris McGuinness, Uncle of Declan, who always supported the White Swan Golf day and despite living many miles away always recognised the importance of Umbrella's work.

Sarah Cooper, Mum of Louis, Leyla and Rueben and special friend.

Donations in memory of loved ones are very special and our young adults are thoroughly enjoying the new electronic whiteboard and sound system which was bought in memory of Liz Sandall and Ellie Morgan. Liz would have been so pleased the children and young adults are benefitting from learning/education and Ellie would have loved the disco balls and karaoke system.

TITLE

## Great News Derby City Short Breaks Contract

We have been awarded a new contract to continue services to children and young people who receive a short breaks service funded by the City Council. Further details in April's bulletin. It will be necessary to change the services slightly to ensure the service comes within budget but please be assured we will still offer an excellent service.

## Shop with our partners

If you shop online or have taken to shopping online in recent times, you can raise money for Umbrella by shopping with our partners. Signing up is easy, you can either Google the names or click on the images to take you directly to the sites where you can find our more and sign up easily!



Give as you Live®



Charity Number 1150203



Umbrella Derby and Derbyshire

@UmbrellaDerby

PLEASE CONSIDER MAKING A SINGLE OR MONTHLY DONATION AT [UMBRELLA.UK.NET](http://UMBRELLA.UK.NET)



# WELCOME TO OUR NEW TEAM MEMBER - AMY

Hello I am Amy Edwards the new Assistant Family Support Coordinator.

## What are you most passionate about;

My family and music

**Name 3 things you could not live without;** 3 things I couldn't live without are Family, wine and chocolate

**What 2 things do you consider yourself to be very good at?** 2 things I am good at is listening and supporting the best I can.

**What aspect of your role at Umbrella are you looking forward to most?** I am most looking forward to helping to support Umbrellas families and working with an amazing team.



**Welcome to Umbrella Amy, we are so lucky to have you on board and know that our wonderful families will love you!**

[www.umbrella.uk.net](http://www.umbrella.uk.net)

[admin@umbrella.uk.net](mailto:admin@umbrella.uk.net)

01332 785658



Supported using public funding by  
**ARTS COUNCIL ENGLAND**



**Umbrella House**  
64 Birdcage Walk,  
Mackworth, Derby,  
DE22 4LD

**Umbrella information Office**  
The Ronnie Mackeith Child  
Development Centre,  
Derby Royal Hospital,  
Uttoxeter Road DE22 3NDE

**The Annie Hall Centre**  
8 Bedford Close ,  
Derby,  
DE22 3HQ



Charity Number 1150203



Umbrella Derby  
and Derbyshire

@UmbrellaDerby