

The past two years have been very difficult for many charities including Umbrella. Staff and Trustees worked very hard to recommence face to face services. Support for vulnerable children and young adults required social distancing and our services were restricted to ensure everyone was able to access some level of support. As we only get paid for every service hour delivered, this proved to be very challenging. But our priority was to keep our service users safe.

Over the past two years we used some of our own reserves to subsidise our short breaks contract but we knew this was not sustainable in the long term. We are absolutely delighted to have secured another contract with Derby City Council to continue to deliver the Short Breaks Service but local authorities are facing financial pressures and the hourly rate paid to providers has not been increased for several years, unfortunately Umbrella's costs have.

As you are aware we always put the children/young people and their families at the heart of our services and we will continue our excellent service but as the hourly rate has not been increased, we need to take into consideration the rise in minimum wage, inflation and the increase of employers NI contributions and it is essential we change the way we deliver services to our families.

We would like to invite our short breaks families to attend a meeting on Tuesday 26 April at 10am to discuss our ideas and to hear your views. The meeting will take place at Annie's Place.

We will discuss the following at the meeting:

Exciting new groups

Staffing levels

Transporting costs and financial implications for Umbrella

Cancellation fees

We have recruited a new Children's Services Project Manager who will oversee this work when she joins the team in May.

The Council will be reviewing every child/young person's service and they have written to everyone about their proposals. We are aware it will take some time for them to undertake this review, so we are continuing with business as usual for now. Working on the assumption that each child will continue with the same hours they were allocated last year, until we are told otherwise. We understand you will not be asked to sign a new contract from April 2022.

If you would like to attend our parents meeting on 26 April please email Family Support at family.support@umbrella.uk.net to book a place.



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UMBRELLA ADULT SERVICES

TEAM



This month has been full of arts and crafts! Our young adults have been learning about the values of Fairtrade, what it means and what we can make out of fair trade products. We looked at different foods from around the world and then made dinners and desserts using Fairtrade produce. Here are two young ladies making Blueberry, banana and honey muffins, they were very tasty.

The young adults also found out about a range of items that people across the world hand make and sell through fair trade and had a go at making our own weaved place mats which came in very handy at lunch time!

The Friday TEAM have also been getting their hands dirty with some crafts. They have been putting the shredded paper from the office to good use and made some fire bricks which can be used on multi burners, BBQ's and fire pits! This was part of their enterprise fund raiser.

The Team group had a visitor, Wendy. Wendy's lovely son used to come to Umbrella before he became very busy with his own life of voluntary work and paid work. A group that Wendy attends have made lots of pompoms and they have made them into bunting and decided to donate them to Umbrella. The Team members really liked exploring the pompoms and we are going to use them in summer when the different groups have parties and BBQs.



The INDE group have been being really supportive and helping our sessions run smoothly. At the Wednesday evening INDE group Jasmin was really kind and helped sort out the group subs. Jasmin was able to count out all the subs which was a massive help!

Saturday INDE had visit from the ROSE Project who talked about exploitation and what it means. The group listened really well and engaged with the discussions. Trust and relationships played a big part in this session and the young adults had to decide where people came on their trust/relationship wheel. E G is a shop worker a close friend and do you give them your phone number?

Saturday INDE have started to plan and plot Annie's new allotment. The group looked at what they would like to grow in the raised beds, looking at the best times of year to plant certain veggies in the poly tunnel or outside in the beds. They have planned what they want in different beds and what the groups would use for making their own meals when at Annie's.



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CHILDRENS TRIPS

February Half Term was so busy and we were so blessed with the weather. It was wonderful to be back at Umbrella House and made use of the garden to enjoy some winter sun. Check out Jovan enjoying some sensory play with leaves, Roderick whizzing round on his scooter and James enjoyed playing catch with his support worker.

Our favourite activity is cooking and baking which tempts the office staff downstairs with all the wonderful smells. Here's Freya baking chocolate brownie's and Mehir and Ellie making a pitta bread pizza lunch.

The very special treat over half term was a visit from 2 community police officers, who kindly let Theo try on a proper police jacket and a sit in the police car.



ONE TO ONES

Recently, Leslie and Anselmo made use of the big hall space at Annie's place with a fun NERF session. They spent some time making targets and positioned them around the hall, some easy and some more challenging ones. They then worked brilliantly as a team, scoring as many points as they could. Leslie was very helpful and kind showing Anselmo how the different NERF guns worked.



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Circus Starr have kindly donated a limited number of tickets to Umbrella to watch their amazing show! There are two shows on Sunday 1st May and this year the Circus will be held at Markeaton Park.

The first show is at 1.30pm

The second show is at 4.00pm

If you would to request tickets or would like more information please contact:

Nicola.green@umbrella.uk.net

Priority will be given to families that have not previously received tickets.

Umbrella are going to Butlin's!

There are a few seats remaining on the coaches going to Butlin's on Saturday 25th June

Tickets are £20.00 per person this covers the admission price and coach

For more information or to book your tickets

Please get in touch with Nicola.green@umbrella.uk.net

We have places at the following groups

Friday Youth Club

Friday youth club are looking for new members to join the group.

This is a fortnightly group held at Annie's Place and out in the community

This group is suitable for young people aged 16 to 30 years with a mild to moderate disability and are not receiving any other service.

Siblings Group

We have places at our regular, monthly sibling group

This group is open to young people who have a sibling with a disability.

This group is for young people aged 11 to 17 years

For more information about the groups

Please get in touch with Nicola.green@umbrella.uk.net



UMBRELLA FAMILY SUPPORT



Support Groups

We have had an amazing time at our well-being session over the last few weeks. The pictures above are a snap shot of what our carers have been doing.

During our Boys and Girls groups the children participated in activities which themed around Spring. They enjoyed sensory play and crafts as well as trying our edible soil and worms!

We have had such great attendance to our other support groups. We are so happy that you are all taking time for your self and meeting new friends. We always welcome new attendees so please do come along to one of them for some tea, cake and a good natter!

We would just like to let you know that we have been receiving a very high level of referrals for our service over the recent weeks. Due to the volume it can take a few days to get back to you.

Carers Week - June 2022

Carers Week is an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face and recognise the contribution they make to families and communities. This year Carers Week will run from Monday 6 until Sunday 12 June and the theme is 'Make caring visible, valued and supported'.

Umbrella Carers celebration is on Friday 10th June at Mickleover Golf Club from 10am to 3pm. Free parking is available. Please save the date into your diary as we would love for you to join us.

We are just putting the final touches to this year event. The plan so far:

- Julian Hart from Calm People is joining us – “power of positive thinking” ,
- Creative therapy relaxation session,
- Arts & crafts
- Flower arranging,
- Lunch
- Free Raffle



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Umbrella Parent/Carer Support Groups

Our support groups meet throughout the month, term time only. We have one Zoom meeting at the end of the month as well as Facebook groups. Our Single Point of Access phone number is - 01332 785658 and Facebook messenger service which is currently available from 10:00am–2:00pm Monday – Friday. ***We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment.***

4th April - Male Carers Group At:7pm

Pizza and Pint

The Farmhouse Pub, Ashbourne Road,
Mackworth, Derby De22 4LY

8th April - Parent and Girls Group

Two sessions 5 –6pm & 6.30pm–8pm

Annie's Place, 8 Bedford Close, Derby DE22 3HQ. This evenings session will have an Easter Theme.

Pre booking essential for these groups

27th - Erewash Support Group At: 10am - -

Meet at New Sawley Methodist Church, 214 Tamworth Road, Long Eaton NG10 3GU. This will be an open meeting - a time out for you to chill with a cuppa and friends after the Easter holidays.

6th April - Derby City Support Group

At: 10am - 12 noon - meet at Annie's Place, 8 Bedford Close, Derby DE22 3HQ We will have a short presentation from Safe & Sound Charity Derby - Time after to catch up with Family Support and with friends. Tea/Coffee and lots of cake to enjoy.

25th April - Parent Carer Support Group on Zoom at 7pm

I am not planning a speaker for this session. This is your chance to speak about all things "Umbrella" - do you know how the Charity works and how you can access support for you and your family. If you would like to join email me Alisha.mcguinness@umbrella.uk.net for log in details. These will be shared on the support group Facebook page nearer the time.

Easter Family Fun Events - Easter Egg Hunt and Activities

Wednesday 13th April - 11-1pm - West Park, Wilsthorpe Road, Long Eaton NG10 4AA

We will be meeting at the Car Park near the Leisure Centre.

Wednesday 20th April - 11–1pm - Mundy Play Centre Markeaton Park, Derby, DE22 4AA We will be meeting near the Pirate ship at the picnic benches.

For both events there are toilets and a café on site.

Please contact the Family Support team to book your place.

Familysupport@umbrella.uk.net or 01332 785658.



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Derbyshire County Council want to hear the views of adults

Derbyshire Council are consulting on: The redesign of day services for adults with a learning disability and or who are autistic. If you would like to be part of this consultation then please follow the link to have your say.

<https://www.derbyshire.gov.uk/council/have-your-say/consultation-search/consultation-details/the-redesign-of-day-services-for-adults-with-a-learning-disability-and-or-who-are-autistic.aspx>

Family Fund Information: Help for 18-24 year-olds

We are currently running a small grant programme called 'Your Opportunity'. The programme supports disabled and seriously ill young people aged 18-24 years old who are living at home. The grants are awarded in the same as those aged 17 and under. However, we cannot help with grants for family breaks through 'Your Opportunity'.

'Your Opportunity' has limited funding and we will accept applications from families on a first-come, first-served basis until the funding is fully allocated. We can only process one application per household across our main grants and those for 18-24 year olds. If you have already received a grant from Family Fund in the last 12 months, or are awaiting a decision, we will not be able to accept an application. This is to help us reach as many families as possible with the limited funding we have.

Please note: Young people cannot apply to 'Your Opportunity' independently – the application has to come from the parent or carer. You can only receive a 'Your Opportunity' grant once.

If you are interested in finding out if you could be eligible for this support, please check our information on [who can apply](#) and our young person's [eligibility criteria](#).

<https://www.familyfund.org.uk/help-for-18-24-year-olds#who-can-apply>

If you think that you may be eligible, please return a [completed application form](#) (this must be a paper application) and a ['Your Opportunity' declaration form](#), ensuring **both are signed before you put them in the post**, to:

Your Opportunity, Family Fund 4 Alpha Court, Monks Cross Drive York, YO32 9WN



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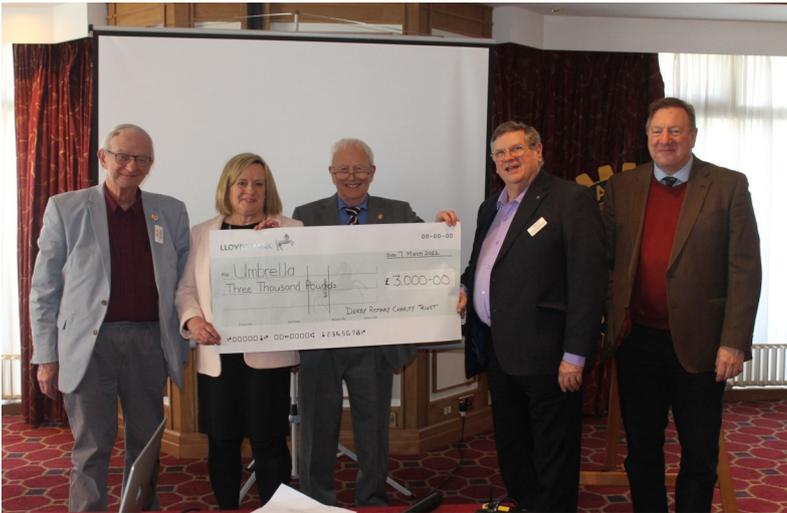
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UMBRELLA FUNDRAISING AND VOLUNTEERS



Huge thanks to @Rotary Club of Derby for donating a staggering £3000 to Umbrella Derby and Derbyshire from their Santa Sleigh and Christmas Tree Sale of 2021. Thanks to the residents of Littleover, Chellaston and Mickelover for their generosity and of course to Santa and his elves for making this possible.



TITLE

We love to see smiling volunteers. 😊

We were joined by Dan, Laura, Jon, and Steve from [Alstom](#), who have been helping prepare our new allotment for our children/young adults to begin planting.

Thank you for your Fantastic support.

Shop with our partners

If you shop online or have taken to shopping online in recent times, you can raise money for Umbrella by shopping with our partners. Signing up is easy, you can either Google the names or click on the images to take you directly to the sites where you can find our more and sign up easily!



Give as you Live®



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WELCOME TO OUR NEW TEAM MEMBER - LAURA



Laura Beresford – General Manager –recently returned to Derby from Western Australia where I've lived for the past 11 years!

What are you most passionate about? Of course my family but otherwise it's to help others and positivity and kindness.

What are 3 things you could not live without? Again....most definitely my family, however second to that they would be coffee, biscuits and dry shampoo!!

Name 2 things you consider yourself to very good at.

Taking care of my family and hiding vegetables in food that my kids will eat!!

What aspect of your role at Umbrella are you looking forward to most?

Definitely the mentoring side of management, having such a wide range of experience in many different areas of business I feel I have a lot to offer in terms of coaching, support and guidance. I'm also looking forward to working front line and getting to know the wonderful children, young adults and families of those that we support. I've already volunteered on our Saturday INDE group and it was an amazing experience, I can't wait to do it again.

www.umbrella.uk.net

admin@umbrella.uk.net

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Supported using public funding by
**ARTS COUNCIL
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The Annie Hall Centre
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