



Annie's Place Woodland Activity Garden

It has been a really busy few weeks at Annie's place. Our wonderful Trustee Wayne Cook plus friends Steve Bailey of S J Bailey Services, Dennis Bell and everyone at Ward Recycling have been working hard on the new woodland garden area. This is a small area of the outdoor space we have at Annie's. They are making amazing progress, installing balancing beams and musical instruments and an outdoor shelter that our young adults and children will really enjoy. It is such a huge transformation of this space and it will make it a safe, inviting and exciting space for our young people. Thank you so much to all of their help, support and their hard work and dedication to Umbrella.

Belper parent support group also visited us at Annie's place this month to install a plaque made by one of our members in our allotment. The plaque has been installed with the tree that was planted in memory of our wonderful friend Ira, who sadly passed away last year. The colours and patterns chosen for the Plaque are a fitting tribute to the joy and sunshine that she brought to all of the groups that she attended and to everyone who knew her.



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UMBRELLA ADULT SERVICES

TEAM

Captain Feathersword requested the help of the Thursday Team to help him find his treasure. First the group got into character and made some pirate hats and eye patches. The group followed the clues to lead them closer to the treasure. They made some delicious pizza boats, sword kebabs and pirate hat wedges for lunch to refuel themselves for some more treasure hunting. The group then headed out to the allotment, where they eventually found the lost treasure, Great work team!



Our Friday Team had a wonderful day out at Highfields Park near Nottingham. We caught the tram to Nottingham, had a quick play on the park before playing a brilliant game of crazy golf. After lunch we all went to find the stepping stones and crossed over them with no one falling in. Then we had one last go on the park before catching the tram back.



Carlos was asked to help Friday Team enjoy their day out at Highfields Park in Nottingham by being a volunteer. He counted the stops that the tram would make before we arrived at Highfields. Carlos negotiated concessions with Jill to get the best price for our game of crazy golf and said "I felt very independent and enjoyed assisting my peers with the staff". A Huge thankyou to Carlos for his amazing help! We were so grateful and wanted to celebrate his hard work so we awarded him with a Certificate!



INDE



Saturday INDE decided to go to Matlock Bath on the bus for a change, when we got there the group voted for a walk along Lovers Leap. Then it was time for fish and chips followed by a visit to the Arcades. After all this a drink and rest before catching the bus back to Derby. A lovely day had by all.



Saturday INDE have been enjoying a visit from Hubbub, the group did a warm up then listened to different musical instrument and let the sounds move their bodies. After this they split into smaller group and each group had a couple of line from a spring poem. They spoke about what the words meant to them and how the words made them feel and what musical instruments they could use to turn the words into sounds. Every group came up with some amazing sounds and movements.



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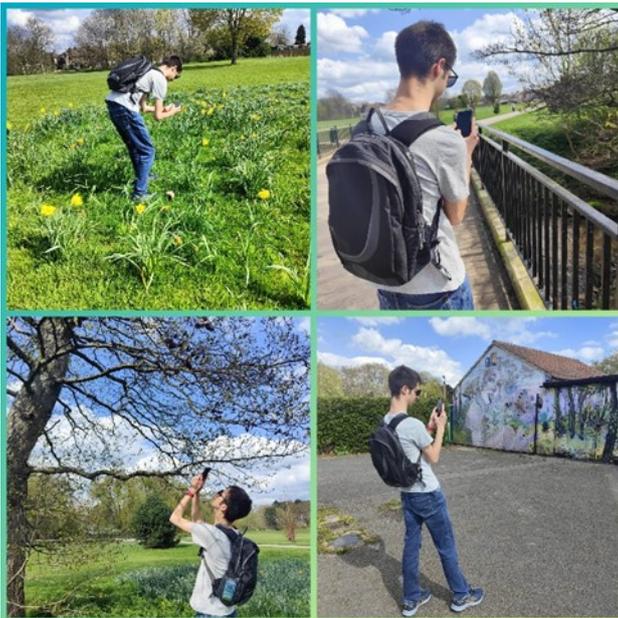
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CHILDRENS TRIPS

Weekend trips continue in full swing, We celebrated St George's Day, got our groove on when Al the music man came to visit us and got crafty with tie dying skills too! We've also been offsite for a teddy bears picnic and sensory swimming. The young people have really been enjoying the sessions they have attended and have been developing their skills in team work as well as practical skills.



ONE TO ONES



What lovely weather we've had recently! Morgan and Karis made the most of it by heading over to Chaddesden Park for a walk and a bit of photography! Morgan had lots of fun looking around for interesting and beautiful things to take photos of including the trees, daffodils and art murals. This is a great activity to get out of the house and explore the local community.



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UMBRELLA PLAY AND LEISURE



A big Thank you to Circus Starr!

Circus Starr donated tickets for Umbrella families to attend the show at Markeaton Park on Sunday 1st May.

Wow!

What an amazing show!

It was Harley's first time at the Circus and he had a great time!



Moorways Sports Village

Umbrella were invited by Moorways to attend the opening of the new pools!

The families had a fantastic time trying the water slides and enjoy the waves.



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UMBRELLA FAMILY SUPPORT

Family Support Monthly Roundup.



This month our parent and girls group met at Annie's place. We had lots of fun preparing for our Platinum Jubilee party which we are holding in June. The girls got stuck in to making flags, crowns and table decorations for the party. It was great to see so much teamwork going on with them all helping each other to make the tricky paper flowers for their decorated vases. The girls also enjoyed a game of hide and seek and lots of time chatting and we were also joined by Emily from the Big Sister project to talk to the parents who attended about their service and what it could offer. If you would like to join our parents and girls support group please contact Kelly or Hannah on 01332 789658

It was lovely to meet some of our Male carers at May's support group. This month the male carers asked if we could have a go at Bowling. We had a lovely couple of hours with some of the regular bowlers at Long Eaton Indoor Bowling Green. The Male carers had a lesson and then had a go at playing a few ends. It was lovely to see everyone having such fun and laughing together. If you would like to join our Male carers support group, they meet once a month on the first Monday of the month. The next session will be Pirate Crazy Golf at Trent Lock, Sawley. 7-8pm.



At Our Erewash Group this month we were joined by Fleur Roseblade from First Look SEN, who was talking about PDA. It was a wonderful meeting and we are glad so many came. We will be running this session again as a workshop so please look out for this in the coming months.



Our Carer's Wellbeing sessions that have been facilitated by Inspiritive Arts have been running for the last couple of months. Throughout the sessions all of the carer's have worked on lots of different activities from music and drama to crafts and pottery. Not only has it been time to learn new skills and take time for yourself but also a time to meet new peers. It has been wonderful to see so many of the groups forming lovely friendships and conversation has always been flowing for the full 2 hours.

June will be a fantastic month with lots of celebrating for Carer's Day. We are holding our special event at Mickleover Golf course on the 10th of June. This will be a full day of all activities around well being and self care. From Motivational Speakers to arts and crafts. The day will run from 9:30am - 3pm and will include lunch. This event is £15 per person. If you would like to book on then please email:

Familysupport@umbrella.uk.net or call **01332 785658**.

 Carers Week 6-12 June 2022
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Umbrella Parent/Carer Support Groups

Our support groups meet throughout the month, term time only. We also have Facebook groups that you are welcome to join if you are a member. Our Single Point of Access phone number is - 01332 785658 and Facebook messenger service which is available from 10:00am– 3.00pm Monday – Friday.

We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment.

<p><u>3rd June - Parent & Girls Group</u></p> <p><u>6pm - 8pm</u></p> <p>Annie's Place, 8 Bedford Close, Derby DE22 3HQ. This evenings session will be Jubilee Afternoon Tea.</p> <p><u>Booking is essential for these Groups</u></p> <p><u>£6 per session per child</u></p>	<p><u>6th June - Male Carer's</u></p> <p><u>6-7pm</u></p> <p>12 Hole Pirate Crazy Golf at Trent Lock Golf Course.</p> <p>£7 per person.</p> <p><u>Booking is Essential for the Group.</u></p>
<p><u>9th June - Belper Support Group</u></p> <p><u>10am - 12noon</u></p> <p>The Strutts Building, Derby Road, Belper, DE56 1UU</p> <p>This will be an open meeting so plenty of time for a tea/coffee, cake and a chat.</p>	<p><u>10th June - Carer's Day</u></p> <p><u>9:30 - 3pm.</u></p> <p><u>Mickleover Golf Course.</u></p> <p><u>£15 per person - including lunch</u></p> <p>If you would like to book on to this event please contact the Family Support Team.</p> <p><u>Familysupport@umbrella.uk.net</u></p>
<p><u>17th June—Parent and Boys Group</u></p> <p><u>At 5:30-7:30pm</u></p> <p>Markeaton Park, Mundy Play Centre Derby.</p> <p>We will be meeting at the pirate ship.</p> <p><u>Booking is essential for this group.</u></p>	<p><u>29th June - Erewash Support Group</u></p> <p><u>At: 10am - 12noon</u></p> <p>Meet at New Sawley Methodist Church, 214 Tamworth Road, Long Eaton NG10 3GU.</p> <p>We will be joined by Safe and Sound to talk about "Healthy Relationships" for Vulnerable young people. There will be time for a chat after too.</p>



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USEFUL INFORMATION



SEND Review:

Right support
Right place
Right time

The government has published a green paper on the future of the special educational needs and disabilities (SEND) and alternative provision (AP) system and is undertaking a public consultation on the green paper's proposals.

Here is the link for the Green Paper: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1064655/SEND_Review_Right_support_right_place_right_time_summary.pdf

To give your view please follow this link:

<https://consult.education.gov.uk/send-review-division/send-review-2022/>



The Charity Sense are offering sibling support for those who have siblings with a disability or neurodiversity. Mostly this is through online groups, but there may be some access to face to face support and a buddying scheme too for some children. There is more information on the link below and you can register your interest using the link

<https://www.sense.org.uk/.../support-for-young-carers.../>



We get asked about CEA Cards a lot. Here is some information about what they are and how to apply. The CEA Card is a national card scheme developed for UK cinemas by the UK Cinema Association (UKCA). The Card enables a disabled cinema guest to receive a complimentary ticket for someone to go with them when they visit a participating cinema. The Card is also one way for cinemas to make sure they look after their disabled guests. If you require an adjustment to visit a cinema because of your disability, cinema staff should make them for you whether you have a CEA Card or not. The card cost £6. Please follow the link to apply:

<https://www.ceacard.co.uk/apply>

discountsforcarers

There is now a wonderful discount site for carer's. This is really useful when you are buying things online and the membership is free. To apply for a membership please for the link

<https://discountsforcarers.com/>



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UMBRELLA FUNDRAISING AND VOLUNTEERS



We have been given the opportunity to collect money at Tesco in Mickleover on Saturday 4th June.
Are there any lovely volunteers (old or new) out there that would be available to help?
Please email paul.tideswell@umbrella.uk.net or call 01332 521229



Can you spare 30 seconds to nominate Umbrella for the 2022 Movement for Good Awards - The more nominations we receive, the greater our chance of winning, so once you've done your part, please spread the word and make it a movement!

<https://movementforgood.com/#nominateACharity>

We would like to thank the Red Cross of Constantine masonic order for their wonderful support of our disabled youth clubs across Derby City and Southern Derby. It is only with the support of local supporters that we are able to provide these essential services to disabled young people across the region.



Shop with our partners

If you shop online or have taken to shopping online in recent times, you can raise money for Umbrella by shopping with our partners. Signing up is easy, you can either Google the names or click on the images to take you directly to the sites where you can find our more and sign up easily!



Give as you Live®



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Karin Aberg: Family Support Worker - returning to work with families and young people, after working for Derby City developing neighbour partnerships across the city.

What are you most passionate about?

My family and they will tell you that I'm passionate about helping people find solutions to problems, meeting up and making connections. They have grown up being included with my "helping" and I'm proud that they have the same passion. I love bringing people together, making new friends, trying new experiences, finding solutions to problems and having fun. Especially if there's a cup of tea involved!

What are 3 things you could not live without?

My family and friends; Yorkshire Gold teabags and a bone china mug, my garden.

Name 2 things you consider yourself to be very good at

Listening to people and being patient: and I also make a good cuppa.

What aspect of your role at Umbrella are you looking forward to most?

Working together with young people and their families/ carers and being part of the Family Support team. I'm looking forward to the varied workload and getting to meet up with people across the city and county. I'm so excited to be working for Umbrella; it's a dream job!!

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Supported using public funding by
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