



Allotment Update

The Wednesday INDIE group reached an amazing milestone in the allotment this month. A few months ago the group planted a bed of seed potatoes at our lovely allotment at Annie's Place, and this month the group dug up the first lot of potatoes. There were loads! What a result. The group were surprised how many were on one plant. It's really lovely to see the young adults getting to enjoy the results of their hard work. It takes a lot of dedication and patience to care for the vegetables and other plants in the allotment. The young adults are all now enjoying cooking and eating the vegetables too. The smells coming from the kitchen at Annie's place are delicious.

Good work everyone!



Umbrella AGM - On the Wednesday the 21st of September, from 7pm, at Annie's Place, Bedford Close, Derby, DE22 3HQ.

Umbrella SEN Market Place - 7th October, 10-2pm, at Moorways Leisure Centre. Moor Lane, Allenton, Derby DE24 9HY

Umbrella Race Night - 22nd October - time tbc - At Annie's Place, Bedford Close, Derby, DE22 3HQ.



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UMBRELLA ADULT SERVICES

INDE

This month the Saturday INDE group took a trip to Nottingham for the day. The group went to one of the oldest pubs in England, Ye Olde Trip To Jerusalem, and were fascinated by how old everything was. They even found a hidden room through some cupboard doors. The group enjoyed a lovely pub lunch there then took a walk around the Castle wall. They also called at the Robbin Hood shop to meet one of his friends who put them all in the stocks! A lovely day had by all!

The Wednesday INDIE group also had a visit from Nikki who delivered a session on tribal drumming. The group enjoyed learning the art of tribal drumming and had fun making lots of loud musical sounds.



TEAM

This month, the Friday team have all put their Chefs hat on and have made their own healthier, and much more delicious version of their favourite takeaway, or 'fakeaway'. They made a Chicken nuggets, burgers and cranberry muffins for desert, Yum!

They Team have also been experimenting with food and trying new things. This month they celebrated World Chocolate day by making a chocolate themed lunch of chocolate chilli chicken with rainbow salad and a delicious dessert of white chocolate cheese cake, and even chocolate muffins to take home! Wow what a lot of chocolate fun. The meal was a great



success and everyone enjoyed trying something new. All that chocolate gave the group lots of energy to play swing ball in the sunshine.

The lovely Melika joined the Friday team for a change this month and has been really helpful and doing lots of volunteering within the group. We have had some toys kindly donated to us which Melika pegged out on the line after being washed. She did an amazing job of getting everyone's drinks orders and making them too with only a little bit of support. Great work Melika!

Jordan in our Thursday Team has also been really helpful this month with his volunteering and helped Rhian do the weekly test of the fire alarms at Annie's. He listened carefully and followed the correct procedure of testing. Thanks Jordan!



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CHILDRENS TRIPS

We love getting off site when the sun is out. We recently had a trip to Markeaton park where we got to watch a very special performance of the Fairy Tale puppet show. Afterwards we enjoyed a picnic and played on the park. There was lots of giggles and smiles on this particular Sunday, sometimes the simple things, like fresh air, sunshine and time with are friends can bring a smile to our face.



ONE TO ONES

This year Louie's 12th birthday fell on the Tuesday that he goes out with his 1:1 worker Karis. Louie was very excited to have a celebration with umbrella as well as school and home. Karis collected him from school in the 'Party Car' filled with balloons and banners and they celebrated together at Annie's place with pizza and birthday cake. Happy Birthday Louie!!!

Butlin's

Wow the families that attended the Butlin's Trip had a fantastic time!

Lots of fun in the waterpark and visiting the Fair.

A big Thank You to Butlin's for the amazing admission price and to Happy Days Charity for funding towards this trip and for Sharpe's of Nottingham coaches.



Umbrella & Stockbrook Colts Football Sessions

The children had a fantastic first session on Rykneld Park, despite the heat!

Learning football skills and finishing off with a penalty shoot-out!

The session is open to both boys and girls – If you would like to come and try please let me know.

Nicola.green@umbrella.uk.net

The sessions are on Monday evening from 5.30pm-6.30pm



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UMBRELLA FAMILY SUPPORT



Parents and carers from the Derby City and Erewash groups met up on Wednesday 20th July for afternoon tea at the Wonky Table, Long Eaton. There was plenty of chat, lots of laughing and a mountain of cakes and sandwiches. We all went home with leftover treats! It was great to get together before the holidays and share plans and top tips for the summer, including the Umbrella Summer Family Fun events.

We also had a surprise guest...Alisha, our wonderful Family Support Worker, back at work so there was lots of news to catch up on. Thanks to everyone who came...fancy another, in the autumn? Let us know on email: familysupport@umbrella.uk.net



Under 5's Support and Play Sessions.

Do you have a child who is under 5 who is awaiting diagnosis or has been diagnosed? Do you struggle to come to our support groups because of this?



This group will be starting on the **14th of September** at **Umbrella House** from **10-12pm**. We will have a range of activities inside and outside with this month's focus on Under water theme. As well as time for you to talk to other parents and the Family Support Team.

Booking is essential for this group so please email familysupport@umbrella.uk.net to book your place.



Brand New Support Group!!

Are you a green fingered Parent/Carer?



Or would you like to learn a few gardening skills while you meet up with other parents and carers? Yes... then our new Support group is for you!!

Family Support are starting a new gardening group for parents and carers. It will be based at Annie's Place in the new community allotment and gardens, the first Wednesday of every month, 12:30 – 2:00pm, starting on Wednesday 7th September 2022.

Come along, join in and meet other parents/carers. No previous gardening experience needed! The kettle will always be on for hot drinks and biscuits!

Email us: familysupport@umbrella.uk.net

Exciting News!!!!

Moorways Water Park are offering some free taster exercise classes for Umbrella parent and carers starting in September – what is your preferred exercise class?

Following on from these taster sessions they are happy to offer a weekly exercise class at a cost of £3 per person – you will not need to be a member of Moorways Water Park to access these sessions . Please email Alisha.mcguinness@umbrella.uk.net



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Umbrella Family Fun Summer

Throughout the summer our Single Point of Access remains open - 01332 785658 and our Facebook messenger service . Both are available from

09:30 am– 3.00pm Monday – Friday.

3rd August - 11 - 1 - Elvaston Castle Family Fun Picnic

Meeting in the carpark near the ice cream van.

Come along and join us for a lovely walk around the grounds which are all wheelchair accessible then we will sit and have a picnic on the large field. Please bring your own picnic or food can be purchased on site.

Car Parking Costs: £3 for 4 hours or if you have a disabled badge it is FREE

10th August - Forest School Session with Little Foresters

At: Long Eaton Community Garden. 15 Norfolk Rd, Long Eaton, Nottingham NG10 2AW - Parking is free on site.

Time: 10am- 12:30pm. **Cost:** £6.00 per child

This session will be run by Little Forester's Forest School at the Long Eaton Community Garden. Activities could include den building, bug hunting, pond dipping, seasonal activities, nature crafts and campfire cooking. - **Booking is essential for this session due to limited spaces.**

17th August - Trip to Matlock

Meeting at Derby Train Station at 10:15

We will be going for a walk along the promenade to the park. We would love it if you could bring a picnic or you could purchase some fish and chips so we can sit together at lunchtime. We will be in Matlock until around 2:30pm and then we will be heading back to Derby on the train. You are welcome to meet us there If you prefer to drive and stay longer if you wish. You will need to purchase your own tickets for the train. Please let us know that you are attending so that we know to look out for you.

24th August– 11– 1pm - Markeaton Park Fsmily Fun Picnic

Markeaton Park, Mundy Play Centre Derby. We will be meeting near the donkey rides.

Come along with your own picnic, explore the park and take part in some of our activities.

Car parking costs: Over 4 hours is £5 however if you have a disabled badge it is FREE

31st August - 11– 1pm - West Park Family Fun Picnic

Come along and join us for a lovely walk around the park which is all wheelchair accessible. We will also have some activities to participate in. We will be meeting by the main carpark at the leisure centre. Please bring along your own picnic to have on the large field. Parking is FREE

**Please let us know if you are attending any of our events so we know to look out for you.
Please call us 01332 785658 or email Familysupport@umbrella.uk.net**



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TO BE PUT BACK INTO SEN EDUCATION AND RESOURCES
FOR FURTHER INFORMATION, QUESTIONS OR QUERIES EMAIL US AT:
SEN.FUNDRAISING.KP@GMAIL.COM

UMBRELLA #WeAreSEN
embracing abilities "Here to support SEN"

Max Cards back in stock now – to apply email familysupport@umbrella.uk.net the card will cost £3. This scheme is designed to help families save money on days out at castles, zoos, bowling alleys, and many more attractions. Umbrella administer the cards on behalf of the local Authority.

<https://mymaxcard.co.uk/>

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derby.gov.uk/derbyHAF

Jellyfish Theatre presents **The Wagon of Dreams** Free

A New Adventure

Joyful Outdoor Theatre Show
Bring a blanket to sit on

Monday 8 August

12.00pm start
West Park, Wilsthorpe Rd, Long Eaton, Nottingham NG10 4A

4.30pm start
Parkside High, The Pod, 17 Summerfields Way, Ilkeston DE7 9JJ

Ages 4-8

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UMBRELLA VOLUNTEERS AND FUNDRAISING

Thank
you
so
much!



We want to give a massive thank you to all our new volunteers that have joined Umbrella over the last few months. We have now increased our volunteers from 6 – 28 active volunteers in the last 4 months. This has been an incredible increase which has allowed us to cover 49 different activities over the summer holidays.

We need to keep building on this and I am in the process of setting up 2 more training courses this year for September and November. Again we can't rest there so if you now anyone or are interested in volunteering yourself please contact me on paul.tideswell@umbrella.uk.net or call me on 07790542458.



Alisha met up with Suzanne and Ange recently – Ange (on the right) raised £215 from opening her garden up to family and friends to view.. She has the most beautiful garden with the most amazing views. Of course there was lots of delicious cakes on offer too. Well done Ange and family and thank you for your continued support if Umbrella.



In July Hannah, our Lead Family Support worker visited St Joseph's Catholic primary school year 1 classes. She had a lovely time talking to them about Umbrella and telling them how their amazing fundraising money will help Umbrella to provide services for our children, Young people and their families. It was an absolute joy to meet the children and listen to them talk about their Ice cream sale fundraising and what they had learnt about Umbrella and being inclusive to all. A big thank you to the children and their teacher Mrs Jones for all of their hard work.

Shop with our partners

If you shop online or have taken to shopping online in recent times, you can raise money for Umbrella by shopping with our partners. Signing up is easy, you can either Google the names or click on the images to take you directly to the sites where you can find our more and sign up easily!

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FUNDRAISING EVENT - WHITE SWAN FAMILY FUN DAY



White Swan Family fun day on Monday 29 August



The White Swan Pub Shepherd Street, Littleover, DE23 6GA

The activities will take place in the pub car park from 2.30pm

This pub has been raising money for Umbrella now for many years and have raised over £50,000 . They are hoping this year's event will be their best yet. We want to help them raise as much money as possible for Umbrella and we need you our parents, carers, friends and family to support this event please if you can.

There will be a bouncy castle, lots of stalls, children's activities. The Umbrella "Raindrops" choir will perform at 5.30pm approx. Followed by Glendarragh Irish dance display. Food available throughout the afternoon. Raffle tickets on sale all afternoon, cash prizes and many others. Kelly and Alisha from the Umbrella family support team will be helping out at this event. Fingers crossed the weather will be kind to us.

If you cant attend but would like to buy some raffle tickets then please do get in touch with Alisha on 07708898998 to arrange this.



Stalls will be cash only due to not having access to card machines



www.umbrella.uk.net

admin@umbrella.uk.net

01332 785658



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**ARTS COUNCIL
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Development Centre,
Derby Royal Hospital,
Uttoxeter Road DE22 3NDE

The Annie Hall Centre
8 Bedford Close ,
Derby,
DE22 3HQ



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