

Umbrella's Community Friends



Umbrella is fortunate to have wonderful premises based in the Abbey and Mackworth Wards of Derby City. We have built up relationships in Mackworth over the last 10 years.

We are steadily building similar relationships in the Abbey Ward and recently our young adults invited the neighbours to join us at Annie's Place for tea and cake. Although we were only joined by a handful of neighbours we made some new friends and in turn they have learned about Umbrella and the brilliant services we deliver. One of our neighbours Dee and her sister Chell, asked if there was anything we needed, we mentioned we would like some new cups, or a present for our family Christmas party. We were absolutely overwhelmed when two weeks later Dee and Chell visited us again. They gave us so many wonderful presents and games, all hand picked with care as well as cups and sweets for our parties. The young adults were thrilled and they each chose a gift to take home. Dee donated the presents in memory of her husband Lee MacAlister who sadly passed away during the pandemic.

We are so grateful to our wonderful friends at the White Swan pub in Littleover for the amazing community fundraising events they organise every year. So many people come together on the August bank holiday to enjoy a game of golf at Mickleover Golf Club, they also organise an auction and on the following day they organise a family fun day including crafts, a bouncy castle, and a huge raffle. The White Swan community work tirelessly to raise funds for Umbrella, and this year they raised a staggering £15,000 to support disabled children/young adults and their families, the largest donation EVER! We were speechless. The landlord Bren and the wonderful group of volunteers organise the events so they run like clockwork but we know a huge amount of time and effort goes into organising the days, including the sponsors, the players, the people who buy and donate auction and raffle prizes, the photographer, the people who set up the course and of course the wonderful staff at the White Swan. Everyone gives their time freely and what a super weekend it is.

These are just two of the wonderful groups of people who have helped Umbrella this year. Times have been difficult for many people due to the pandemic and the cost of living crisis but the enthusiasm and generous donations we receive are staggering. Each year we need to raise at least £70,000 to fund essential services. If you would like to find out more please contact Ann on 01332 521229.



Charity Number 1150203



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UMBRELLA ADULT SERVICES

INDE

The INDE group have had a great month both on and off site. The Wednesday INDE group had a fun evening of guess who. They each brought in three facts about themselves that their friends don't know. Then they had a fun quiz to see if they could guess who was who. They also did a spot of bag printing and designed their own personalised tote bag to take home. They even had a takeout pizza to keep them going!



Wednesday INDE also had a great trip to the ODEON cinema where they met up to watch Lyle Lyle crocodile. They reconvened at Costa after the film so they could share their thoughts and enjoy a nice drink. The group loved the film and George even said that he had 'never been so happy in my life because the film has music and fun'. Lots of the young adults said that they would recommend it for every age group.



Saturday INDE had a lovely visit from our friends at Hubbub who delivered a puppetry and creative work shop. The group made their own puppets and then created a story around them. What a creative group! They also enjoyed a trip to Nottingham where they went to their favourite place to play crazy golf and enjoyed a delicious buffet at MaySum afterwards.



TEAM

Our TEAM groups have had a full and varied month taking part in a wide range of fun and interactive activities. The Wednesday TEAM had an amazing day out using great communication and money skills, all the young adults ordered their snacks and drinks from the café at the Quad. They then put their travel training to good use and hopped on the bus and headed to Moorways Sports village for a swimming session. The group had lots of fun and particularly enjoyed throwing buckets of water over their support workers head! A great day had by all.



The Thursday TEAM also headed offsite to the city centre to see what interesting things they could find at the Museum of Making before heading off to bowling. The group did really well at bowling and had perfected the technique by the end. After working up an appetite they practiced good communication and money skills by ordering their food at the food court. Good job team!

The Monday TEAM had a lovely lady come in and deliver a session with a multitude of specialist instruments which made relaxing, therapeutic sounds. The sounds combined with a spot of self-reflection and meditation left the group feeling very relaxed and sleepy! The Friday group used up some of the many apples we have growing on the tree at Annie's to celebrate world apple day. The group had a fun and exciting apple themed day where they made an apple, leak and bacon/ fakon bake and apple crumble for dessert. They then did a version of apple bobbing and they even took part in some apple painting where they made shapes out of apples and used them to print wonderful designs.



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CHILDRENS TRIPS

We do lots of different activities each weekend on children's trips but a recent hit and definite add to the calendar is going to be our Pirate day. The children got a board the Umbrella Pirate ship and created their own pirate hats and patches. For lunch they practiced their cooking skills and made pirate boat pizza's and pirate hat wedges they went down a treat. In the afternoon the children went in the allotment to find all the missing numbers and matched them on the sheet to find the hidden treasure. What a busy trip!



ONE TO ONES



Here's Tara doing some cooking at Annie's place. She made sausage pasta bake with her friends Josh and Matthew.



Morgan visited Annie's place during his 1:1 session to carve a spooky pumpkin... Which he decided to name Steve! He did a great job scooping out all the insides of the pumpkin even though he wasn't sure about the texture. He then designed and carved a scary face for Steve! After pumpkin carving Morgan worked on his independent life skills by cooking honey and lemon chicken for his tea, with ingredients that he got from the supermarket



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Umbrella Family Christmas Party



Tickets are still available for the Umbrella Christmas Party,
Booking is essential - Please do not just turn up on the day
Booking deadline is Sunday 20th November 2022!



The Umbrella Family Christmas Party is booked for Saturday 3rd December
1.00pm- 4.00pm

The Party will be held at Rolls Royce the Pavilion, Moor Lane, Derby DE24 9HY

Tickets cost £5.00 per person

There will be a disco, a visit to see Santa and a hot buffet + Raffle, Tombola and other fund raising activities for you to enjoy.

For more information or to book tickets

Please contact Nicola.green@Umbrella.uk.net



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UMBRELLA FAMILY SUPPORT SUMMER ROUNDUP

SEN Provider Market Place Event



A massive thank you to everyone who came along to our SEN Provider Market place this year. It was an extremely successful event and we look forward to hosting another one next year. We would also like to thank all the stall holders that came to the event as well as Moorways for being so accommodating to our needs throughout the day.

The Boys Are Back In Town!!!

The Family Support Boys' Club are back at Annie's Place. We had a great Halloween themed session. Everyone had a go hammering leaf prints and making spooky pumpkin faces with golf tees. The spooky skeletons and dancing mummies looked amazing. It was great to be back at Annie's Place and thanks to everyone who helped tidy up and sweep the floor.



We're back again in November with a Junk modelling/musical instruments theme. Booking is essential. See you then!

Mount Cook Half Term Adventure

Wow what an adventure we had when we visited Mount Cook. We had lots of fun building our Karts and then racing around the track as well as climbing on the low ropes and riding the mini zip wire!

All the children had lots of fun with fantastic feedback from them all. We are so happy that some of our young people faced their fears and dealt with anxiety of heights like absolute superstars. Well done to parents as well for all their encouragement and support throughout the day! Here are some wonderful pictures of our day!



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UMBRELLA PARENT/ CARER SUPPORT GROUPS

Our support groups meet throughout the month, term time only. We also have Facebook groups that you are welcome to join if you are a member. Our Single Point of Access phone number is - 01332 785658 and Facebook messenger service which is available from 10:00am– 3.00pm Monday – Friday.

We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment.

2nd November - Derby City Support Group

10am—12noon

At: Annie's Place, 8 Bedford Close, Derby DE22 8HQ . Tea & Coffee on arrival - Derby City Council Parks & Active Living Communities presentation. Please bring raffle prizes donations. Raffle cost £1

Gardening Club - 12.30 - 2pm

will meet directly after City Parents group at Annie's Place. The group will help with a range of gardening tasks in our community garden plus an activity to take home.

10th October - Belper Support Group

10am - 12noon

At: Strutts Building Derby Road, Belper, DE56 1UU - Sporting Communities Children's Emotional Wellbeing Research Project in Amber Valley are joining us. Usual raffle will take with tea coffee on arrival.

30th November - Erewash group

10 - 12

At New Sawley Methodist Church, Tamworth Road, Long Eaton NG10 3GU

This session will be a non technical but informative presentation on Cyber crime prevention - online banking, emails, door to door scams etc. Tea, coffee cakes available on arrival.

4th November - Parent & Girls Group

6pm - 8pm

At: Annie's Place, 8 Bedford Close, Derby DE22 8HQ

Fireworks and preparations for Christmas Party.

£6 per session

Booking is essential for this Group

9th November - Under 5's group

10am - 12noon

At: Umbrella House, 64 Birdcage Walk, Mackworth, DE22 4LD

Session theme is "Underwater"

Pre booking for this group

£2 per session per child.

18th November - Parent and Boys Group

6pm-8pm

At: Annie's Place, 8 Bedford Close, DE22 8HQ

This evenings theme "Junk Science" making junk musical instruments

£6 Per Session

Booking essential for this group

21st November - Male Carer's - Pizza & Pint

7-8.30pm

At: Farmhouse Restaurant, Ashbourne Road, Mackworth DE22 4LY .

Booking is Essential for this group.



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UMBRELLA VOLUNTEERS / FUNDRAISING



Two Volunteers Ashley and Pete came from the GoodGym Derby and gave all the fascia boards a second coat of black wood paint. So with the fantastic work that Rolls Royce did in August and GoodGym's second coat of paint on the fascia boards which was definitely required all the outside of Umbrella House has been painted and tidied up. This is good now for a couple of years. So on behalf of Umbrella and especially myself I would like to thank both organisations and hopefully we will see them again in the future.



A huge thank to the Vernon Robert Bowmer Charitable Trust for their support with a grant towards the costs of our 7 youth clubs. As we receive no local authority support to provide our Play and Leisure services we depend on small grants and our supporters constant fundraising efforts to provide these, we thank you all.

We have some amazing volunteers at Umbrella and we are always looking for more people to help support the work that we do. Volunteers help us in all kinds of ways, from supporting children and young adults directly on trips and activities to helping out at events.

The family support team recently had the help of two of our amazing volunteers at their Market Place event. They both had different roles for the day. One supported with signing in and out parent carers and directing them to the stalls and the other supported on the Umbrella stand for the day, talking to parents and carers about the work that Umbrella does and giving a parents perspective. We are so grateful to our amazing volunteers for helping make this event such a huge success.

Shop with our partners

If you shop online or have taken to shopping online in recent times, you can raise money for Umbrella by shopping with our partners. Signing up is easy, you can either Google the names or click on the images to take you directly to the sites where you can find our more and sign up easily!

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UMBRELLA UPCOMING EVENTS DECEMBER



For all the events below booking is essential.
Please contact the family support team for further
information or to book.

Familysupport@umbrella.uk.net / 01332 785658

7th December - Derby City Support Group and Gardening Group Christmas Lunch

8th December - Amber Valley Support Group Christmas Lunch

9th December - Parent and Girls Groups Christmas celebration

14th December - Under 5's Play and Support Session Christmas theme

16th December - Parent and Boys Group - Christmas Activities

14th December - Erewash Support Group - Christmas Lunch

www.umbrella.uk.net

admin@umbrella.uk.net

01332 785658



Supported using public funding by
**ARTS COUNCIL
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Umbrella House

64 Birdcage Walk,
Mackworth, Derby,
DE22 4LD

Umbrella information Office

The Ronnie Mackeith Child
Development Centre,
Derby Royal Hospital,
Uttoxeter Road DE22 3NDE

The Annie Hall Centre

8 Bedford Close ,
Derby,
DE22 3HQ



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