

A MASSIVE THANK YOU



We would like to give a massive THANK YOU to Harry Anderson who ran the London Marathon for Umbrella. With all his hard work and determination he completed the route in 3 hours 58 minutes. Not only did he run the marathon but he has managed to raise £2010 for Umbrella as well! We are overwhelmed with the support and big thank you to all the community who have come together to support us as well.

Once again we would like to say Well done and have a good rest now Harry!

Feedback Survey

Your views and the views of the young people we support are very important to us. If you use any of Umbrella's services we would appreciate it if you could take a few minutes to complete the feedback survey attached. Please follow the link to the survey. It should take between 3 and 5 minutes to complete.

<https://forms.office.com/e/uCnnq9ew0x>

We will use your feedback to develop our services and to let the staff team know what they are doing well and what we could do better.

We will be conducting a separate, adapted survey with our young people at groups and during 1:1 supports as the views of those who spend time with us are of the upmost importance. This will take place in May.

This is the first time that we have used Microsoft Forms to conduct this survey so if you have any difficulties in accessing it or completing it please do e-mail me on hannahh@umbrella.uk.net and I will do my best to support you. We really appreciate you taking the time to respond.



Charity Number 1150203



Umbrella Derby
and Derbyshire

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UMBRELLA ADULT SERVICES

INDE

The INDE group would like to say a massive THANK YOU to Derby University for the donation of Easter Eggs for all the children and young adults who access Umbrella. It was an amazing kind gift.

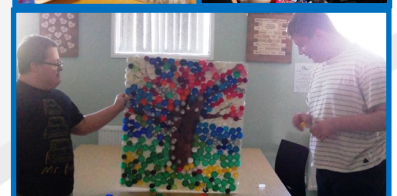


TEAM

Greta has been very busy with her independent living skills, she helped prepare the eggs by doing a very good job of timing them boiling, peeling them and mashing them to put onto our sandwiches for our tea party in the garden. Thank you Greta!

Our Thursday group transformed our allotment poly tunnel into an exciting tea-party tunnel! So we could all eat outside, even if it rained. It was ACE! Our young adults also finished off our amazing recycled bottle top picture of a tree in blossom, well done everyone.

Our Friday group coped well with the typical British rainy weather by getting creative and bringing their exercise indoors by using the huge sensory parachute for games and movement. It was so much fun!! And fair to say that all of our arms ached afterwards haha!



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UMBRELLA CHILDREN'S SERVICES

CHILDRENS TRIPS

Well... As you can see from our pictures, we have had one of the most exciting Easter holidays yet!

On one of our days, we were invited over to Mount Cook where we made our own buggies to pull each other along; did some indoor rock climbing; had a yummy buffet lunch and in the afternoon we all had a go at the obstacle course.

But by far...the most exciting part of our day was....(drumroll).... THE ZIP WIRE!! Where even our staff members had a cheeky go!

That isn't all.... Another day, we made our own spring gardens to take home, where we planted strawberries, baby cucumbers and kale, YUM YUM!

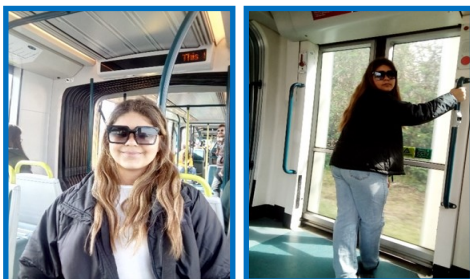
We have had not 1 but 2 Easter egg hunts! We were very lucky to have had lots of eggs so kindly donated to us, making our Easter egg hunts SUPER fun!

We have also been to Markeaton Park to have a play and run around; we had a look at their new spring trail and we even worked on building our independence skills by making our own choices of what to eat from McDonalds and buying our own toy from the gift shop to mark a fantastic day!

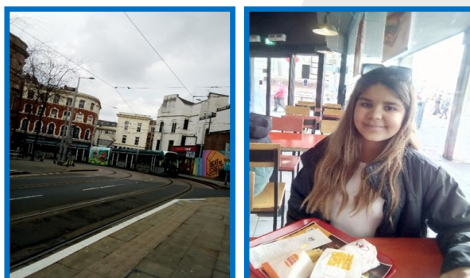
To mark the end of our fabulous Easter holidays, we had a brilliant space sensory day! We made our own gooey alien-space slime (ewww!) and created our own solar systems using lots of different colours and textures. Sadly it had to come to an end so we could all go back to school, but we are already counting down the days until our next may-bank holiday, where we have some more super activities planned.



ONE TO ONES



L'Shayia has had a wonderful time out on her 1-1 support in Nottingham. L'Shayia independently purchased her own ticket for the tram and after arriving in Nottingham it was time to hit the shops!! After all that walking, she and her support worker Paula had worked up an appetite for a much needed burger and drink at Burger King YUM YUM!



Damian eagerly waited for his reward at the end of the week, to go Derby town centre for his 1-1 support. He arrived in style and ready to shop till he dropped. While there he enjoyed browsing the shops and finding outfits for himself and also for his support worker Bethany. After that was his favourite signature trip to Starbucks for a caramel Frappuccino yummy! Then to end his support, he and his support worker had a scenic drive home, whilst listening to their favourite musical hits in the car and having a good'ol carpool karaoke session!



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Easter Holiday and Activity Fund Play Scheme

The children had a fantastic time on the new HAF holiday play scheme that was held over the Easter Holidays. It was lovely to welcome back children who previously attended GMSN project and offer this service to new children too.

The weather was lovely and we managed to spend time outside playing on bikes, playing football and basketball.

We were very lucky to have Jess Bakewell, from Derbyshire Cricket Foundation, come along and teach the children how to play soft cricket.

We had lots of firsts on the play scheme, Teddy riding the trike and children trying and eating new foods.



A special Thank You to Harley, who prepared the table for lunch.

We are looking for new members to join the football training sessions.

No previous experience needed.

Friday Youth Club are looking for New Members

Are you aged between 15 and 30 years and looking to join a group

Then the Friday youth club might be for you!

The group is for young adults with a mild to moderate disability who are not receiving a personal budget or accessing other services

If you would like more information

Please contact Nicola.green@umbrella.uk.net



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UMBRELLA FAMILY SUPPORT



Family Fun Easter

Thank you to all the families that came out and braved the rain, wind and cold to join us for our Easter Egg Hunts at Darley Park and West Park over the Easter holiday. Despite the weather there was lots of enthusiastic Children (and parents!) and they all managed to find all our Easter eggs and crack the code, to receive a chocolate egg.

April Support Group Round up!

Although we have had Easter holidays fall during April we have were still able to have a couple of groups.

Our Males Carers headed to a quiz night at the Greyhound Pub. The 4 Umbrella's did well there was some really hard questions this time! Well done to you all!! Next month the group will be heading bowling in Ilkeston. Please let Alisha know if you would like to join them.

Erewash group had a very crafty meeting this month creating bracelets. Thank you Linda for bringing along the resources to make these. Next month the Group will be heading on a canal walk then to a café for a hot drink and lunch. Please see our group schedule for further information.

Friday 28th April, Umbrella Boys and Parent/Carers group had a woodland adventure led by Wild Minds at Moira Furnace, Swadlincote. The Forest School session with Jodi and Becki took us into the nearby woods and started with a scavenger hunt.

Everyone then split into groups to make an overnight den just using a tarpaulin and some Para cord. There were some great team efforts with parents and carers involved. A few boys went solo with their den building. Every den was different with resourceful ideas for collecting rainwater as well. As a group, we worked together moving larger branches and logs, to make repairs to the large den but we did get a bit side-tracked checking out all the mini-beasts on the branches.

We finished off with some fire starting using fire flints and cotton wool balls soaked in Vaseline. It was tricky getting the sparks going, everyone had a go, and kept trying with plenty of encouragement from the rest of the group. As we finished the session, the sun was going down and the woodland looked beautiful with bluebells and birds singing.

Thanks to all the families who came along: everyone left asking when the next session would be. A great sign that a good time was had by all, including Jodi and Becki. Thanks to Wild Minds for leading a great Forest School session!



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Carers Week runs from 5 to 11th June.



This is an annual campaign to raise awareness of caring. It highlights all the challenges unpaid Carers like you face on a day to day basis and also recognises the contribution you make to families and the community.

Venue: Mickleover Golf Club Uttoxeter Road, Mickleover, DE3 9AD—Free car park

We shall be situated in the conference room past the bar overlooking the golf course

9/9.30am Arrival – Refreshments and pastries available



9.45am Reaching your potential - 'With a little help from your friends' a talk by Tracy Harrison.



11am Flower arranging demonstration simple bright fun and bold – a simple flower arrangement to take home.



12.15 Lunch and Social time



1.15pm Wild Minds workshop—a nature based, multi-sensory mindfulness experience



2.15/2.30 Finish allowing you time for school run.

There is the option to stay on at the club house a bit longer with friends and socialise in the bar area.

The event will cost you £15.00. Umbrella will be subsidising part of the cost.

Your payment is required at the time of booking please.

30 places available for this event so best book early to avoid disappointment.

To Book please use the link:



<https://forms.office.com/Pages/ResponsePage.aspx?id=NBJXcSiDtE-YwZ8NyPs6SSzSITa-dRT5JoYy3FV-HxHdUREVXNTZFnk1FWFZXNTJQM09DOUpJWkQ1TyQIQCN0PWcu>

Email: Alisha.mcguinness@umbrella.uk.net or phone 01332 785658.

Please advise of your dietary requirements at the time of booking.



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UMBRELLA PARENT/ CARER SUPPORT GROUPS

Our support groups meet throughout the year, term time only. We also have Facebook groups that you are welcome to join if you are a member. Our Single Point of Access phone number is - 01332 785658 and Facebook messenger service which is available from 9 am– 3pm Monday – Friday.

We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment.

<p><u>3rd May - Derby City Support Group</u> <u>10am -12noon</u> At: Annie's Place, 8 Bedford Close, Derby DE22 3HQ. Expressive arts session focusing on art to express positive affirmations . Usual tea/coffee</p> <p><u>Gardening Club - 12.30 - 2pm</u> will meet directly after City Parents group at Annie's Place. The group helps with a range of gardening tasks in our community garden plus an activity to take home.</p>	<p><u>5th May - Parent and Girls Group</u> <u>6pm-8pm</u> Space Themed activities! At: Annie's Place, 8 Bedford Close, Derby DE22 3HQ.</p> <p><u>Booking essential for this group</u></p>
<p><u>11th May- Amber Valley Support Group</u> <u>10am—12 noon</u> The Strutts Building, Derby Road, Belper, DE56 1UU. Raffle and refreshments. Visit from Healthwatch Derbyshire</p>	<p><u>14th May - Under 5's group</u> <u>10am - 12noon</u> At: Umbrella House, 64 Birdcage Walk, Mackworth, DE22 4LD</p> <p><u>Booking essential for this group</u></p>
<p><u>22th May - Male Carers</u> Bowling and a drink @ 7pm Meet at MFA Bowl, Derby Road, Ilkeston DE7 5TH</p>	<p><u>16th May - Parent and Boys</u> <u>6pm-7:30pm</u> Space Themed activities! At: Annie's Place, 8 Bedford Close, Derby DE22 3HQ.</p> <p><u>Booking essential for this group</u></p>
<p><u>24th May - Erewash Group</u> 10.30am at Canal Cottage Cafe, Hopwell Road, Draycott, Derbyshire, DE72 3PE We will take a walk by the canal and return to the café for brunch/lunch. Free parking in the café car park. Please advise if you are coming.</p>	

- 5th June - "Carers Day" - Mickleover Golf Club**
7th June - Derby City Support Group and Gardening Group
8th June - Amber Valley Support Group
9th June - Parent and Girls Group– Booking required
14th June- Under 5's Support Group - Booking required
16th June - Boys Group - Booking required
19th June - Male Carers Group
28th June - Erewash Group



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UMBRELLA VOLUNTEERS

Volunteer Vacancy

Database Entry Role

Umbrella is currently in the process of migrating information from an very old database system to a new all singing all dancing database. We are in urgent need of volunteers willing to transfer the data through manual inputting. If you are free on a Tuesday for a quick basic training session and would like to help bring Umbrella into the modern IT world, please contact Gurvinder on Volunteers@umbrella.uk.net for a quick informal chat.



We're recruiting

A Treasurer to join our brilliant Board of Trustees.

Get in touch to find out more.

We are looking for a New Treasurer to join our wonderful Board of Trustees at Umbrella. If you are interested in the role and would like further information we would love to hear from you. Please email:

Volunteers@umbrella.uk.net

As part of The King's Coronation, his Majesty is asking that people across the country come together to help out in their local communities. Starting from Monday 8th May there will be opportunities for everyone to join in. No matter what you are good at, there'll be something to suit helping hands of all shapes and sizes! If you can spare an hour...fantastic. The day?... amazing. If it becomes a regular thing, so much the better, If we all do a bit, it will really help a lot. If you would like to volunteer for Umbrella as part of the Big Help Out, please get in touch with Gurvinder on Volunteers@umbrella.uk.net. Join in, lend a hand, make a change.



We are proud to support The Big Help Out – a unique initiative which forms a part of the King's Coronation. Starting on **Monday 8th May**, it's a chance for everybody to experience volunteering in their local area.

Thousands of organisations – from the biggest to the smallest and most local – have been registering opportunities at thebighelpout.org.uk where the app will link you up which what's happening near you, or in a category of volunteering that interests you most.

Organisations with volunteering opportunities, or who would like to take part in the day should visit thebighelpout.org.uk to find out how to take part, register opportunities, and show their support.

Shop with our partners

If you shop online or have taken to shopping online in recent times, you can raise money for Umbrella by shopping with our partners. Signing up is easy, you can either Google the names or click on the images to take you directly to the sites where you can find our more and sign up easily!

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UMBRELLA FUNDRAISING



Scan QR code to donate online

Jade will be completing a **TANDEM SKYDIVE** To raise funds for **UMBRELLA DERBY & DERBYSHIRE**

📅 27th May 2023 @ 1pm
📍 Langar Airfield, NG13 9HY

This skydive was generously donated to Umbrella to help raise funds for the charity which supports disabled children and young adults throughout Derby and Derbyshire.

I started working for Umbrella just over a year ago and have seen how much of an impact this charity has on children and young adults around Derbyshire. As a registered charity, we rely heavily on donations; by doing this skydive, I hope to contribute to raise funds to provide a little extra for our service users. Every donation is always much needed and much appreciated so please donate whatever you can!

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01332 785658

Umbrella Derby & Derbyshire
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UMBRELLA SUMMER FAYRE

- SATURDAY 5TH AUGUST -

ARE YOU AN AMAZING CREATOR OR A TERRIFIC TABLETOP SELLER?
WE'D LOVE YOU TO JOIN US AT OUR SUMMER FAYRE!

OUTSIDE TABLES £10
INSIDE TABLES £15.00
AVAILABLE FOR ADVANCED BOOKING ONLY

FOR MORE DETAILS OR TO BOOK A TABLE
CONTACT NICOLA.GREEN@UMBRELLA.UK.NET



11AM-4PM 5TH AUGUST
ANNIE'S PLACE - 8 BEDFORD CLOSE DERBY DE22 3HQ

Do you have a fundraising idea?

Do you think you could help organise or raise much needed funds for Umbrella.

If you would like to discuss your ideas then please get in contact we would be happy to talk through ideas or help promote your event.

Familysupport@umbrella.uk.net.



unity

Supporting the causes **you** care about

You can win up to £25,000 each week! Entering is quick & easy. For just £1 a week per line, we get 50p with the other half being split between prize funds and Unity administration costs. If you haven't already signed up, you can find the link below :

<https://www.unitylottery.co.uk/causes/umbrella/>



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UMBRELLA VACANCIES

WE ARE RECRUITING!

Marketing and Fundraising Coordinator

We are looking for an experienced Marketing coordinator that has proven experience in developing a Marketing and Fundraising strategy. Full time, flexible working environment and competitive salary with pension. For more information or to submit your CV please contact Laura Beresford at; laura.beresford@umbrella.uk.net.

**WE ARE
HIRING**

Activity Support Workers

Working with children and young adults up to 30 years old with varying levels of needs (some including personal care). Supports are in group settings, one to one or two to one, working at Umbrella House or in the community.

Contracts are permanent and various hours are available

A Level 3 in Child Care, Health and Social Care, education or similar is desired but not essential.

WHAT WE OFFER;

- FREE training in epilepsy & disability awareness, Safeguarding and moving and assisting people plus investment into personal development
- FREE on site car parking
- FLEXIBLE contract hours - from 0 hours contracts to holiday and full time contracts with the ability to earn overtime.
- REFERRAL programme for recruitment
- PENSION
- Access to shopping discounts
- EXCITING progression opportunities

Please contact Laura Beresford on laura.beresford@umbrella.uk.net to find out more or request an application form, or for a confidential chat please contact 01332 521229.

www.umbrella.uk.net

admin@umbrella.uk.net

01332 785658



Derby City Council



LOTTERY FUNDED

Supported using public funding by

**ARTS COUNCIL
ENGLAND**



Umbrella House

64 Birdcage Walk,
Mackworth, Derby,
DE22 4LD

Umbrella information Office

The Ronnie Mackeith Child
Development Centre,
Derby Royal Hospital,
Uttoxeter Road DE22 3NDE

The Annie Hall Centre

8 Bedford Close ,
Derby,
DE22 3HQ



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