



Derby Neurodiversity Hub

What is Neuro Diversity?

Neurodiversity describes the idea that people experience and interact with the world around them in many different ways; there is no one right way of thinking, learning, and behaving, and differences are not viewed as deficits.

What our Hubs offers?

Our hub offers services for families of neurodivergent children and young people. You can speak to us about anything that you may be struggling with. We can help with signposting to the appropriate provision to support your needs.

We work in partnership with Umbrella, Children's First and Community One.

We offer outreach sessions to families with neurodivergent children and young people and to neurodivergent adults up to the age of 25 who would like advice and support.

At present we have outreach sessions available in three of our partner locations;

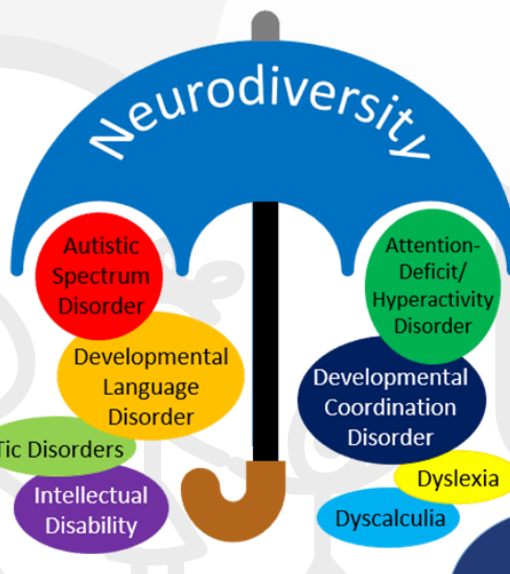
- Umbrella have an outreach session on the 4th July 10-12pm.
- Children's first have sessions every Tuesday from 10:30-12:30.
13 Leopold Street, Derby, DE1 2HE
- St James centre has an outreach session on 20th July 10-12pm.
Malcolm Street, Derby, DE23 8LU

Please feel free to drop into any of our outreach sessions for a chat!

Please do not hesitate to contact me on;

Telephone; 01332 604066

Email; maryam@stjamescentre.org



PLEASE CONSIDER MAKING A SINGLE OR MONTHLY DONATION AT UMBRELLA.UK.NET



UMBRELLA ADULT SERVICES

INDE

The Wednesday night INDE group have had some fun and exciting activities this month too. They kicked the month off with a yoga and Mocktail night trying all kinds of weird and wonderful combinations. After all of those Mocktails, Becki from Wild minds paid a visit to calm everyone back down with some Yoga and mindfulness to bring the evening to a close. The group had a pizza and film night too where everyone chose their favourite toppings to put on them and feasted on their creations whilst they watched a film.

Wednesday INDE also had some fun trips off site this month: They made a trip to Cueball for some pool with friends and then headed to KFC for some supper, what a treat! To finish the month off the group went to Oxygen to have some fun bouncing around. After all that bouncing, they headed to Tim Hortons for a drink and a donut.

Saturday INDE had an exciting visit from the Phoenix pony trust. They had a lovely afternoon with the ponies and donkeys in the sun and then had a nice picnic in the sun to finish the day off. The group have also been having some fun offsite trips- they met at Markeaton Park and headed over to the foot golf centre. They had an amazing time letting off some steam and seeing how far they could kick the balls. They then headed to McDonalds for a treat after all that exercise. To finish the month off, the Saturday group headed to the quad to watch a film. They then practiced some travel training and hopped on the bus to pride park for some lunch at the Merlin pub.



TEAM

This month, our TEAM daytime groups have been busy as usual. Now it's starting to feel a bit more like summer, the Monday TEAM had their own sports day in the sun. They tried lots of different fun and sporty games such as an egg and spoon race, hoopla and some throwing and catching games too. After working up an appetite, they then headed to the chip shop for a nice treat after all of their hard work. The Monday TEAM also had a lovely visit from Beki from Wild Minds, but not for our usual yoga session this time, instead the group had a go at laughter therapy. They had a great time laughing away with Beki and helped improve everyone's mood. They had another visitor this month, this time of the canine variety. Lottie enjoyed some lovely fuss from our young adults and lots of treats too.



The Tuesday TEAM have also had an exciting month enjoying Italian day by designing and making their own pizzas, having their own space day and making a papier-mâché planets and having meteor balls for lunch, and to finish the month off, they had an offsite trip to Moorways for some swimming.

The Wednesday team also had some fun swimming at the start of the month, it was lovely to see the young adults grow in confidence in the pool. They also enjoyed a Mexican day; Katy and Charlie made a wonderful piñata, it was a shame to get the sweets out in the end but the young adults had lots of fun doing so! They made enchiladas for lunch to carry on the Mexican theme, they were delicious! The Thursday TEAM have had an action packed month doing all sorts of fun activities from photography to yoga to pub lunches at the Kings Highway. The Friday TEAM have also been enjoying some deda trips, taking part in creative movement and music therapy. Junaid stayed onsite and enjoyed having a play with the new sensory wall that Toyota have kindly made for us. Lots of fun had by all!



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Umbrella Derby
and Derbyshire

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CHILDRENS TRIPS

This month on Childrens we have been out and about in the sun.

We started off with a Trip to the 'Big one' at Chaddesden Park. We had a look around the stalls, won some tombola prizes, had an ice cream, and even had enough money left over for a go at the funfair.

There were some super scary rides, but the children were feeling very brave.... Braver than most the staff who looked a funny colour just from watching the rides.

We went exploring in Nottingham, using our independence skills to catch the tram and find our way to adventure golf. That wasn't our only game of golf this month, we also headed over to Markeaton Park to play crazy golf, we also stopped for a quick go around the race track.

After all that excitement of being out and about, we had a couple of days in too, we had Olympics day, which was a great success, everyone had fun joining in. while we were at Annie's Place we also made sure we were looking after the allotment in the hot dry weather, Here is Arsenio watering the plants after his bike ride.



ONE TO ONES

Halima and Ibby spent a lovely Sunday morning last week, in the garden at Annie's place, Halima watered all the vegetables in the allotment whilst Ibby soaked in the sunshine, they also had fun playing on the swing and in the playhouse. Once it started to get a bit warmer, they headed inside to cool down and watch a movie and eat some snacks inside the pop-up tent.



UMBRELLA PLAY AND LEISURE

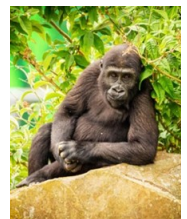


Congratulations to The Round The World Challenge Walking Group. The Group have walked around the World and are still walking! The group have taken part in a staggering 973.30 hours of walking!

Well done, Ian, Fiona, Matthew, Louise and Phillip. We are still looking for new members to join the group. Members need to be over 16 years old – all abilities are welcome For more information on the group please contact: Nicola.green@umbrella.uk.net



Great News Places Still available for our Umbrella trip to Blackpool Zoo!



Trip Date - Wednesday 23rd August 2023.

Leaving Derby Arena, Pride Park, Royal Way, Derby DE24 8JB at 8.00am and returning at 7.30pm (approximately)



Happy Days charity are subsidising the cost of one of the coaches. Which has enabled us to offer this trip at a reduced cost to families.

Blackpool Zoo are offering one carers ticket free, which again has reduced the cost.

The cost of the trip includes contributions towards coach costs and entrance to the zoo.

Child under 16 years - £20 per person

Adult over 16 years old - £24 per person

Carer £10 Contribution to coach (One free carer place at the zoo per child with a disability)

We understand that families are currently experiencing challenges so you can pay for the trip by instalments.

For more information or to book places please contact Nicola.green@umbrella.uk.net



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UMBRELLA FAMILY SUPPORT

Carer's Day Event - 23 Attendees
9 Support Groups—65 Attendees
119 - Single Point of Access Calls

25 New Members
1700 Members

MAGNA FAMILY FUN TRIP

Thank you to all the families that joined us on our family fun coach trip to Magna Science Adventure Park, in May half term. We all had a fantastic day out, exploring the interactive zones of fire, earth, air and water, playing on the adventure play ground and even some were brave enough to go in the splash park, despite the sun not being out! It was lovely to see parents talking with each other and the children making new friends. Thank you to Magna Science Adventure Park for their assistance in helping to make this a successful trip for all.



The Importance of feedback.

A couple of months ago Umbrella shared our parent carer survey with all of the families that are registered with us. We did this through personal e-mails, our Facebook support groups and here in the monthly bulletin. Only 44 families out of 1700 families we support answered the survey which was hugely disappointing for us. We rely heavily on your feedback for a number of reasons

1. It helps us grow and develop as a service
 2. It helps us to put things right when there is an issue or a problem
 3. We use it to justify to show all of our current funders the wonderful work that we are doing and to show them that our families and young people are happy with the service that we provide
- We use it to attract more funding so that we can keep services such as Family Support and Play and Leisure going. These services rely on grants from charitable trusts such as The Big Lottery Fund for their funding. Without the feedback we cannot apply for more fundng.

In a couple of months time we will be sending out another request for more feedback. I would like to ask that as many of you as possible complete the short survey when it comes out, it will take less than 5 minutes of your time but is hugely valuable to us. We value all feedback, good and not so good. Without feedback from you we risk being unable to secure funds for our services and therefore we and you risk losing them.

If you would like to provide us with any feedback in the meantime we have also set up a virtual suggestion box so that you can give us feedback at any time during the year, not just when we have an active survey. You can find this by clicking the link below and filling out a very short form, it will take only a couple of minutes of your time.

<https://forms.office.com/e/KG5N7GWBj4>



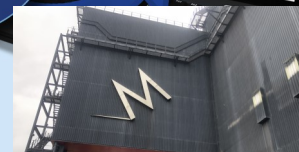
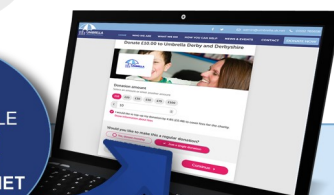
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UMBRELLA PARENT/ CARER SUPPORT GROUPS

Our support groups meet throughout the year, term time only. We also have Facebook groups that you are welcome to join if you are a member. Our Single Point of Access phone number is - 01332 785658 and Facebook messenger service which is available from 9 am– 3pm Monday – Friday.

We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment.

5th July - Derby City Support Group

10:30 am

Parent and Carers walk and lunch
(this event is open to all Parents and Carers)

We are meeting at Stenson Lock Coffee Shop, Stenson Road DE73 7HL and taking a walk along the Canal returning to the Stenson Bubble Inn for lunch.

You may park your car at the Stenson Bubble Inn car park.

13th July Amber Valley Support Group

10am—12 noon

The Strutts Building, Derby Road, Belper, DE56 1UU. Join us for Welfare Rights Information Session with our usual raffle and refreshments.

14th June - Under 5's group

10am - 12noon

At: Umbrella House, 64 Birdcage Walk,
Mackworth, DE22 4LD

Booking essential for this group

17th July Male Carers

THE GREYHOUND PUB

75-76 Friar Gate Derby DE1 1FN

Monday 17 July @ 7.30PM

The group have taken part in the event a few times now and have really enjoyed the evening out.

Why not come and join us?

Quiz starts at 8pm prompt but best be there earlier and get food ordered.

21st July - Parent and Girls / Parent and Boys Group

6pm– 8pm

Mundy Play Centre , Markeaton Park, Derby

Time for play and catch.

Please bring a picnic tea if you would like to.

6th September - Derby City Support Group and Gardening Group

8th September - Parent/ carer and Girls Group

12th September- Under 5's Support Group

14th September - Amber Valley Support Group

18th September - Male Carers Group

21st September - Parent/ carer and Boys Group

27th September - Erewash Group



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UMBRELLA FAMILY FUN SUMMER!

[25th July - Elvaston Castle - Picnic - 11am-1pm](#)

Umbrella are holding a Family Fun Picnic in the Park for the whole family. Come along with your own picnic, explore the grounds and take part in some of our activities. We will have bubble fun, activities and crafts; enjoy the park and have fun together. Parking Fee.

[2nd August - Bluebells Farm - 10am](#)

Come and join us on the Farm, our family support workers will be there to greet you and throughout the day, whilst you explore the farm. Please book directly with Bluebells for this <https://bookings.bluebelldairy.co.uk/book?>

[10th August - Markeaton Park - Picnic - 11am-1pm](#)

Umbrella are holding a Family Fun Picnic in the Park for the whole family. Come along with your own picnic, explore the park and take part in some of our activities. We will have bubble fun, activities and crafts; enjoy the park and have fun together. Parking Fee

[15th August - Forest School - Long Eaton Community Gardens - 10am-12:30](#)

This session will be run by Little Forester's Forest School. Activities could include den building, bug hunting, pond dipping, seasonal activities, nature crafts and campfire cooking. Family support workers will be on site during the session. This Session has limited spaces so payment is needed to secure your space. To book the session please complete this from: <https://forms.office.com/e/SVBzdtBtZH> - £6 per child.

[29th August - Shipley Park - Picnic 11am—1pm](#)

Umbrella are holding Family Fun Picnic in the Park for the whole family. Come along with your own picnic, explore the park and take part in some of our activities. We will have bubble fun, activities and crafts; enjoy the park and have fun together. Parking Fee.

[Please contact the Family Support Team for full details of each event - familysupport@umbrella.uk.net / 01332 785658](#)



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UMBRELLA VOLUNTEERS



At the beginning of June we presented Sergio with the Volunteer Award for 2023. Sergio is our longest standing volunteer at Umbrella and has helped on many projects over the years and is currently making a huge difference on the Tuesday youth group where he volunteers. Sergio received several nominations from Umbrella staff saying what a difference he makes.

Other nominations included **Wayne C, Julie C, Holly W, Mia R, Marion O, Kerri E, Emma J.** Their hard work and dedication is appreciated by all at Umbrella. All have received a certificate.



What a week (19th to 23rd June) – Toyota Apprentice Red team transformed Annie's place front garden with lots of magical touches. There's a new trim trial, a colourful Muriel, a banner, a bike track and a refurbished playhouse. They worked long days, in all types of weather and brought energy and enthusiasm on site all week. Thank you to the Toyota Charitable Trust for funding the project.



Shop with our partners

If you shop online or have taken to shopping online in recent times, you can raise money for Umbrella by shopping with our partners. Signing up is easy, you can either Google the names or click on the images to take you directly to the sites where you can find our more and sign up easily!



Give as you Live®



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Umbrella Derby and Derbyshire

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UMBRELLA FUNDRAISING

This August Umbrella are holding their First summer Fayre
Umbrella have some fantastic Raffle Prizes
Gulliver's Kingdom Tickets
Heights of Abraham family Ticket
Twycross Zoo family tickets
Denby Pottery Experience, paint a pot and tea or coffee plus cake
Derby Comedy Club tickets
Plus Many more prizes.

Tickets will be available on the day of the fayre along with other fundraising activities!



The poster features a blue background with a white cloud in the center. At the top, there are colorful triangular bunting flags. In the top right corner, there is a logo for 'UMBRELLA embracing abilities' featuring a stylized umbrella and stick figures. The main title 'UMBRELLA SUMMER FAYRE' is written in a large, blue, serif font, with '- SATURDAY 5TH AUGUST -' in a smaller font below it. The text inside the cloud reads: 'JOIN US AT ANNIE'S PLACE FOR AN AFTERNOON OF TRADITIONAL GAMES, TOMBOLA, RAFFLE, TABLETOP MARKET AND FUNDRAISING ACTIVITIES, WITH ALL FUNDS RAISED GOING DIRECTLY TOWARDS OUR WORK HERE AT UMBRELLA!'. Below the cloud, there is an illustration of a market stall with a red and yellow striped canopy, a table with various items, and a shelf with jars. In the bottom left corner, there is an illustration of two tickets. At the bottom, there is a red banner with white text: '11AM-4PM 5TH AUGUST' and 'ANNIE'S PLACE - 8 BEDFORD CLOSE DERBY DE22 3HQ'. In the center, there is text: 'FOR MORE DETAILS OR TO BOOK A SELLERS TABLE, CONTACT NICOLA.GREEN@UMBRELLA.UK.NET'.

UMBRELLA SUMMER FAYRE
- SATURDAY 5TH AUGUST -

JOIN US AT ANNIE'S PLACE FOR AN AFTERNOON OF TRADITIONAL GAMES, TOMBOLA, RAFFLE, TABLETOP MARKET AND FUNDRAISING ACTIVITIES, WITH ALL FUNDS RAISED GOING DIRECTLY TOWARDS OUR WORK HERE AT UMBRELLA!

FOR MORE DETAILS OR TO BOOK A SELLERS TABLE, CONTACT
NICOLA.GREEN@UMBRELLA.UK.NET

11AM-4PM 5TH AUGUST
ANNIE'S PLACE - 8 BEDFORD CLOSE DERBY DE22 3HQ



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Supporting the causes **you** care about

You can win up to £25,000 each week! Entering is quick & easy. For just £1 a week per line, we get 50p with the other half being split between prize funds and Unity administration costs. If you haven't already signed up, you can find the link below :

<https://www.unitylottery.co.uk/causes/umbrella/>



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USEFUL INFORMATION



Meet the BLUE LIGHT BRIGADE

FREE Event

29th July 2023
11:00 – 15:00
Market Place, Derby

Free bike and security marking



A great family fun day out. Come and meet the emergency services, Opportunities to meet officers from various departments
Off road bikes
Upright motorcycle safety team
St Johns ambulance
Sit inside the vehicles and try on uniforms
Recruitment stands
And many more exciting and interesting displays



Hubbub School Holiday Activity

Open to learning disabled and autistic young people aged 12-25



What will we be doing?

-  dance and movement
-  drama
-  socialising
-  art and craft

Workshops are all FREE, funded by the Reimagine project

Where?
Deda - 19 Chapel Street Derby

How do I sign up?
01332 374 665
karla@hubbubtheatre.org

Fundamental Derbys Wellbeing Family Festival



SAT 8TH JULY 11AM TO 3PM

A free fun day out for all with live music, sports, and activities to join in order to raise mental health awareness and showcase all the great support services Derby has to offer.

CATHEDRAL GREEN, DE1 3AF

More info: info@headhigh.org.uk



UMBRELLA embracing abilities

Charity Number 1150203



Fundamental HEADHIGH Derby City Council

Facebook: Umbrella Derby and Derbyshire
Twitter: @UmbrellaDerby

UMBRELLA VACANCIES

WE ARE RECRUITING!

Marketing and Fundraising Coordinator

We are looking for an experienced Marketing coordinator that has proven experience in developing a Marketing and Fundraising strategy. Full time, flexible working environment and competitive salary with pension. For more information or to submit your CV please contact Laura Beresford at: laura.beresford@umbrella.uk.net.

**WE ARE
HIRING**

Activity Support Workers

Working with children and young adults up to 30 years old with varying levels of needs (some including personal care). Supports are in group settings, one to one or two to one, working at Umbrella House or in the community.

Contracts are permanent and various hours are available

A Level 3 in Child Care, Health and Social Care, education or similar is desired but not essential.

WHAT WE OFFER;

- FREE training in epilepsy & disability awareness, Safeguarding and moving and assisting people plus investment into personal development
- FREE on site car parking
- FLEXIBLE contract hours - from 0 hours contracts to holiday and full time contracts with the ability to earn overtime.
- REFERRAL programme for recruitment
- PENSION
- Access to shopping discounts
- EXCITING progression opportunities

Please contact Laura Beresford on laura.beresford@umbrella.uk.net to find out more or request an application form, or for a confidential chat please contact 01332 521229.

www.umbrella.uk.net

admin@umbrella.uk.net

01332 785658



Derby City Council



LOTTERY FUNDED

Supported using public funding by

**ARTS COUNCIL
ENGLAND**



Umbrella House

64 Birdcage Walk,
Mackworth, Derby,
DE22 4LD

Umbrella information Office

The Ronnie Mackeith Child
Development Centre,
Derby Royal Hospital,
Uttoxeter Road DE22 3NDE

The Annie Hall Centre

8 Bedford Close ,
Derby,
DE22 3HQ



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