

A NEW Parent Carer Forum for Derby City

SEND Voice Derby

What is a parent carer forum?

The way parent carers work with services across a local area is by forming groups called parent carer forums.

A parent carer forum is a group of parents and carers of children and young people with Special Educational needs and or disability. Their aim is to make sure the services in their area meet the needs of children and young people with SEND and their families.

They do this by gathering the views of local families and then working in partnership with local authorities, health services, education and other providers to highlight where local services, processes and commissioners are working well, or indeed to challenge when changes or improvements need to be made.

In England there are parent carer forums in almost all local authority areas.

Forums usually have a steering group of parents who lead this work and listen to the views of other parents in the local area to make sure they know what is important to them. Forums are keen to hear from as many parent carers as possible.

In recent weeks your new Parent Forum have been setting up systems, developing a website and attending meetings with the Local Authority and others. In September they will be ready to connect and to hear from parents and carers in the City about how things which affect you as families of children with SEND are working. To develop the forum further they need more members on the steering group, so if you want to know more please contact Catherine Ratcliffe Catherine.ratcliffe@cafamilly.org.uk

Upcoming

EVENTS

- * **Umbrella Summer Fair** - 5th August 2023 - 11am - 4pm

Annie's Place, Bedford Close, Derby, DE22 3HQ

- * **White Swan Family Fun Day** - 28th August

The White Swan, Shepherd St, Littleover, Derby DE23 6GA



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UMBRELLA ADULT SERVICES

INDE

This month the Wednesday INDE group started off with a relaxing evening at Annie's. They incorporated a few of the young adults ideas and combined it into one pamper, baking and games night. There was a bit of something for everyone! Some made brownies some had a go on the switch and some put their feet up and relaxed for the evening. They also enjoyed an INDE classic; what's in the bag evening where they split into two teams and created a dish each with only the ingredients in the bag. They made some delicious fajitas and flapjack for dessert. Wednesday INDE also had another visit from Becki from wild minds to do some yoga. The group even made some delicious healthy smoothies for after all that stretching. They finally finished the month off with a trip to lazer quest at Pride Park. They had a couple of games of lazer tag then headed to subway for a bite to eat.

The Saturday group also had a fun month starting off with a historic day where they had a history quiz, researched some historical foods and then played some historic themed games; all things history! They also had some fun offsite where they met in town and took a slow walk to the lovely Arboretum Park and found a nice spot to enjoy their lunch before heading to Alter rock to scale some climbing walls. The group enjoyed an action packed climbing session before heading back to town. Despite the wet July we've had, Saturday INDE managed to fit in a BBQ and sports day and had a fun day out at Stonebridge farm where they looked around at all the different animals and had a go at feeding some.

TEAM

The Monday team kicked off the month of July with a trip to Highfields Park in Nottingham. They enjoyed a fun game of crazy golf before sitting and enjoying a picnic in the sun. They even treated themselves to a tasty ice cream. Monday team also had loads of fun at Annie's place throughout the month; they had a Wild Wild west day where they played wild west bingo and made wanted posters. They also had visits from our lovely friends Al the music man, Beki from Wild Minds for both Yoga and Laughter therapy this month and a visit from Meg!

Tuesday TEAM took a trip to Belper on the bus to explore the river gardens and find a spot for a picnic before heading round some charity shops, the Tuesday team love a good charity shop! They also had a dinosaur, a living in the wild day, and to finish the month, a zoo day!

Wednesday team did one of their favourite activities of cycling on the accessible bikes at Martkeaton park, had a mini-Olympics. Thursday, TEAM had a fun day working together to plan their favourite meal to cook. They then found some recipes online, wrote their shopping lists and headed to the shops. They then all prepared different aspects of the meal and enjoyed it together. Great work team!

Josh was celebrating his 21st Birthday this month and had lots of celebrations! Both Wednesday and Thursday TEAM's made his birthday special by celebrating with party games, cake and lots of party food! Happy Birthday Josh!



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CHILDRENS TRIPS

How do pirates know they are pirates? They think therefore they AARRRRR! We had lots of little pirates join us for pirate day which was a huge success, one of biggest groups in a while. We made our own pizza boats and pirate hat wedges for lunch. We did lots of pirate games and activities and a treasure hunt to find the gold!

We roared our way into town this month too, stomping around looking for dinosaurs and look what we found.

We had an amazing day looking at all the dinosaurs in Derby we got to meet different types of dinosaurs and see baby dinosaur and we even got to ride in the Jurassic Park Jeep, We also used our independence skills to chose our own lunch in subway and order it.

We took a trip to Bluebells Farm, which was lots of fun. We became poo detectives in the poo maize maze hunt, we had a go on the go karts, had a ride around on a tractor, fed the animals. It was such a busy day, but we did manage to take a break long enough to get some yummy ice-cream.



ONE TO ONES

Halima and Ibby recently spent a sunny Sunday morning in the garden at Annie's place. They really enjoyed exploring our new sensory board and drawing on the chalk boards.



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UMBRELLA PLAY AND LEISURE



Holiday Activity and Food Summer Play scheme

Umbrella were very lucky to receive HAF funding to provide a summer scheme for children aged 5 to 11 years.

The children attending the summer play scheme had a lovely first day.

Despite the poor weather report, the sun did appear, and the children were able to play outside. There was lots of running around and playing games.

The children then had a lovely lunch together, potato Smiles, homemade sausage rolls with Beans or Spaghetti hoops.



Great news – we are delighted to announce funding has been secured from the Masonic Charitable Foundation towards our Play and Leisure Service (PALS), this will be combined with money raised by the Mickleover Golf Captains to ensure our Play and Leisure Project Manager's role is funded (Nicola Green) for at least the next two years. The post is essential as it ensures children and young people who are not eligible for local authority funded services are able to access fun activities as well as our family parties, discos, trip to the seaside etc.

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UMBRELLA SUMMER FAYRE
- SATURDAY 5TH AUGUST -

JOIN US AT ANNIE'S PLACE FOR AN AFTERNOON OF TRADITIONAL GAMES, TOMBOLA, RAFFLE, TABLETOP MARKET AND FUNDRAISING ACTIVITIES, WITH ALL FUNDS RAISED GOING DIRECTLY TOWARDS OUR WORK HERE AT UMBRELLA!

TICKET

FOR MORE DETAILS OR TO BOOK A SELLERS TABLE, CONTACT
NICOLA.GREEN@UMBRELLA.UK.NET

11AM-4PM 5TH AUGUST
ANNIE'S PLACE - 8 BEDFORD CLOSE DERBY DE22 3HQ



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UMBRELLA FAMILY SUPPORT

2 Carer's Event attendees – 12
9 Support Groups - 33 attendees
143 - Single Point of Access Calls

21 New Members
1721 Members



Wow what an amazing July we have had. Lots of amazing Events and Support Groups!

Some of our carers headed to Breadsall Priory for a day of relaxation at the Spa. Thank you so much to The White Swan who have raised funds to make this possible.

Some of our Support Groups have been out and about this has meant that some people have accessed different groups that wouldn't have done so before. We thank you so much for coming a long and taking part in our Groups. Peer to Peer support is vital for so many of our Parents and Carers.

Our Parent and Girls and Boys Group met at Markeaton Park this month to finish the end of term with fun in the park. The children enjoyed meeting new friends as well as feeding the Swans.

We are very lucky to have wonderful opportunities to get out and about in the community and we hope that you will enjoy all our Summer activities that we have planned. Our Support Group programme for September will be available in the next bulletin.



We will be relaunching some of our Support Groups from September! Erewash, Gardening Group, Under 5's and parent and child groups are having a little change! We will also have new Wellbeing Walks and Carers events coming soon! Keep your eye out in September's Bulletin.



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UMBRELLA FAMILY FUN SUMMER!

[10th August - Markeaton Park - Picnic - 11am-1pm](#)

Umbrella are holding a Family Fun Picnic in the Park for the whole family. Come along with your own picnic, explore the park and take part in some of our activities. We will have bubble fun, activities and crafts; enjoy the park and have fun together. Parking Fee

[15th August - Forest School - Long Eaton Community Gardens - 10am-12:30](#)

This session will be run by Little Forester's Forest School. Activities could include den building, bug hunting, pond dipping, seasonal activities, nature crafts and campfire cooking. Family support workers will be on site during the session. This Session has limited spaces so payment is needed to secure your space. To book the session please complete this from: <https://forms.office.com/e/SVBzdtBtZH> - £6 per child.

[29th August - Shipley Park - Picnic 11am—1pm](#)

Umbrella are holding Family Fun Picnic in the Park for the whole family. Come along with your own picnic, explore the park and take part in some of our activities. We will have bubble fun, activities and crafts; enjoy the park and have fun together. Parking Fee.

[Please contact the Family Support Team for full details of each event - familysupport@umbrella.uk.net / 01332 785658](#)

Upcoming Events

- * **Ladies Only Swim Session - Starting back on the 15th September at Moorways For 6 weeks – 9.30am for 1 hour at the subsidised price of £3.10 per session. Please email family support to book place.**
 - * **Week Commencing 25th September Carers pamper morning with Clarins representatives**
 - * **September - Carers Spa Day**
- * **6th October - Umbrella Market Place Event - Moorways Sports Centre**
- * **Wills and Trust information evening with Simpsons Solicitors on Monday 23rd October at 6.45pm Umbrella House, 64 Birdcage Walk, DE22 4LD (20 places available)**



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UMBRELLA VOLUNTEERS

On Monday 3rd July, The materials engineering team from Rolls Royce came and volunteered 100 hours of garden maintenance. We are so grateful to the team for their time. All the sheds are neat, tidy, and organised. All the bikes from both our sites have been serviced, tyres pumped, and brakes fixed. The raised bed in our much-loved allotment have also been treated. We are summer ready thanks to Rolls Royce.



Welcome to our new volunteers who attended our recent training courses. Thank you for offering your time volunteering both with the children and the office to make our summer programmes a success. If you are interested in volunteering for Umbrella please contact Gurvinder on volunteers@umbrella.uk.net

Shop with our partners

If you shop online or have taken to shopping online in recent times, you can raise money for Umbrella by shopping with our partners. Signing up is easy, you can either Google the names or click on the images to take you directly to the sites where you can find our more and sign up easily!



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UMBRELLA FUNDRAISING



A very big Thank You to Angela Voon who once again opened her beautiful gardens to the public, and raised a very impressive £381 for Umbrella. This event is getting more and more popular every year – Angela says she was very excited to welcome some more Umbrella families this year. Umbrella are very grateful to everyone who supports this event. Angela will do it all again next year so do keep an eye out for the date .



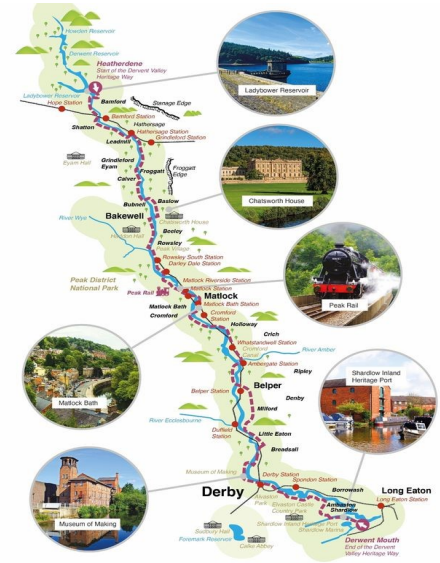
Derwent Valley Heritage Walk Challenge

In September, a group of colleagues from Hilton Spencer Academy who have decided to take on the challenge of a 55 mile walk, with an aim to complete it within 24 hours.

‘Over the years many students from the school have accessed the amazing support of Umbrella, this is our opportunity to challenge ourselves and give a little something back to a fantastic cause.’

If you would like to donate please use the link:

<https://gofund.me/78f58d28>



Friends of Umbrella “The White Swan Pub” in Littleover are holding their annual charity golf day and family fun day on August 27 and 28 which is bank holiday weekend. Over 100 golfers will take part in the golf day at Mickleover Golf Club on the Sunday and then on the Monday there is a family fun day in the pub car park. Umbrella’s Raindrops Choir will singing, Irish dance display, usual tombola stall and many others. So please if you can come and support this Umbrella Fundraising event .

If you can not come to the event but could support it by donating a raffle prize or tombola items – we would be very grateful. Please contact Alisha to arrange collection 01332 785658.



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<https://www.unitylottery.co.uk/causes/umbrella/>



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FAMILY HUB LAUNCH



SinfinFamilyHub
Stronger families through support & friendship

Summer Launch Monday 31 July – Friday 4 August

345 Sinfin Lane, Derby, DE24 9SF Tel: 01332 956967

Come and see us for a range of FREE fun and informative activities, drop-in sessions & workshops for all the family. No need to book – just turn up.



Scan for more information & a full schedule of activities

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Community Action NHS



RosehillFamilyHub
Stronger families through support & friendship

Summer Launch Monday 7 – Friday 11 August

17/19 Lower Dale Road, Normanton, Derby DE23 6WY Tel: 01332 641315

Come and see us for a range of FREE fun and informative activities, drop-in sessions & workshops for all the family. No need to book – just turn up.



Scan for more information & a full schedule of activities

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DerwentFamilyHub
Stronger families through support & friendship

Summer Launch Monday 14 – Friday 18 August

Monmouth Street, Derby DE21 6BD Tel: 01332 641010 or 07812 301430

Come and see us for a range of FREE fun and informative activities, drop-in sessions & workshops for all the family. No need to book – just turn up.



Scan for more information & a full schedule of activities

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Osmaston AllentonFamilyHub
Stronger families through support & friendship

Summer Launch Monday 21 – Friday 25 August

60 Cockayne Street North, Allenton, Derby DE24 8XB Tel: 01332 956850

Come and see us for a range of FREE fun and informative activities, drop-in sessions & workshops for all the family. No need to book – just turn up.



Scan for more information & a full schedule of activities

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BecketFamilyHub
Stronger families through support & friendship

Summer Launch Tuesday 29 August – Friday 1 September

35 Stockbrook Street, Derby DE22 3WR Tel: 01332 640250

Come and see us for a range of FREE fun and informative activities, drop-in sessions & workshops for all the family. No need to book – just turn up.



Scan for more information & a full schedule of activities

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UMBRELLA AGM

Umbrella Derby and Derbyshire

64 Birdcage Walk, Mackworth, Derby, DE22 4LD



*Umbrella would like to invite you to our
Annual General Meeting.*

On Wednesday 13th September 2023 at 7pm
At: Mickleover Golf Club, Uttoxeter Rd, Mickleover, Derby
DE3 9AD

We would love to see you. Light refreshments will be available.
Agenda, minutes, accounts and our annual report will be forwarded to all
who have registered with the office prior to the meeting and some copies will
be available on the night.

Please let us know you can join us or register your interest by calling the
office on 01332 521229 or email dianem@umbrella.uk.net.

www.umbrella.uk.net

admin@umbrella.uk.net

01332 785658



Derby City Council



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ARTS COUNCIL
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Umbrella House

64 Birdcage Walk,
Mackworth, Derby,
DE22 4LD

Umbrella information Office

The Ronnie Mackeith Child
Development Centre,
Derby Royal Hospital,
Uttoxeter Road DE22 3NDE

The Annie Hall Centre

8 Bedford Close ,
Derby,
DE22 3HQ



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