



# YOUR FEEDBACK MATTERS

A couple of months ago Umbrella shared our parent carer survey with all of the families that are registered with us. We did this through personal e-mails, our Facebook support groups and here in the monthly bulletin. Only 44 families out of 1700 families we support answered the survey which was hugely disappointing for us. We rely heavily on your feedback for a number of reasons

1. It helps us grow and develop as a service
2. It helps us to put things right when there is an issue or a problem
3. We use it to justify to show all of our current funders the wonderful work that we are doing and to show them that our families and young people are happy with the service that we provide We use it to attract more funding so that we can keep services such as Family Support and Play and Leisure going. These services rely on grants from charitable trusts such as The Big Lottery Fund for their funding. Without the feedback we cannot apply for more funding. In a couple of months time we will be sending out another request for more feedback.

We would like to ask that as many of you as possible complete the short survey when it comes out, it will take less than 5 minutes of your time but is hugely valuable to us. We value all feedback, good and not so good. Without feedback from you we risk being unable to secure funds for our services and therefore we and you risk losing them. If you would like to provide us with any feedback in the meantime we have also set up a virtual suggestion box so that you can give us feedback at any time during the year, not just when we have an active survey. You can find this by clicking the link below and filling out a very short form, it will take only a couple of minutes of your time.

<https://forms.office.com/e/KG5N7GWBj4>



Charity Number 1150203



Umbrella Derby  
and Derbyshire

@UmbrellaDerby

PLEASE  
CONSIDER  
MAKING A SINGLE  
OR MONTHLY  
DONATION AT  
UMBRELLA.UK.NET



# UMBRELLA ADULT SERVICES

## INDE

INDE have had a lot of summer fun this August! Starting off with Wednesday INDE; All the Kens and Barbies of the group went to watch the Barbie movie. They also got their grove on and had a 1970s style disco there were disco lights, glow sticks and most importantly a buffet whilst they danced the night away to 1970s music. The group got their sports gear ready for a night of sports which included football, basketball and beanbag tossing. They all used their amazing cooking skills to make some home made pizza after all the sports fun. To finish off summer the whole group had some amazing fun with a BBQ and a water fight! Water guns and water balloons were used as well as a few sneaky jugs of water.

Saturday INDE have enjoyed an equal amount of summer fun! Starting with the summer fayre. The young adults enjoyed volunteering and participated in the Umbrella Summer Fayre selling their own hanging baskets and plants. As well as helping on the cake stall. They helped to raise over £820 - Well done INDE! They group had a well-deserved relaxing day after all the hard work from the fund raiser and were treated to a buffet and movie day. After a well deserved rest they caught the bus to Belper and explored what Belper had to offer after catching a hearty meal at the White Lion Hotel. The group are massive foodies and love a trip to Maysum - so they hopped on the bus and filled their boots! Then took a little walk to the Corner House for a cheeky game of golf to finish off the month.

## TEAM

As summer is coming to an end its time to reflect on what TEAM daytime have been up to! Monday team have got up to a lot of fun this summer from having a fun filled festival day to a relaxing walk in Darely Park. Monday Team have been exploring the allotment and picking their own grown vegetables ready to use for the wonderful cooking they get up to such as making some mouth-watering Italian food for Italian day.

Tuesday daytime have been working on their cockney accents and dressing up as characters of the famous soap Eastenders. Annie Place was turned into the Albert square, and we even had our own Queen Vic which had non alcoholic drinks whilst they practised their cockney accents. Tuesday TEAM have also hopped onto the bus to explore Stonebridge farm and explore all the wonderful animals as well as having a look at their allotment.

Wednesday TEAM have started off August by heading out to Ashbourne to enjoy an assessible walk on Tissington Trail. Onsite activities have ranged from making their own rockets and astronaut costumes as well as having a relaxed spa day making their own homemade face masks to melt away any stresses.

Thursday TEAM have been using their imagination as part of fairy-tale day where they cooked up toffee apple from snow white and made butternut squash pasta using Cinderella's carriage. They also celebrated Wizard of Oz and made some scarecrows for the Umbrella allotment to keep the birds away.

Friday TEAM have had their scientific hats on and have been taking part in some crazy science experiments. Friday team have also enjoyed baking taking part in a friendly bake off making some beautiful brownies, scones, and cupcakes.



Charity Number 1150203



Umbrella Derby  
and Derbyshire

@UmbrellaDerby



# UMBRELLA CHILDREN'S SERVICES

I would like to start out with a huge THANK YOU! Over the 6 weeks summer holidays we have run a total of 23 trips! None of which could have run without the dedication of our amazing staff and volunteers, so thank you all for your support and help!

What a summer we have had, lots and lots of themed days such as Mr Men Day, Alice in wonderland day and Lego day. We have also had lots of excitement offsite, and we have visited the farm and for a bounce around at Jumpin fun.

Here are just a few of our highlights.

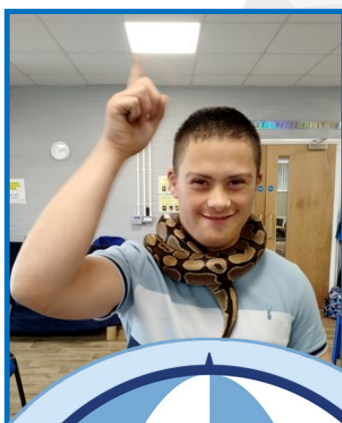
One of my personal favourites this year was our trip to Matlock Bath, we caught the train from Derby station. We used our independence skills to order lunch from the chip shop. We went into the arcade and the children spent some of their money on a machine of their choice, we even had time for a quick ice cream before we jumped back on the train back to Derby.



Women's World Cup Day was a great success, much like our themed days. The children enjoyed playing football in many different ways.

Our carnival day was filled full of fun, not only did we play lots of carnival days in the morning, but we had a visitor in the afternoon, the children loved Matts mini beasts.

As you can see, they were very brave and wanted to hold all the mini beasts which included lizards, snakes and even a super scary tarantula, I'm not sure the adults all felt the same way!



Charity Number 1150203



Umbrella Derby  
and Derbyshire

@UmbrellaDerby



# UMBRELLA PLAY AND LEISURE



## Blackpool Zoo Family Trip

The Families had a wonderful time at Blackpool zoo, the sun was shining and there was lots to see.

A big thank you to Blackpool Zoo for offering a carers free places and offering reduced prices to the rest of the attendee's.

We must also give a huge thank you to Happy Days for subsidising the cost of the coaches.



## Holiday Activity & Food Summer Play scheme

Wow!

There was lots of fun at Annie's Place in the summer holidays when the HAF children attended the Summer Play scheme.

Everyone enjoyed the themed days and had a great time playing inside and outside.

After all the activities, there were lots of hungry tummies and the children had lunch together.



## Umbrella Play & Leisure Youth Clubs

We currently have places at the following groups if you would like further information please contact [Nicola.green@umbrella.uk.net](mailto:Nicola.green@umbrella.uk.net)

**Sawley Youth Club** – Sawley Memorial Hall, Sawley Long Eaton

The Sawley youth club is held fortnightly from 10am – 1.00pm

The club is open to children aged 11 to 18 years who do not need 1-1 support and are not accessing other services.

**Friday Seniors Youth Club** – Annie's Place, Derby

The group is open to young people aged 15 to 30 years who do not need 1-1 support and are not accessing other services. The group take part in onsite and offsite activities.



Charity Number 1150203



Umbrella Derby and Derbyshire

@UmbrellaDerby

PLEASE CONSIDER MAKING A SINGLE OR MONTHLY DONATION AT [UMBRELLA.UK.NET](http://UMBRELLA.UK.NET)





# UMBRELLA FAMILY SUPPORT

Our Single Point of Access phone number and Facebook messenger service is available from 9 am– 3pm, Monday – Friday. Please contact us on 01332 785658/ [Familysupport@umbrella.uk.net](mailto:Familysupport@umbrella.uk.net)

## Family Fun Summer!



Thank you to everyone that came to join us at our three Family Picnics through the Summer, at Elvaston Castle, Markeaton Park and Shipley Country Park, we had some really good turn outs, especially considering the weather wasn't great for two of them! We had lots of fun with bubbles, frisbees, footballs, parachute games, scavenger hunts and lots of really creative, mindful crafting too.... And of course lots of playing on the play ground equipment. As always its lovely to see our families connecting with each other, supporting each other and friendships being made.

We had a lovely day at Bluebells Farm, luckily the weather stayed fine and we managed to explore the farm and stay dry! The children enjoyed playing on the bouncy pillow and the zip wire, whilst the parents sat down for a cuppa and chat. There was lots of animals to see, and even an ingenious automatic milking machine! Our families enjoyed the tractor and trailer ride and of course the yummy ice-cream!



Thank you to Little Foresters, at Long Eaton Community Gardens for our brilliant Forest school session. We had lots of fun pond dipping, the children found newts, water boatmen and lots of other mini beasts, and then tried to identify them all. We had fun playing in the mud kitchen and in the water, and doing some different crafts, like making jewellery out of hollowed out elder branches. We all then helped to make a fire and cooked a delicious lunch on it, which was very much enjoyed by all. The children also picked some produce and set up a little shop, to try and raise some funds for the community garden. A great morning was had by all.

What a fantastic time we had at the new inclusive, immersive, Imbue Gaming and Tech centre. The children enjoyed playing on the gaming PC's, we did some coding, and we all played a guess the drawing game, which was lots of fun! The children then got time to play with the interactive wall, splatting aliens, on the car simulator, and on the VR headsets. Thank you to Imbue for a brilliant morning.



Charity Number 1150203



Umbrella Derby and Derbyshire

@UmbrellaDerby

# UMBRELLA PARENT/ CARER DROP IN SUPPORT SESSIONS & GROUPS

Our support groups meet throughout the year, term time only. We also have Facebook groups that you are welcome to join if you are a member.

***We offer a warm friendly welcome at our support groups, a time to be yourself in a safe and confidential environment.***

<p><b><u>6th September - Derby City Support Group</u></b>  <b><u>10am – 12pm</u></b>                      The Annie Hall Centre, 8 Bedford Close, Derby DE22 3HQ                      Today we have two information sessions:                      Welfare Rights Advice &amp; Derby County Community Trust</p>	<p><b><u>13th &amp; 27th September - Under 5's group</u></b>  <b><u>10am - 12noon</u></b>                      At: Umbrella House, 64 Birdcage Walk, Mackworth, DE22 4LD                      £2 per child - drink and snack available  <b><u>Booking essential for this group</u></b></p>
<p><b><u>14th September</u></b>  <b><u>Amber Valley Drop in Support Session</u></b>  <b><u>10am—12 noon</u></b>                      The Strutts Building, Derby Road, Belper, DE56 1UU.                      Join us for a guest speaker from Derbyshire Time Swap for 45 minutes.                      Plus Tea/Coffee cake and raffle</p>	<p><b><u>15th September - Parent and Child Group</u></b>  <b><u>5:30pm – 7:30pm</u></b>                      Elvaston Castle, Borrowash Road, Elvaston Derby, Derbyshire, DE72 3EP                      Meeting by the Ice Cream Van spot!                      This will be a time to explore, meet new friends and have fun!                      Bring along food and drink if you want to.</p>
<p><b><u>20th September - Male Carers - Axe Throwing</u></b>                      At: Hatchet Harrys 4A Albion Street, Derby DE1 2PR                      Time: 7.45pm prompt                      Cost: £11pp                      It promises to be an experience you won't forget!  <b>NOW FULLY BOOKED!</b></p>	<p><b><u>28th September</u></b>  <b><u>Erewash Drop in Support Session</u></b>  <b><u>10am - 12 noon</u></b>                      At: Long Eaton Family Support Centre, Lime Terrace, Long Eaton, Nottingham, NG10 4LF                      Visiting guest speaker from Erewash Time Swap for 45 minutes.                      Plus Tea/ Coffee and cake.</p>

**4th October - Derby City Support Group and Gardening Group**

**6th October - SEN Provider Market Place**

**6th October - Parent/ carer and Girls Group**

**11th & 25th October- Under 5's Support Group**

**12th October - Amber Valley Support Group**

**18th October - Mindful Gardening Course**

**20th October - Parent/ carer and Boys Group**

**23rd October - Male Carers Group**

**26th October - Erewash Group**



Charity Number 1150203



Umbrella Derby and Derbyshire

@UmbrellaDerby

PLEASE CONSIDER MAKING A SINGLE OR MONTHLY DONATION AT [UMBRELLA.UK.NET](http://UMBRELLA.UK.NET)





# UMBRELLA FAMILY SUPPORT EVENTS

## NEW - Mindful Gardening course

Feeling frazzled after the summer holidays?

Need time to re-connect with yourself and the world around you?  
Or would you like to learn a few gardening skills while you meet up  
with other parents and carers?



**Come along and take part in our new Mindful Gardening course**

**Starting: 20th September**

**When:** The 3rd Wednesday of the month, 20/09, 18/10, 15/11, 20/12

**Time:** 10:00 - 12:00

**Where:** in the Community Allotment

**At:** Annie's Place, Bedford Close, Derby, DE22 3HQ

**£3 per session** - to contribute to equipment.

Each month we will take time to experience gardening's mental well-being benefits, take a mindful moment in our community garden at Annie's Place and complete a small gardening activity to try at home.

As well as gardening, the session will be a place to meet new people and chat with our Family Support team for advice and signposting. The kettle will be on for hot drinks and biscuits!

### Booking is essential

To book please contact: Karin  
01332 785658.  
Or [Familysupport@umbrella.uk.net](mailto:Familysupport@umbrella.uk.net)



## UMBRELLA PARENT AND CHILD GROUP



Please join us for our Parent and Child Group visit to Elvaston Castle.

**15th September 2023**

**5:30pm - 7:30pm**

**Elvaston Castle, Borrowash Road, Elvaston  
Derby, Derbyshire, DE22 3EP**

**Parking Cost: 2 hours - £2.50 or FREE for Blue Badge Holders**

We will be heading into the woods and around the grounds to explore the area.

We will have some activities to participate in as well.

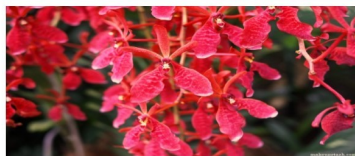
This will be a time to explore, meet new friends and have fun!  
Please make sure you have appropriate clothing and footwear.

(Parents are responsible for their young people at all times)

Do bring food and drinks with you.

Please let us know you are attending – [Familysupport@umbrella.uk.net](mailto:Familysupport@umbrella.uk.net)

## PARENT CARERS PAMPER EVENT



FAMILY SUPPORT TEAM ARE EXCITED TO HOST A  
"TIME FOR ME EVENT"  
WITH CLAIRNS COSMETICS

A SENSORY EXPERIENCE AND OVERALL WELLBING PAMPER  
PLUS TREAT BAG TO TAKE HOME AND ENJOY  
(this is a free event)

TUESDAY 26 SEPTEMBER 2023

AT THE ANNIE HALL CENTRE 8 BEDFORD CLOSE DE22 3HQ  
10AM TO 12NOON

REFRESHMENTS AVAILABLE

Email: [familysupport@umbrella.uk.net](mailto:familysupport@umbrella.uk.net) to book on

Following the success of previous ladies only swim session - a new group starts on Friday 15 Sept for 6 weeks for Umbrella members at Moorways Sports Village DE24 9HY at 9.30 – 10.30am subsidised price £3.15 per session

Email to book place:

[Alisha.McGuinness@umbrella.uk.net](mailto:Alisha.McGuinness@umbrella.uk.net)

**Please contact the Family Support Team for full details of each event - [familysupport@umbrella.uk.net](mailto:familysupport@umbrella.uk.net) / 01332 785658**



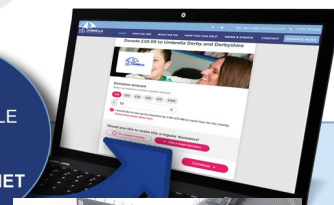
Charity Number 1150203



Umbrella Derby  
and Derbyshire

@UmbrellaDerby

PLEASE  
CONSIDER  
MAKING A SINGLE  
OR MONTHLY  
DONATION AT  
UMBRELLA.UK.NET



# UMBRELLA EVENTS

## Umbrella Derby and Derbyshire

64 Birdcage Walk, Mackworth, Derby, DE22 4LD



Registered Charity No. 1150203  
Company Registration No. 07904108

*Umbrella would like to invite you to our  
Annual General Meeting.*

On Wednesday 13th September 2023 at 7pm  
At Mickleover Golf Club, Uttoxeter Road, Mickleover.

Sat nav: DE3 9AF Or join us by TEAMS

(Please ensure you are identifiable on TEAMS as we need to keep a record of votes by members)  
Meeting ID: 382 521 631 865 Passcode: GJe9bB

We would love to see you - please let us know you can join us by calling the office

on 01332 521229 or email  
dianem@umbrella.uk.net.

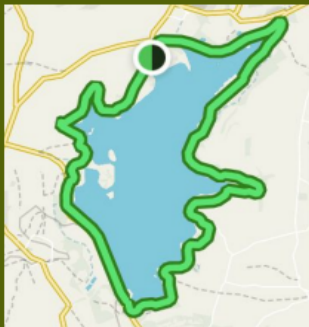
Tea, coffee and soft drinks available.



Agenda, minutes, accounts and our annual report will be forwarded to all who have registered with the office prior to the meeting and some copies will be available on the night.

**26<sup>th</sup> NOVEMBER, 10am** **£10**

## 12K CHARITY WALK



### CARSINGTON WATER

- £10 Entrance Fee
- Gift for Completing Challenge
- All Proceeds go to Umbrella
- Walkers will be Required to Sign a Disclaimer Form

• For more info, contact:

- Rob Rowan
- Jeremy Murphy
- Alisha McGuinness
  - [alishamcguinness@yahoo.co.uk](mailto:alishamcguinness@yahoo.co.uk)



Sponsored by

**HUUB**

Umbrella are holding their Annual

## SEN Provider Marketplace

Moorways Sports Village and Water Park

Moor Ln, Allenton, Derby DE24 9HY

09:30am-2pm

Friday 6th October 2023

Please come along and meet local service providers at this free event. Representatives from children's and adult services, care, play and leisure will be there to answer your questions!

This is a drop in session throughout the day.

Café on site, free parking for 3 hours .

Please contact the Family Support Team for further information

01332 785658 / [familysupport@umbrella.uk.net](mailto:familysupport@umbrella.uk.net)



Charity Number 1150203



Umbrella Derby  
and Derbyshire

@UmbrellaDerby

PLEASE  
CONSIDER  
MAKING A SINGLE  
OR MONTHLY  
DONATION AT  
UMBRELLA.UK.NET





## UMBRELLA VOLUNTEERS

thank you  
volunteers!

Wow, what a busy summer! Thank you to our volunteers who gave their time across all services over the 6 weeks summer holidays. We couldn't have done it without you.

If you are interested in volunteering for Umbrella, please contact Gurrinder on [volunteers@umbrella.uk.net](mailto:volunteers@umbrella.uk.net)

### **VOLUNTEER NEEDED!** **ARE YOU HANDY AND ABLE TO OFFER SOMETIME.**

There are a few jobs that need doing at Umbrella House

- \*Car park needs weeding and general tidy up
- \*Do you have a van and can do a tip run for us
- \*have you got experience with blinds our office blinds need repairing.

**IF YOU CAN OFFER YOUR TIME AND SERVICES,  
PLEASE CONTACT: [volunteers@umbrella.uk.net](mailto:volunteers@umbrella.uk.net)  
PLEASE LEAVE YOUR PHONE NUMBER AND EMAIL ADDRESS.**

### **Shop with our partners**

If you shop online or have taken to shopping online in recent times, you can raise money for Umbrella by shopping with our partners. Signing up is easy, you can either Google the names or click on the images to take you directly to the sites where you can find our more and sign up easily!

**PayPal**  
Giving Fund

**RIVIERA**  
TRAVEL



**Give as you Live®**

PLEASE  
CONSIDER  
MAKING A SINGLE  
OR MONTHLY  
DONATION AT  
[UMBRELLA.UK.NET](http://UMBRELLA.UK.NET)



Charity Number 1150203



Umbrella Derby  
and Derbyshire

@UmbrellaDerby

# UMBRELLA FUNDRAISING

*thank you*



Thank you to everyone who came along and supported us at our Summer Fair in August. We weren't lucky with the weather that day but with all your support it was a very bright and wonderful day.

We raised a massive £830!

We would like to thank all our service users who came along and helped out running stalls. They did a fantastic job all day. You should be very proud of yourselves for all your hard work.

We were kindly donated some wonderful cupcakes from Derby University and from friends of Umbrella. They were snapped up and eaten very quickly and looked so delicious.



Stephanie and a group of colleagues from Hilton Spencer Academy have decided to take on this challenge of a 55 mile walk, with an aim complete as much as possible within 24 hours. Over the years many students from the school have accessed the amazing support of Umbrella, this is our opportunity to challenge ourselves and give a little something back to a fantastic cause.

To support the team please follow the link: <https://gofund.me/eaddbed0>

We wish them all the best of luck and Thank you for taking on this challenge to support us!



**unity**

Supporting the causes **you** care about

You can win up to £25,000 each week! Entering is quick & easy. For just £1 a week per line, we get 50p with the other half being split between prize funds and Unity administration costs. If you haven't already signed up, you can find the link below :

<https://www.unitylottery.co.uk/causes/umbrella/>



Charity Number 1150203





# UMBRELLA VACANCIES

## WE ARE RECRUITING!

### Activity Support Workers

Working with children and young adults up to 30 years old with varying levels of needs (some including personal care). Supports are in group settings, one to one or two to one, working at Umbrella House or in the community.

Contracts are permanent and various hours are available

A Level 3 in Child Care, Health and Social Care, education or similar is desired but not essential.

### **WHAT WE OFFER;**

- FREE training in epilepsy & disability awareness, Safeguarding and moving and assisting people plus investment into personal development
- FREE on site car parking
- FLEXIBLE contract hours - from 0 hours contracts to holiday and full time contracts with the ability to earn overtime.
- REFERRAL programme for recruitment
- PENSION
- Access to shopping discounts
- EXCITING progression opportunities

Please contact Laura Beresford on [laura.beresford@umbrella.uk.net](mailto:laura.beresford@umbrella.uk.net) to find out more or request an application form, or for a confidential chat please contact 01332 521229.

**WE ARE  
HIRING**

[www.umbrella.uk.net](http://www.umbrella.uk.net)

[admin@umbrella.uk.net](mailto:admin@umbrella.uk.net)

01332 785658



Derby City Council



LOTTERY FUNDED

Supported using public funding by

**ARTS COUNCIL  
ENGLAND**



### **Umbrella House**

64 Birdcage Walk,  
Mackworth, Derby,  
DE22 4LD

### **Umbrella information Office**

The Ronnie Mackeith Child  
Development Centre,  
Derby Royal Hospital,  
Uttoxeter Road DE22 3NDE

### **The Annie Hall Centre**

8 Bedford Close ,  
Derby,  
DE22 3HQ



Charity Number 1150203



Umbrella Derby  
and Derbyshire

@UmbrellaDerby