



Charity Number 1150203

JANUARY 2025

A NOTE FROM

HANNAH HORSEWELL OPERATIONS MANAGER

Happy new year everyone! We hope that even though the festive season can be challenging for many of our young people and families that you all managed to find some small moments of peace and joy.

You might have noticed that you haven't seen a bulletin pop into your inbox for a few months, we hope that you are finding the new monthly What's on guide helpful.



Read on to find out about lots of exciting things that we have been doing over the last few months and what we have coming up in the near future.

We are looking for 2 new trustees to join our current board, ideally someone with legal knowledge and someone with knowledge of supporting minority ethnic communities. Please contact: volunteers@umbrella.uk.net for more information.



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FAMILY SUPPORT

For more information about our service please contact
familysupport@umbrella.uk.net or call 01332 521229

PARENT AND CARER SUPPORT

It has been an incredibly busy time in Family support with so many different events and groups taking place over the last couple of months.

We have had our busiest support groups ever with an increase in new attendees, which has been wonderful. There has been so much peer to peer support and visits from organisations to share useful information. We have also been running a wellbeing course at the Elephant Rooms again which has been booked to capacity. Many thanks to The Elephant Rooms for providing such a calming and welcoming environment as well as your amazing cakes!

We have also had a successful shopping trip to Sheffield with a lovely lunch as well.

We hope that everyone has enjoyed the events and we look forward to providing more this year.



PARENT AND CARER CHRISTMAS

Our Christmas sessions have been particularly busy this year. Wreath making, tree decorations and a meals out are just some of the fantastic sessions we have had. We have some extremely creative carers amongst us. We are extremely great full to all the businesses that have provided support to these groups and to those who have provided Christmas presents to some of our children.



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FAMILY FUN

In October half term we were able to provide transport and discounted tickets to Yorkshire Wildlife Park. What an amazing day it was. The weather was kind to us so we were able to explore and learn new things about all of the different animals. We learnt how tall we were in comparison to the giraffe as well as watching the polar bears play together. It was great to see some new and old faces, and to see so many people having a great time. Money raised by The White Swan Littleover went towards subsidising this trip, so a massive thank you to them. Thank you to all the families who came a long it was such a special day for a The Family Support team and we hope it was for you too.



PARENT AND CHILD GROUP

The group headed bowling in November. They had a brilliant Saturday morning at MFA Bowl in Ilkeston. Saturday group is something we haven't done before but it was a great success.

The families had a great time, it was lovely to see them working together, cheering each other on and having so much fun.



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Halloween Disco

It's been a busy and exciting time at Umbrella recently, and we wanted to take a moment to share all the fun and happenings with you. Halloween Disco Highlights - What a great night! The families had a brilliant night, and we had some fabulous costumes.

A huge thank you to DJ Ashley for setting the perfect vibe, spinning some amazing tunes, and getting everyone on the dance floor! The music had us all moving and grooving throughout the night. The Friday youth club did a fantastic job selling raffle tickets and running the tuckshop. Thank you for all your help.

JACK & THE BEANSTALK PANTOMIME

We had the amazing Chaplinspantos4kids join us at Annie's place

This year we had an afternoon matinee which the families really enjoyed.

A big thank you to Dale and her team who not only raised money to cover the cost of the panto but then provided hot chocolate, sweets and candy canes for the families that attended.

PLAY AND LEISURE



CHRISTMAS HOLIDAY ACTIVITY AND FOOD PLAY SCHEME

The Children had a lovely day at Annie's Place getting into the Christmas Spirit. There was a lovely surprise visit from Father Christmas.

The children enjoyed meeting him and sharing with him what they have been doing throughout the year as well as what they would like him to bring them. They were so happy to get a lovely gift too.



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PLAY AND LEISURE

Umbrella Family Christmas Party

The families had a lovely time at The Umbrella family Christmas Party. Santa was very busy handing out over 60 presents to the children and adults that attended.

The party brings all the families together to enjoy a time of year that can be very challenging. With a range of different game stalls as well as a well received boogie on the dancefloor! Santa even came out of his grotto for the Conga!!

A Big thank you to Russ & Jordan the DJ'S who come along and provide the disco free of charge.

A big thank you to Sarah & Team at Rolls Royce for making it a special day.



BEN BUTLER ACHIEVEMENT AWARDS 2024

Umbrella staff have been very busy nominating children and young adults for the Ben Butler Achievement Awards. A big well done to all that were nominated. This year's winners were:

Under 14's - Jaxon who was nominated by his support worker Tracey

Over 14's - Halima who was nominated by her support worker Karis



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BUILDING FRIENDSHIPS

The INDE group has had an amazing few months packed with laughter, friendship, and some truly memorable moments. One of the highlights was their spooktacular Halloween party, where they dove into some hilarious “Minute to Win It” challenges. From frantically stacking cups to mummy challenges, everyone brought their A-game! It wasn't just about the fun though, these challenges helped the group work together, cheer each other on, and grow in confidence. But the fun didn't stop there! The group has been out and about, enjoying trips to the panto, hitting the lanes for some bowling, and testing their skills at crazy golf. These outings have been brilliant opportunities to spend time together, try new things, and just have a good laugh. It's been great to see how much they've achieved—not just through the activities, but in how they've supported each other, built friendships, and shared so many fun experiences. Whether they're teaming up for a challenge or cheering each other on, the INDE group have made these past few months one to remember!

ADULT SERVICES



BUILDING CONFIDENCE AND INDEPENDENCE

Over the past three months, our amazing young adults have achieved so much! One of the highlights was their Christmas meal, which they all played a big part in creating. Everyone got stuck in with prepping the vegetables for their festive feast, showcasing fantastic teamwork and growing independence in the kitchen. It was wonderful to see their confidence bloom as they tackled tasks and supported one another. After all the hard work, they celebrated with party games that brought plenty of laughs and smiles. They also dove into Christmas crafts, making some fun, creative decorations that added a personal touch to the season. These activities not only boosted their confidence in carrying out practical skills but also encouraged creativity, communication, and self-expression, all whilst having fun with their friends! It's been a lovely few months filled with lots of Christmas spirit!



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CHILDREN SERVICES

MENTAL HEALTH AND WELLBEING

Violet has been enjoying spending time with Rachel her support worker for the day. During the children's trip Violet chose to do some Christmas baking with Rachel. Violet was able to follow the recipe and spent time working on her measuring, mixing and creative skills. Violet likes to talk to her support worker about her favourite things her love of strictly come dancing, the outfits she likes to wear for each dance of her favourite stars and cooking at home and school. Talking while baking helped her feel heard and valued, turning the kitchen into a safe space where she could express herself freely.



FINE MOTOR SKILLS

Our Children enjoy being out in the fresh air. Engaging in outdoor physical activities whether it's climbing, playing with a ball, cycling, or simply chasing each other helps them build strength, coordination, and endurance. Beyond the physical benefits, these moments in nature significantly boost their mental health. Fresh air and sunlight uplift their mood, while the freedom to explore and play enhances creativity and resilience. Playing with peers teaches teamwork and problem-solving, helping them develop social skills and self-confidence. Outdoor activities aren't just playtime; they're essential for nurturing happy, healthy minds and bodies.



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FUNDRAISING

BIKE RIDE, RAFFLE AND DONATION

Rob Rowan, a parent of a young adult and wonderful friend to Umbrella has helped to raise £6,164 throughout the year.

Rob sold almost 3000 raffle tickets to friends and family and organised a cycle ride. With the help of his 2 friends Jez Murphy and Eddie Doherty, an umbrella volunteer, Rob also organised a walk at Carsington Water on 24th November 2024. Rolls Royce kindly added £1000 to this pot. Thank you Rob, Jez and Eddie for your fantastic fundraising efforts in 2024.



VIC HANDLEY

As one of the charity recipients of Team City of Derby in the World's Toughest Row Atlantic 2024 we were obviously devastated to hear Vic Handley's news. We send our love and admiration to this incredibly brave, generous and resilient citizen of Derby and we know that this is not the end of Vic's story.



ARAMARK FUNDRAISING

The Aramark team fundraise throughout the year. They sold raffle tickets to raise funds to cover the pantomime, collect presents so we have gifts to give out at the Christmas party and volunteer their time. They are real life Christmas fairies.



DONATION TO UMBRELLA

The Oregon Timber Frame England Division, nominated Umbrella to receive a one-off donation of £1,500, which was approved by the Barratt Foundation



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VOLUNTEERS

CORPORATE VOLUNTEERS

Umbrella are fortunate to work with a number of local organisations who often volunteer 1 day to help keep Umbrella House and Annie's place in good working order. Over the past few months, we've had visits from the Derby Mercia Rotary Club, Rolls Royce and Pax 8. Everywhere is looking neat and tidy. Thank you!



ACTIVITY SUPPORT WORKER VOLUNTEERS

We have a small strong group of volunteers who regularly give their time to our front-line services and when asked to give a little extra during busy times like October Half Term, they always deliver. Volunteers delivered 44 hours over October half term and are on track to deliver 90 hours over Christmas. THANK YOU! We'd also like to say "hello and welcome" to some of our newer volunteers.



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