

March - Groups and Events

We have lots of new events, groups and a carers course coming over the next couple of months. We are excited to share with you all the opportunities available for support for you and your family.

You are welcome to join us at any of our Parent/ Carer support groups. We will now be running a Warm Welcome Hub as well on a Tuesday. Further details are below. Please note that all child and parent support groups need to be booked in advance.

Youth Groups still have places available if you would like further information please contact Nicola.Green@umbrella.uk.net

All upcoming events are bookable via our website. If you need any further information or unsure of booking then please contact our family support team and they will be happy to help. familysupport@umbrella.uk.net

Just a quick reminder that the Family Support Team are no longer based at The Royal Derby Hospital. Therefore our phone number has changed to <u>01332 521229</u>. To directly speak to the team please use extension number 226.

Support Groups for March

5th March - Derby City Support Group / Warm Hub
6th March - Warm Hub
7th March - Parent and Girls Group
11th March - Warm Hub
12th March - Under 5's Stay and Play / Warm Hub
13th March - Amber Valley Support Group
13th March - Parent and Child Group - Clip and Climb Session

18th March - Warm Hub

19th March - Cotmanhay Under 5's Stay and Play
21st March - Parent and Boys Group
25th March - Warm Hub
26th March - Warm Hub
27th March - Erewash Support Group
31st March - Evening Carers Group

Upcoming Events









Please email familysupport@umbrella.uk.net to book these sessions.





Parent/ Carer and Girls Group

Friday 7th March £6 per child 6pm - 8pm Annie's Place, Bedford Close, Derby DE22 3HQ

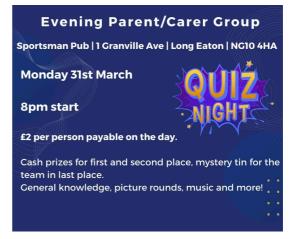
Book here

Parent/ Carer and Boys Group

Friday 21st March £6 per child 6pm - 7:30pm Annie's Place, Bedford Close, Derby DE22 3HQ

Book Here





Parent/ Carer and Child Group

Thursday 13th March £5 per child 4:45pm - 5:45pm Clip and Climb Derby

Evening Carers Group

Monday 31st March 8:00pm £2 per person The Sportsman Pub Long Eaton NG10 4HA No booking required





Book here Book here



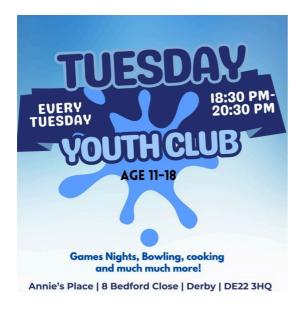
Umbrella Chocolate Bingo

Saturday 29th March From 2pm £2 per person **Book here**

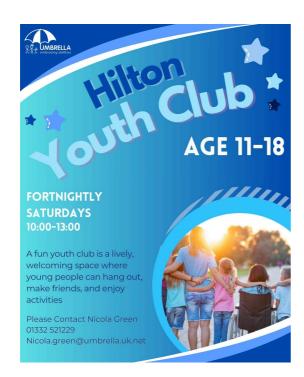
Youth Groups, Choir and Boxing

Please contact <u>Nicola.Green@umbrella.uk.net</u> for more information.













ADULT SERVICES MEETING

We are holding two meetings for parents to come and find out about changes that the local authority is making and what this may mean for you and your young people and how to challenge decisions made by the local authority should you wish to do so.

If you would like to know more you can join us on either

• Tuesday 4th March 7-8.30pm at Umbrella House, Bedford Close Derby

or

 Wednesday 5th March 12.30-2 at Annie's place, Bedford close Derby

We will be able to support you with information at these events.

Agenda for the meeting

- Quick introductions
- Why we are here/what decisions the council have made about budgets
- What are your options as families (use a different service, reassessment for supported living services, challenge with the council and top up for now)
- How can you challenge the council decision
- Any questions



Umbrella

Umbrella House, 64 Birdcage Walk, Mackworth, DE22 4LD, Derby

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